

*Palama Settlement's Work*

1929



*Honolulu, Territory of Hawaii*

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## *A Great Health and Welfare Work Needs Great-Hearted Partners*

THIS booklet presents our work in caring for the health of more than 12,000 Honolulu families, some of whom can pay a little for our medical, dental and nursing care and instruction, but most of whom cannot. Some 10,000 other individuals have been helped toward better citizenship through our recreation department. Perhaps you can give us some of your time, your thought or your money. You will be surprised to know how much happiness and peace of mind you will be giving to people who are in need of skilled attention and friendly care.

JOHN R. GALT,  
President.

## Palama Settlement

JOHN R. GALT, President  
A. L. CASTLE,  
Vice-President

W. F. DILLINGHAM,  
Vice-President  
W. F. FREAR, Secretary

HAWAIIAN TRUST CO.,  
Treasurer  
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### HEADS OF DEPARTMENTS

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Medical

G. P. Pritchard, D.D.S.  
Dental

F. S. Field  
Recreation

Stella S. Mathews, R.N.  
Nursing

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## In Memoriam

JAMES A. RATH—Head Worker  
1870-1929

On May 12, 1929, after twenty-four years of remarkable service to Palama and the community, death called James A. Rath, Head Worker of Palama Settlement since 1905. Under his aggressive leadership and broad vision the Palama Settlement of today has grown from the humblest of beginnings. He gave to his work great energy and unstinted devotion and won the confidence and support of the community. In spite of ill health, he continued in charge of the Settlement until his death.

## What Palama Settlement Does for Honolulu

### Public Health Nursing

Our 20 nurses tend the sick and teach mothers to keep their children well.

### General Medical Clinic

An average of 50 poor, sick patients are seen by our 2 doctors each morning.

### Special Clinics

Heart, skin, orthopedic, prenatal, dental, eye, ear, nose, throat, and venereal disease clinics provide the specialists' care.

### Child Health Conferences

Twelve weekly baby and preschool conferences keep children well.

### Dental Clinic for Children

Preventive treatment provided for 2500 first-grade school children.

### Boys' Club Program

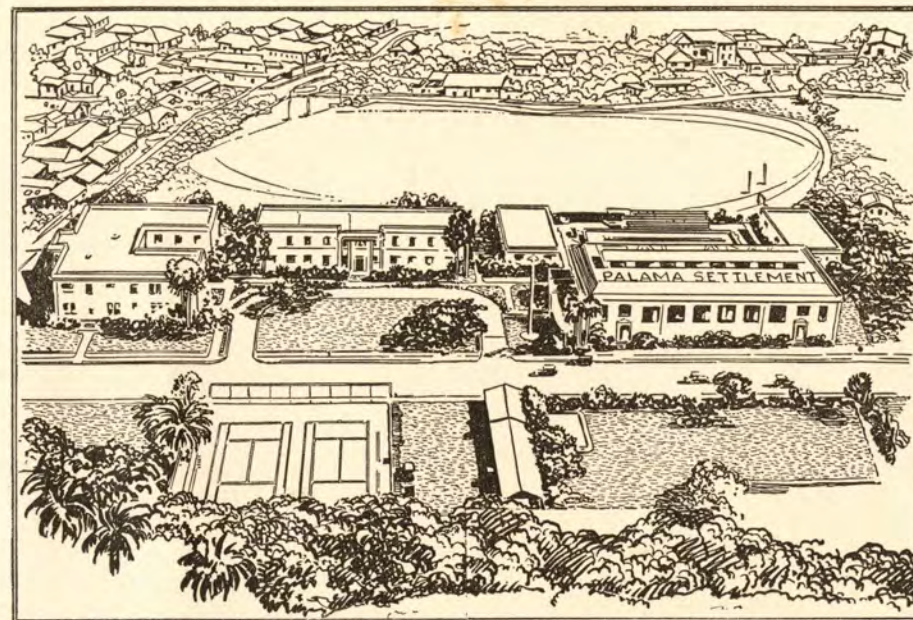
Boys are taught leadership and responsibility in clubs; athletics provide healthy outlets.

### Girls' Club Program

Home-making, cooking, sewing, swimming, dancing, camping, schools, athletics make better girls.

### Fresh Air Camp

A health-restoring vacation in the country is given needy boys and girls.



AIR VIEW OF PALAMA SETTLEMENT

## Palama Helps in the Solution of Community Problems

Staff members have served on the following Committees:

Health Survey Advisory Committee	Sub-Committee on Health Examination
Governor's Public Health Committee	Sub-Committee on Correction of Defects
Hawaiian Physical Education Association	Sub-Committee on Health Education
Health Week Committee of the H.P.E.A.	Nurses' Association, Territory of Hawaii
May Day—Child Health Day Committee	Social Case Work Committee
Registration Committee of the A.A.U.	Health Committee, Council of Social Agencies
Volleyball Committee of the A.A.U.	Community Camp Committee, Council of Social Agencies
Junior Olympic Advisory Board	Boys' Work Council
Joint Committee on School Health	

## Financial Report

FOR THE YEAR ENDING DECEMBER 31, 1929

### INCOME

Balance on Hand, January 1, 1929.....	\$ 875.41	
Invested Funds .....	3,722.27	
Institutional Receipts .....	13,961.20	
Individual Donations.....	3,050.00	
Court of Domestic Relations.....	1,500.00	
City and County Government.....	27,000.00	
Chamber of Commerce.....	25,500.00	
Strong Foundation .....	24,000.00	
United Welfare Fund.....	85,000.00	
		<u>\$184,608.88</u>

### EXPENDITURES

Medical and Nursing Department.....	\$102,756.18	
Dental Clinic .....	36,336.74	
Recreation Department.....	31,911.43	
Fresh Air Camp.....	7,938.98	
Balance on Hand, December 31, 1929 (forward 1930 Budget).....	5,665.55	
		<u>\$184,608.88</u>

## Statement by Professor Hiscock



"Enormous credit is due Palama Settlement for the services rendered in these various fields of endeavor. This institution has displayed vision in the development of its program, step by step, as needs became indicated."

"Even more important from the public health viewpoint in considering the future of Palama Settlement is the greater emphasis which may be given to preventive clinics or conferences."

