

Palama
Settlement



1925

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Palama Settlement



1925



ADMINISTRATION BUILDING

Annual Report, 1925

February 24, 1926.

*To the President and Members
of the Board of Trustees,
Palama Settlement.*

GENTLEMEN:

The year 1925 will be a memorable one in the history of Palama Settlement, as the dreams of years were realized during this year.

On June 1st, 1925, our new plant was opened to the public and several thousand of our fellow citizens availed themselves of the opportunity.

Our new buildings and grounds, however, brought added problems of finance and administration; these are being gradually worked out satisfactorily and we are commencing to experience the joy that comes with a new and adequate plant.

I attach to this statement reports from the various departments, all of which show progress made.

On February 1st, 1925, Palama took over the work of the Honolulu Dental Infirmary; this department, financed in a very large measure by the Trustees of the Strong Foundation, is now a valuable part of the Settlement.

It will be our endeavor in the coming year to make of the new plant a truly community center, catering to the many needs of those not only residing in the Palama neighborhood, but in other parts of our city.

To all the friends who helped to make the new build-

ings and grounds possible the Settlement is under a deep debt of gratitude.

To the trustees who have stood by during the last few trying months, when we were hard pressed financially, I take this opportunity of expressing my sincere aloha and thanks.

To the Medical Profession of Honolulu the Settlement and its staff are grateful for valuable services rendered, as well as to that small but faithful group of women who lay aside social obligations to help the babies of our city.

And last, but by no means least of all, I wish to express my sincere thanks to all my fellow workers who have made the work of the last year possible.

Respectfully submitted,

JAS. A. RATH,
Head Worker.

NEIGHBORHOOD DEPARTMENT

Mr. James A. Rath,
Head Worker,
Palama Settlement.

DEAR SIR:

The year of 1925 was one in which the Neighborhood Work at Palama Settlement had to adjust itself to a new plant and a new era. The new plant, with its added facilities for recreation and instruction, has become a community center not only for Palama but for the entire city of Honolulu. There has been a continual demand by organizations and individuals from all sections of the city to use the Settlement for anything from a wedding to a swimming meet. In fact, there has been an average of from 1500 to 2000 people a week since the opening of school, attending some sort of entertainment given at the Settlement by people renting or borrowing a part of the plant. The gymnasium has been in constant use every afternoon and evening, both by the members of the Settlement and by outside organizations who find the gymnasium the best in the city. The swimming pool is thrown open to the school children of the neighborhood every Wednesday afternoon and is frequently borrowed by other organizations.

The Settlement can boast of the largest membership in its history, having at the end of the year 1041 active members enrolled in its various clubs. An average of over 50 members are dropped every month for failure to pay their dues, but nearly all of them rejoin as soon as they realize that they are dropped from their club and can no longer attend its meetings or enjoy the privilege of using the equipment of the Settlement.

The records of the Neighborhood Department attendance are kept by noting the number of members using

each of the several privileges during the day. The high water mark of this attendance was reached in October, when an average attendance of over a thousand a day for the whole month was maintained. The opening of the playground in January, 1926, has added considerably to the number of children coming to Palama each day.

The work of the Boys' and Girls' departments is divided into three types of activity: educational, social and physical. To the girls, sewing and cooking classes, parties and social gatherings loom as large as athletics, but to the boys athletics seem to be of paramount importance.

CLUB WORK

The Boys' and Girls' departments are each divided into fourteen clubs: there being clubs for all ages and sizes of boys and girls. The clubs are divided according to age and weight, and as the member becomes too large or too old for his or her club he is advanced to the next higher club, until he comes to the senior clubs. This tends to create a strong feeling of fellowship and loyalty among men who have been members of the same clubs since early childhood.

A general membership has been created for those adults who wish to take advantage of the new equipment and large facilities of our present plant. By paying a certain amount in dues, anyone can become registered as a general member of Palama Settlement and enjoy the use of the various privileges we have to offer. This, we feel, is a progressive step as it opens our doors to those strangers who have no friends to bring them into one of the senior clubs and gives them the opportunity of making friendships under the advantageous conditions which the Settlement can offer.

The clubs have had so many members during the past year that it has been hard for the workers in charge of them to give much individual attention to the mem-

bers, and it is sincerely hoped that