Excerpt from "Survey of Health and Welfare Activities in Honolulu."

## Palama Needs Volunteer Workers

Who can

- Help weigh and measure children at the Child Health Conferences
- Lead Girl Reserves and Brownies' Clubs
- Tell stories to small children on our playground
- Lead Boy Scouts and other boys' clubs
- Instruct in mechanical drawing

Are needed at Palama Settlement

Telephone 8545

## The Palama Dental Clinic

(Largely supported by the Strong Foundation)

Five dentists give the necessary dental care to 75 school children each day. The care consists of examinations, prophylaxis, extractions, treatments and fillings. Its primary purpose is to put the mouths of the six-year-old children in a sound condition and prevent the otherwise probable loss of their permanent teeth and further damage to their general health.

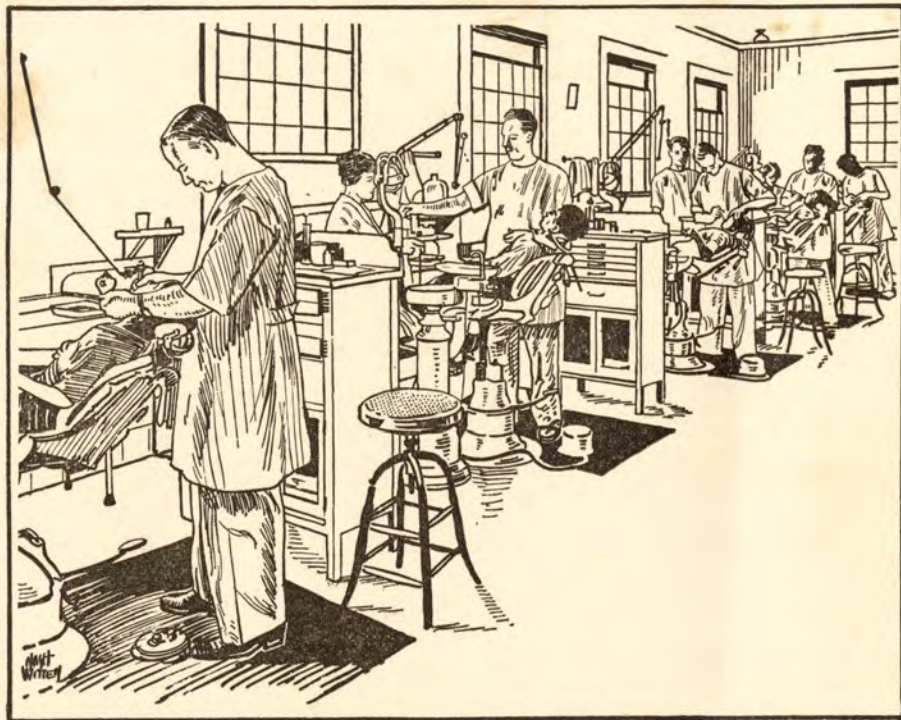
During the year, 3,316 children made 16,379 visits and received 37,199 different services.

Only children unable to pay for private dental care are accepted.

## The Importance of Preventive Dentistry

The average first-grade child on coming to the Dental Clinic has four infected teeth and a dirty mouth. Unless children at this age are treated and the infected teeth removed and the decayed teeth filled, their future health is seriously imperilled.

The Dental Clinic has changed its policy regarding the age of the children which it treats. Previously first-grade children constituted 33 per cent of the children treated. At present 90 per cent are first-grade children. The opportunity for preventive dentistry is far greater in the younger than in the older child.



THE DENTAL CLINIC OPERATORY

[ 12 ]

## Chronological History of Palama Settlement

1896-1929

- 1896** Palama Chapel, gift of Mr. and Mrs. P. C. Jones, dedicated to the work of God and the service of humanity. Lot and building deeded to Central Union Church. Rev. J. M. Lewis first pastor and superintendent. Activities: Religious worship, sewing circle, choral society, boys' club and kindergarten (the last mentioned provided for by the Free Kindergarten and Children's Aid Association).
- 1898** Religious services for Chinese and Hawaiians added on Sunday afternoons. Free dispensary added to kindergarten. Palama's overcrowded primary school turned over to the Department of Public Instruction. Dr. Lewis resigned. Mr. Hiram Bingham, Jr., appointed superintendent.
- 1899** Mr. Hiram Bingham, Jr., resigned. Director of work assumed by a Central Union Church Committee composed of Professor Richards, Mrs. P. C. Jones

and Mr. Frank Atherton, with Miss Anne Pope in direct charge until compelled to leave on account of ill health. Small playground adjoining chapel building secured. Rev. J. P. Erdman assumed the direction in September.

- 1900** Plague epidemic necessitated abandoning all activity for several months. Services resumed in February; clubs and classes in April. Neighborhood changed rapidly. Chinese and Japanese replaced Hawaiians. Frame tenements erected. New problems.
- 1901** Sunday schools and services conducted for Chinese and Japanese. Room for evening classes and public reading room built on playground lot.
- 1902** Rev. Erdman resigned and was followed by Mr. H. P. Judd.
- 1903** Rev. A. C. Logan relieved Mr. Judd.
- 1905** Supervision of work transferred from Central Union Church to the

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Board of the Hawaiian Evangelical Association. The Church continued to contribute towards the pastor's salary. Arrival of Mr. and Mrs. J. A. Rath on March 1st to reside in the neighborhood and direct the work. All clubs and classes revived. Chapel building converted into gymnasium. New activities begun; additional buildings leased.

**1906** Sociological study of neighborhood started. First building leased for extension work. First trained nurse engaged for kindergartens and visiting nursing. Name changed from Palama Chapel to Palama Settlement. Investigation of infant mortality started.

**1907** System of settlement membership introduced. Pure Milk Depot established for babies. Employment Bureau organized. Second nurse employed.

**1908** Additional nurses engaged and work reorganized. First worker for women and girls engaged. Swimming tank opened.

**1909** Third and fourth nurses employed. Kakaako district dispensary opened. Hawaiian Board transferred supervision of work to a new committee composed of J. R. Galt, A. Gartley, A. L. Castle, W. F. Dillingham, W. W. Hall, Drs. W. D. Baldwin and D. Scudder.

Study of city's tenements made. Cooperation with civic organizations. Tag Day for milk work of Settlement. First endowment received from the late C. M. Cooke. New gymnasium opened.

**1910** Tuberculosis Day Camp opened. Financed by Red Cross Society and Men's League of Central Union Church. Supervised by the Settlement. Kalihi and Punchbowl dispensaries opened. Nursing staff increased to seven. Expenditures for year \$25,148.23.

**1911** School inspection by nurses. Six dispensaries in operation and 9 nurses. Maluhia cottages—gift of the Castle family, deeded to the Settlement.

**1912** Settlement House built at King and Liliha Streets. Housed the head worker and his family, also head nurse and girls' worker. Public welfare exhibit held. Shippers' Wharf Committee appropriated \$750.00 monthly for district nursing work.

**1913** Playground opened on property of O. R. & L. Co., adjoining Settlement House.

**1914** Medical clinic started—3 days a week—voluntary service by Dr. A. F. Jackson. Fresh Air Camp at Kaipapau for mothers and children. Housed in

tents. Free dental clinic started by the Dental Association. Voluntary services on the part of the dentists.

**1915** Palama took over free dispensary work of the city—through an arrangement with the City and County. School started at Pa Ola Day Camp under the Department of Public Instruction. Permanent Fresh Air Camp started at Waiialua.

**1916** Settlement took over free dental clinic started by the Dental Association. "Baby Week" held at the Settlement under the auspices of the Child Welfare Committee. As a result of this, a baby welfare station was started at Palama.

**1917** Baby welfare work started at each of the six dispensaries.

**1918** Additional land leased at Waiialua for Fresh Air Camp.

**1919** Seven dispensaries in operation. Non Pareil cottages near Maluhia deeded to the Settlement by the Castle family.

**1920** Flu epidemic. Pa Ola Day Camp turned into flu camp. Regular day camp housed at Settlement in pavilion on playground (temporary). Lanakila

Hale and premises on Robello Lane purchased by Palama with the intention of moving the Settlement there in the future. Used as boarding house for working girls. Asst. Head Worker put in charge. Called the "Annex." Another playground opened on grounds.

**1921** Dental clinic closed—lack of funds. Board of Health started a Venereal Disease Clinic at the Settlement. Eye clinic also started by Board of Health.

**1922** Two automobiles purchased for the use of the nurses. Twelve nurses on the staff and 10 nursing districts. A beginning made in prenatal and postnatal work. Also obstetrical service. Weekly conferences of nurses. New record system. New site purchased on Asylum Road.

**1923** Six baby clinics in operation. Also two eye, ear, nose and throat clinics. Skin clinic. X-ray machine installed. Ford car presented to the Settlement for the use of the Kalihi nurse. The Annex boarding house closed and turned into quarters for the workers. Head worker and family move to the Annex. Also obstetrical nurse and boys' worker and family. Settlement house used as offices for the nurses and administration force.

1924 Pa Ola Day Camp closed. Sale of Maluhia cottages. Physician made director of Medical Department.

1925 Palama took over the work of the Honolulu Dental Infirmary. Palama moves to new plant. Adult clinic started. Orthopedic and chest clinic started. Three obstetrical nurses on duty. 18 physicians on call on a 24-hour rotating period, two prenatal clinics. Trained medical social worker engaged. Preschool clinics held in connection with the 13 baby clinics. School work by nurses given up—lack of funds. Two workers' quarters constructed—head worker's house, nurses' cottage. Sale of Annex. Physician appointed—Assistant to Director.

1926 Tennis courts built. Three prenatal clinics in operation. Dermatological clinic started.

1927 Two supervisor field nurses ap-

pointed. Psychiatric Department started. Third workers' quarters constructed.

1928 Vineyard Street put through. Reorganization of Palama. Executive Committee appointed to consist of not less than 5 members. Four departments—administration, medical, recreation, dental. Heads of the departments called director. Field supervisors' positions abolished.

1929 Maintenance department created. Death of Mr. Rath. Legislature failed to appropriate funds for continuance of the Board of Health Venereal Disease Clinic at Palama Settlement. Survey of Palama Settlement by Professor Hiscock. Amalgamation of nursing work with Board of Health. Appointment of public health administrator as Director of Settlement. Teaching supervisor of nurses engaged and field supervision resumed.

## A Day With a Palama Public Health Nurse



### 8:00-8:40 Palama Settlement Nursing Office.

Miss B. begins by planning the day's work and consulting her supervising nurse about troublesome problems. Miss S. and Miss B. share one of the Palama cars, using it on alternate days. This is Miss B.'s day.

### 8:55-10:15 School.

Her first call is at the school. She trenches herself in the health room. Presently one of the teachers appears with three small children. Kiyoshi has a mysterious rash for the nurse to see. Lellehua has a long cut on her hand; and Tai Chu complains that he has stepped on a nail. A score or more of other little black-eyed Hawaiian and Oriental youngsters with as many ailments to show the nurse come (to the health room) for treatment or advice. After talking with the principal, Miss B.

arranges to have little Tai Chu taken to the dispensary at Palama for tetanus inoculation and Kiyoshi with his rash is taken home.

### 10:20-10:50 Corkscrew Lane.

Kiyoshi lives in Corkscrew Lane in a remote apartment in a large house. From previous visits Miss B. knows that his father has tuberculosis and that his small brother has some symptoms of the same disease. Miss B. explains what care to give Kiyoshi until the doctor sees him, and tells the mother not to allow the other children or neighbors to come in, because the rash may indicate a contagious disease. She learns that Kiyoshi's father is taking proper care of himself and that his small brother is having regular rest periods and a good diet. Before leaving, Miss B. assures his mother that she will return tomorrow to see what instructions the doctor has given.

10:50-10:55

Miss B. phones Palama's Nursing Office to see if there are any new calls for her. She is well known in her district and any telephone is at her disposal.

11:05-11:30 Nuuanu St.

There are no calls, so she goes to the home of a Chinese-Hawaiian family to see a young mother and her new-born baby. The mother, who had been a regular attendant at the prenatal clinic, is still in bed. The baby's grandmother, however, is giving her daughter and the baby the necessary care under very careful supervision of the nurse. Miss B. questions the grandmother closely about the condition of the mother and the baby. She takes the temperatures of both and makes sure that everything is satisfactory. She gives a few further instructions to the grandmother and the mother about feeding the baby.

11:30-12:30

It is already lunch time so she returns to the Settlement. The lunch hour must be early because the Baby Health Conference of the afternoon begins at 12:30.

12:30-2:40..... Kindergarten

The Child Health Conference is held in one of the Kindergartens, so located as to serve three or four nurses' districts. A volunteer worker to weigh the babies,

two nurses and a physician comprise the conference staff. Miss B. talks with each mother. The first baby is turning night into day. What shall the mother do? Another baby is losing in weight. Several new babies and preschool children are brought. They are to have a complete physical examination by the doctor. One baby is on a formula of modified cow's milk and water. What are the doctor's suggestions? Does the mother understand them? Miss B. arranges with mothers to visit in their homes to demonstrate the making of a formula or to explain more fully some of the doctor's recommendations. In and out they come and go, all nationalities, with all of their problems, and Miss B. is ready to help each one. She must teach each mother how to keep her baby well. Several are vaccinated and a group of others are having diphtheria toxin-antitoxin immunizations. Finally the last one is gone.

2:40-2:45

Miss B. hastens to the telephone to call Palama again for new afternoon calls. A Portuguese man has reported that his wife is very sick. Will a nurse please come to see her? There is no time for Miss B. to check up the records of the Baby Health Conference or even make out a report of attendance. They can be

attended to later but the sick woman must be seen at once.

2:45-3:20 Goto Lane.

The address is worse than a Chinese puzzle, and the nurse loses many valuable moments asking storekeepers, policemen, and stray children where the sick woman lives. Finally a little old Filipino man points out the house. She climbs several stairs and finds the patient lying on a crumpled blanket on the floor. There is no bed. Obviously she is very ill. Temperature, pulse and respiration are taken. The family is carefully questioned about the patient's history and symptoms. From the store at the corner she phones the Palama doctor, who advises immediate hospitalization. Miss B. calls Palama Social Service Department through which our

cases are hospitalized. Arrangements are made for an ambulance to be sent at once. Back at the house, Miss B. proceeds to make the patient comfortable, all the while directing the father and daughter, telling them what they can do to help. When everything possible has been done for the patient, Miss B. sits down to make a record of the visit. The ambulance arrives; the patient is removed to the hospital.

3:20-4:00

It is time for Miss B. to return to Palama for a half-hour conference. Arriving at the Settlement, she joins the other nurses. All are tired and hot, their uniforms no longer as immaculate as they were in the morning, but their enthusiasm is undiminished, for each has the consciousness of a day well spent.

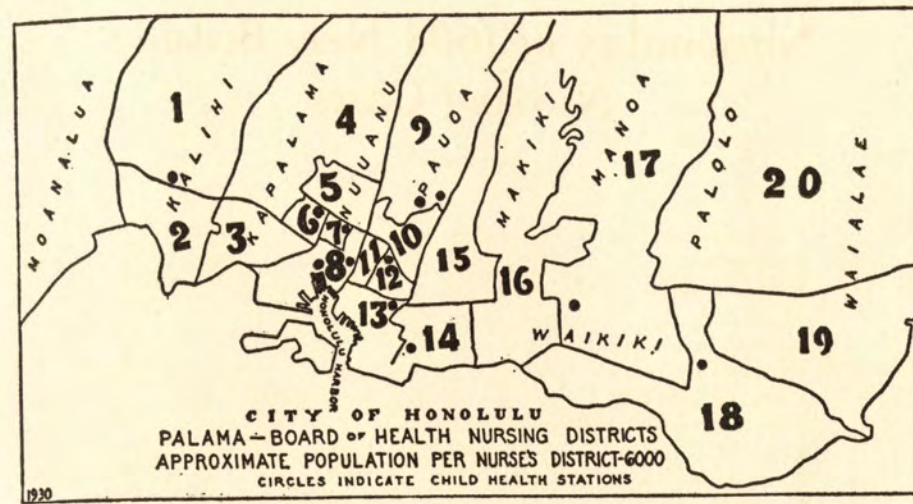
## Nationality of 1603 New Bedside Nursing Cases



Porto Rican .....	291
Portuguese .....	256
Filipino .....	255
Japanese .....	209
Korean .....	122
Hawaiian .....	115
Hawaiian-Asiatic .....	59
Hawaiian-Caucasian .....	56
Chinese .....	62
American .....	58
Spanish .....	33
Others .....	87

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1603



## Prenatal and Maternity Service

### Services:

Our nurses had 404 pregnant women under care. These women made 1787 visits to the 151 clinic sessions. In addition, the nurses made 2214 visits to the homes of these women.

141 Deliveries were attended in the home by the nurses.

175 Deliveries occurred in the hospitals.

26 Deliveries were attended by midwives.

34 Deliveries were attended by others.

—  
376

28 Cases moved away or unlocated.

### Results:

Live births, 372; Still Births, 3; Babies died, 8; Mother died, 1.

Maternal Mortality rate 2.7 per 1000 births.

Still Birth rate 8.0 per 1000 births.

## Child Health Conferences

Twelve weekly conferences were conducted by Palama doctors, nurses and volunteers for well babies and children under six.

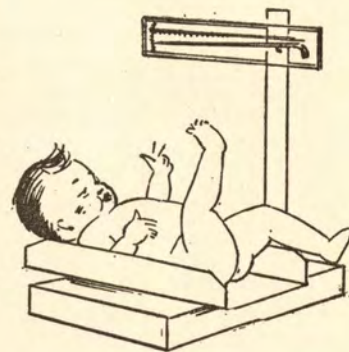
509 Conferences during year.

8,887 Visits to conferences by 839 babies under two.

7,200 Visits to conferences by 822 children 2 to 6 years old.

10,356 Visits by nurses in behalf of conference babies.

6,890 Visits by nurses in behalf of conference preschool children.



## Special Educational Classes Conducted by Nurses

Home Hygiene and Care of the Sick Classes.....	77 hours
Mothers' Class .....	36 “
Prenatal Instruction Class.....	8 “
Bed-Making Class .....	5 “

## The Admission and Record Department

Social Workers in this Department interviewed :

New families making application for care.....	1869
Old families already receiving care.....	2933
Social workers re cases active in other agencies.....	1139
Doctors and nurses re families under care.....	787
Total.....	<u>6728</u>

Cases in which social workers coöperated with other agencies.....	2925
Visits to other agencies, clinics and patients' homes.....	444
Cases determined to be ineligible.....	285

## Nationality of General Medical and Special Clinic Patients

(as Determined at Each Visit)

Japanese .....	5,253
Porto Rican.....	4,129
Korean .....	2,718
Portuguese .....	2,717
Filipino .....	2,306
Hawaiian .....	1,971
Hawaiian-Caucasian .....	856
Hawaiian-Asiatic .....	746
Chinese .....	1,158
American .....	449
Spanish .....	228
Others .....	1,213
	23,744

## Special Clinic Services

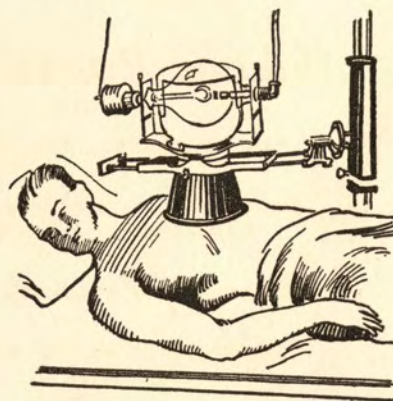
40 Heart Clinic sessions with.....	246 visits
41 Orthopedic Clinic sessions with.....	250 “
46 Skin Clinic sessions with.....	550 “
48 Venereal Disease Clinic sessions with.....	2,265 “
72 Eye, Ear, Nose & Throat Clinic sessions with	1,672 “
151 Prenatal Clinic sessions with.....	1,787 “
301 Adult Dental Clinic Sessions with.....	4,361 “
699	11,131 visits

## Palama Practices Preventive Medicine

Diphtheria Immunizations of Kindergarten children.....	2,771
Diphtheria Immunizations of Child Health Conferences Children .....	834
Tetanus Inoculations at Dispensary.....	133
Palama Nurses assisted in the Health Examination of School Children .....	5,938

## X-Ray Photographs

For Board of Health Chest Clinic.....	1,157
For Palama Clinics.....	554*
X-ray treatment for skin.....	89
Baking and Massage treatment.....	229



\* Including photographs of chest, bone injuries, sinus, skull, thymus, foetus, heart, spine, pelvis, scapula, mastoid, gastro-intestinal series, kidneys, ureters and bladder series, fluoroscopes, Barium enemas, hip, abdomen, jaw, gall bladder, ribs, sternum.



## Laboratory Work

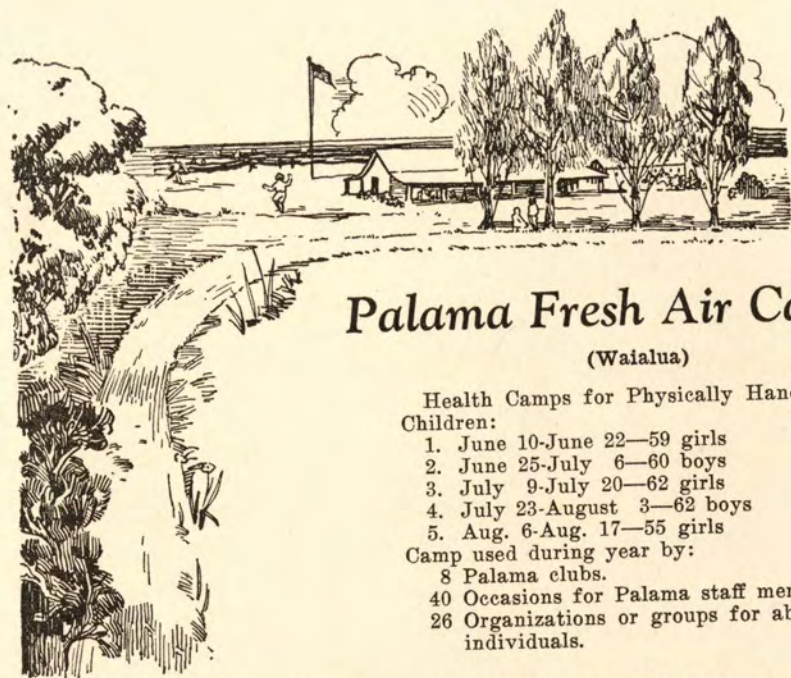


<b>Urinalyses:</b>	
Medical Clinic cases.....	216
Tonsil and Adenoid cases.....	39
Prenatal Clinic cases.....	826
<b>Coagulation Test:</b>	
Surgical Clinic cases.....	236

## Medical Cooperation

Palama could not serve the community without the coöperation and service of many physicians and the support of the Medical Society. The following physicians served during the year 1929:

<b>Medical Clinic</b>	—Drs. M. A. Cassidy, St. C. P. Irwin, J. Lam, K. Miyamoto.
<b>Eye, Ear, Nose &amp; Throat Clinic</b>	—Drs. E. M. Howarth, J. A. Morgan, J. F. Pinkerton, F. A. Plum.
<b>Heart Clinic</b>	—Dr. N. P. Larsen.
<b>Skin Clinic</b>	—Drs. F. L. Putman, J. T. Wayson.
<b>Orthopedic Clinic</b>	—Dr. A. L. Craig.
<b>Syphilis Clinic</b>	—Drs. M. A. Cassidy, R. B. Faus.
<b>Prenatal Clinic</b>	—Drs. E. Leong, H. Bowles, H. Q. Pang, C. Phillips, C. Seymour (last four from Queen's Hospital).
<b>Child Health Conferences</b>	—Drs. D. B. Bell, M. A. Cassidy, I. K. Cummins, M. Faus, St. C. P. Irwin, Y. Kim, J. T. Kuninobu, J. Lam, T. C. McVeagh, K. Miyamoto, A. V. Molyneaux, C. F. Reppun.



## Palama Fresh Air Camp

(Waialua)

Health Camps for Physically Handicapped  
Children:

1. June 10-June 22—59 girls
2. June 25-July 6—60 boys
3. July 9-July 20—62 girls
4. July 23-August 3—62 boys
5. Aug. 6-Aug. 17—55 girls

Camp used during year by:

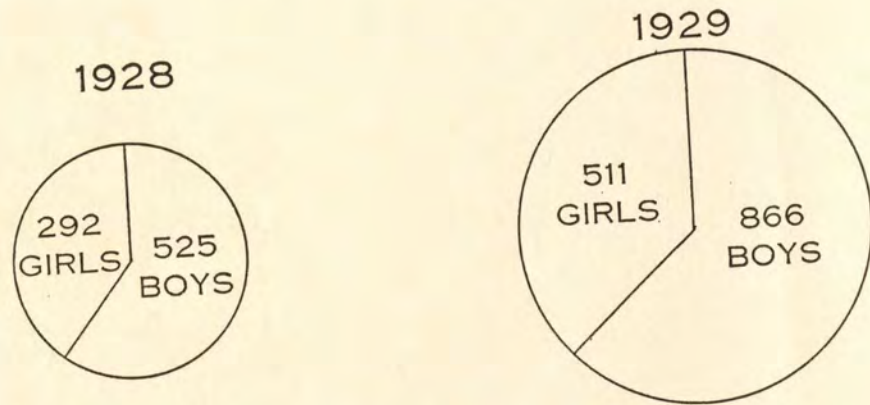
- 8 Palama clubs.
- 40 Occasions for Palama staff members.
- 26 Organizations or groups for about 1000 individuals.

Always available to community organizations or individuals at a nominal cost.

## Objectives of the Recreation Department

1. The development of club organizations with diversified activities for all age groups.
2. The provision of well-organized year-round athletic programs for the various age groups from 12 to 20.
3. The maximum utilization of the recreational facilities of the Settlement for all age groups.
4. Closer coöperation with the neighborhood schools and community organizations.

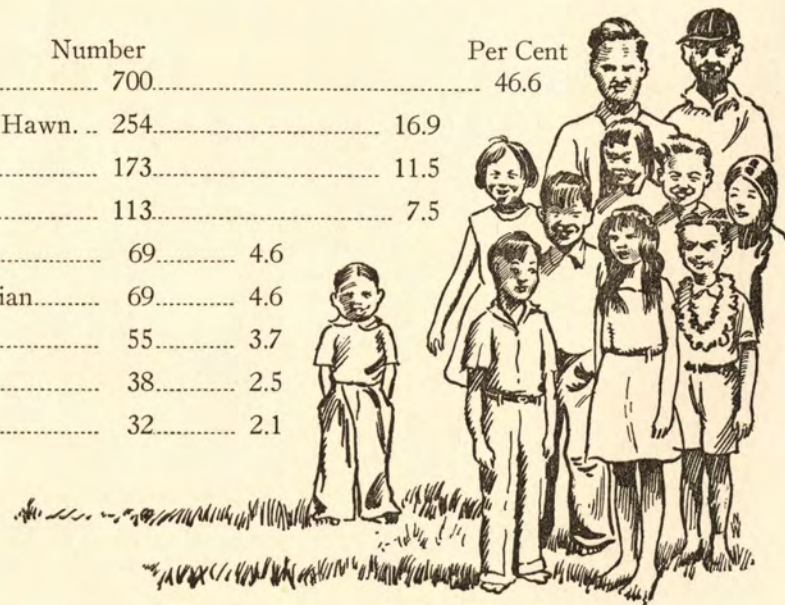
## Palama's Paid Membership Grows



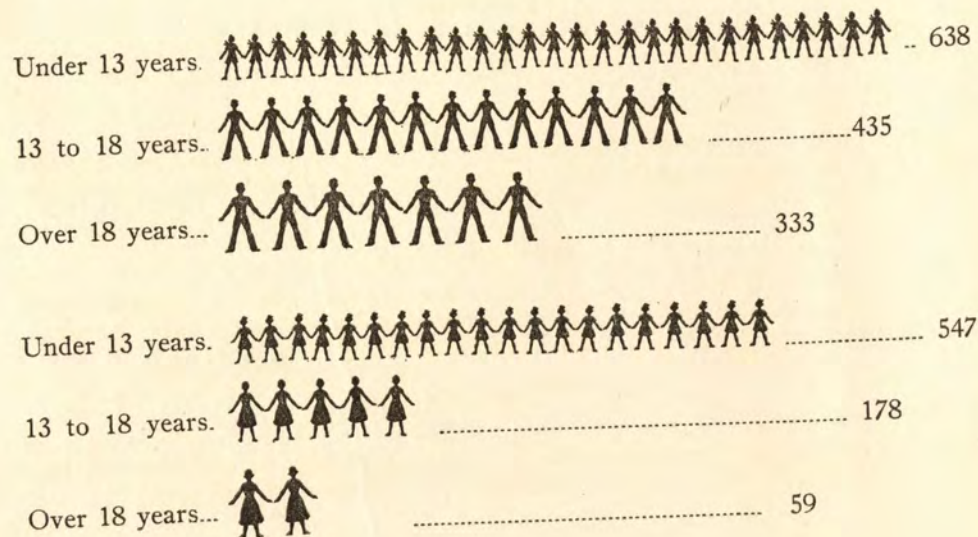
Increase in paid members, year ending December 31, 1929:  
 Boys 341—65%  
 Girls 219—75%

## Nationalities of 1503 Members as of February 26, 1930

	Number	Per Cent
Japanese .....	700.....	46.6
Hawn.—Part Hawn. ..	254.....	16.9
Chinese .....	173.....	11.5
Korean .....	113.....	7.5
Portuguese .....	69.....	4.6
Other Caucasian.....	69.....	4.6
Filipino .....	55.....	3.7
Porto Rican.....	38.....	2.5
Mixtures .....	32.....	2.1



## Palama Paid Members Served During 1929



## Boys' and Men's Clubs

### Boy Scouts

One troop of 40 boys met in the Auditorium Thursday evenings under J. A. Rath, Jr. It is planned to strengthen the boy scout program during 1930.

### Y. M. C. A. Clubs

Five groups of Friendly Indians met in the Auditorium and one Pioneer group met in the clubrooms on Wednesday nights under leaders supplied by the Y. M. C. A. Boys' Clubs.

### Juvenile Court Boys

Starting late in the year, a group of about 12 Juvenile Court probationers were turned over to us and met with the Recreation Director Saturday mornings, followed by athletics in the gymnasium under Wilder Parker.

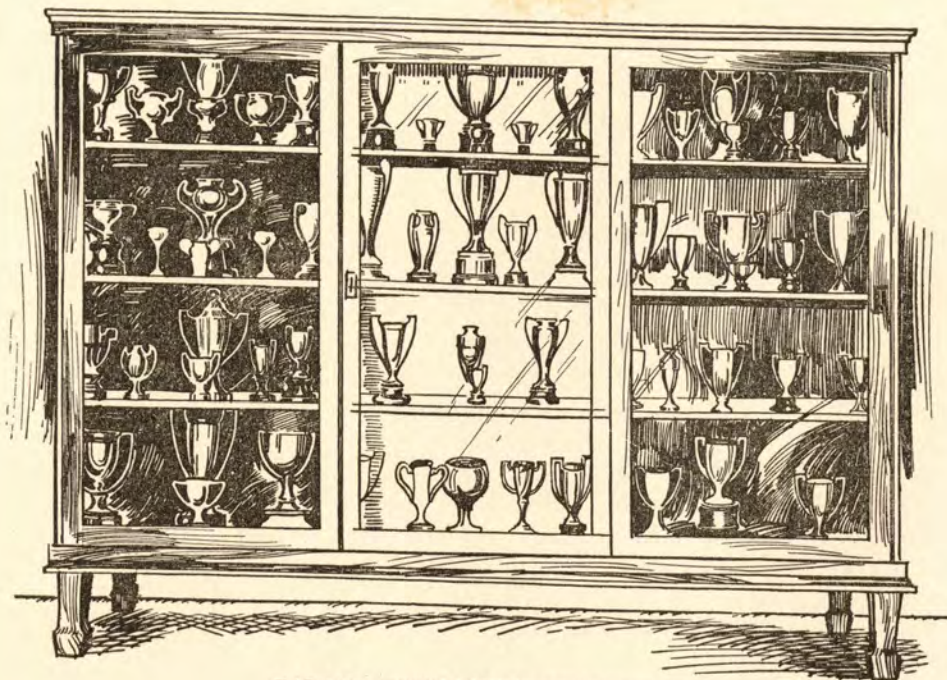
### "Pal" Club

The Senior "Pal" Club flourished until September, when it went on vacation until December. Representative Nolle R. Smith, as advisor, secured real speakers with practical subjects. The club meetings were followed by athletics.

## Boys' and Men's Division

The open leagues conducted by the Boys' Club Department in 1929 numbered twelve, representing 103 teams and 1750 players.

120 lb. football league—17 teams.....	425	players
120 lb. indoor ball—8 teams.....	100	"
120 lb. basketball—25 teams.....	300	"
120 lb. volleyball—18 teams.....	200	"
135 lb. volleyball—12 teams.....	150	"
Jr. A. A. U. volleyball—8 teams.....	100	"
City-wide basketball—5 teams.....	75	"
City-wide tennis—Palama Sections.....	50	"
City-wide (Early Bird) practice baseball league—5 teams...	75	"
Lane and Alley basketball—5 teams.....	100	"
Lane and Alley men's outdoor ball—5 teams.....	100	"
Lane and Alley indoor ball—5 teams.....	75	"



PALAMA SETTLEMENT TROPHY CASE

## Outside Leagues, Teams or Groups Using Palama for Practice or Recreation



### Outside Leagues Using the Gymnasium:

Bankers' basketball League—5 teams.....	75
Commercial basketball—6 teams.....	90
Junior scholastic basketball—5 teams.....	75
City-wide basketball finals February—4 teams.....	60
Bankers' volleyball—7 teams.....	80
Mormon inter-island athletic tournament—10 teams.....	100
Senior A. A. U. basketball—8 teams.....	150
Junior High School basketball—5 teams.....	75
Inter-scholastic inter-island tournament—4 teams.....	50
"Service" play-off games—2 teams.....	30
Mormon Elders .....	20

### A.A.U. Basketball and Volleyball:

Honolulu Athletic Club.....	25
Normal School .....	15
Delta Frats .....	15
Hawaiian Pines .....	24
All-round Chinese Athletes.....	15
Firemen .....	40
Kalihi A. C.....	20
Palama teams .....	75

### Bankers' Volley and Basketball:

Bank of Hawaii.....	20
Bank of Bishop.....	20
International Trust .....	20
Union Trust .....	21
Territorial Treasurers .....	20
Bishop Trust .....	20
First National .....	20

### Commercial League—Basketball:

Pearl Harbor Civilians.....	20
Honolulu Iron Works.....	15
Mutual Telephone .....	30
Libby, McNeill & Libby.....	15
Hawaiian Pines .....	15
Hawaiian Electric .....	15

### "Service" Teams:

Marines .....	15
Fort Shafter .....	15
Fort Kamehameha .....	15

### Teams and Leagues Using Athletic Field:

Japanese Boys' Baseball—6 teams.....	90
City-wide soccer—8 teams.....	120
T. H. Davies.....	15
Mutual Telephone .....	15
Community teams .....	50

### Schools:

McKinley High School.....	30
Kalakaua Junior High.....	20
Kawanakoa Experiment School .....	15
Washington Junior High.....	15
Lincoln Junior High.....	15
Hilo Junior High.....	15
Likelike School .....	10

### Miscellaneous:

Mormon Elders .....	20
"Unknowns" (C.W.A.A.).....	15
Japanese Swimming Meet.....	200

## Girls' Division—Club and Class Enrollment

Physical		Home Economics	
	Enrollment		Enrollment
<b>Athletics:</b>			
Tennis .....	13	Cooking:	
Palama A.C. ....	12	Beginners' Cooking .....	49
Maholani .....	12	Others' Cooking .....	12
Intermediate girls' gym.....	27	Advanced Cooking .....	41
Junior gym .....	17	Saturday Cooking .....	35
Senior gym .....	35	Thursday Night Dinners.....	13
Friday night club.....	15	<b>Art Handcraft:</b>	
<b>Swimming:</b>			
Life-saving tests .....	15	Schools .....	144
Nurses' swimming .....	50	Art and Handicraft Club.....	30
<b>Dancing:</b>			
Junior Folk Dancing.....	13	<b>Sewing:</b>	
Advanced Dancing .....	16	Dressmaking .....	12
Susannah Wesley Folk Dancing.....	15	Fancy Work .....	42
Senior Social Dancing.....	65	Costume Appreciation .....	26
<b>Camping:</b>			
Girls' Camp .....	13	<b>Project Schools</b>	
<b>Clubs</b>			
Girl Scouts .....	12	Playground .....	100
Girl Reserve .....	12	Girls .....	100
Palama A.C. ....	12	<b>Instruction in</b>	
Maholani gym .....	12	English (summer) .....	55
Brownies—Tweenies .....	19	Mothers' English .....	15
		Reading (summer) .....	12
		Arithmetic (summer) .....	49
		Story telling .....	30
		Christmas choir .....	25
		Singing .....	20

## Cooperation with Palama District Schools

Six schools sent to Palama 2217 children for physical education, folk dancing and handicraft.

Schools	PHYSICAL EDUCATION		FOLK DANCING		HANDICRAFT		TOTAL	
	No. of Classes	No. of Children	No. of Classes	No. of Children	No. of Classes	No. of Children	No. of Classes	No. of Children
Kaiulani	5	390	---	---	---	---	5	390
Lanakila	3	229	3	89	4	117	10	435
Kauluwela	4	378	---	---	---	---	4	378
Robello	2	140	3	123	4	130	9	393
Likeli	3	347	2	80	---	---	4	427
Kapalama	2	154	1	40	---	---	3	194
	19	1638	9	332	8	247	35	2217

991 of these children are handled by the Boys' Department; 1226 by the Girls' Department.

## Special Summer Activity

Summer is a period of special activity.

Hundreds of boys and girls and playground children are engaged in creative activity in art, cooking, sewing, coping saw work, mechanical toy construction, make-up classes, with a weekly picnic for the highest point winners in each group. 100 youngsters were organized in a summer athletic league with daily activity all summer.

### ANNUAL CIRCUS

The project schools had a climax in the Fourth Annual Circus and its twin feature, The Dance of Nations.

150 boy and girl members participated; 2500 spectators witnessed the performances; 10,000 were estimated to have seen the parade.

## Learn-to-Swim Campaign

Non-Swimmers 68%

Swimmers 32%

were found in 53 elementary classrooms in 3 schools near Palama.

THEN

315 children reported for swimming instruction.

77 learned to swim in 4 lessons.

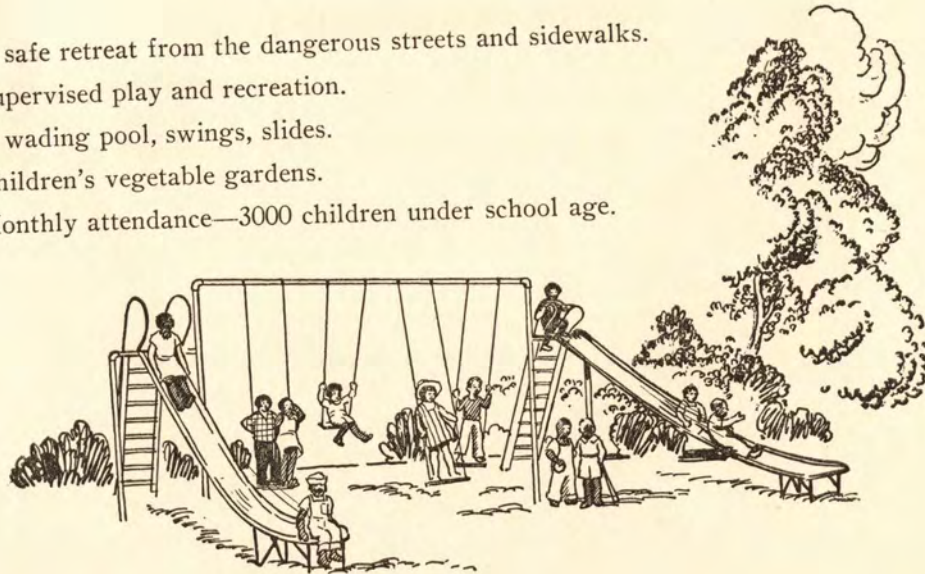
49 swam the 40-foot width of pool on 5th day for a Red Cross beginners' button.





## The Ida Beatrice Castle Playground for Preschool Children

A safe retreat from the dangerous streets and sidewalks.  
Supervised play and recreation.  
A wading pool, swings, slides.  
Children's vegetable gardens.  
Monthly attendance—3000 children under school age.



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## Acknowledgements

The Recreation Department is deeply indebted to many staunch friends who have given generously of their time to aid the work of this department. It would be impossible to mention all by name but the following individuals cannot be omitted:

Nolle R. Smith  
Samuel Robley  
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Mrs. Mary Crowell

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Oscar Kellar  
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Charles E. Hogue  
Miss Rose Leong

The Honolulu Advertiser  
Nippu Jiji

The Honolulu Star-Bulletin  
Hawaii Hochi

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## *An Opportunity to Help Palama*

The Girls' Division in our Recreation Department has no means of transportation.

There is urgent need for a Station Wagon accommodating from nine to twelve children.

Without transportation our children can never visit the Fresh Air Camp, cross the Pali, or picnic at Koko Head or other distant points that every traveler visits.

Will some friend present Palama with a Station Wagon?

## *Bequests*

Palama Settlement depends upon the United Welfare Fund for **one-half** of the funds necessary to carry on its work. For the other half it is dependent on organizations whose contributions have no certainty of permanence. Endowments which will insure that Palama's work may not suddenly be severely crippled are urgently needed.

The following form of bequests may be used for gifts to Palama Settlement:

I give and bequeath to Palama Settlement, Honolulu, a corporation created under the laws of the Territory of Hawaii, the sum of \$..... for its corporate purpose.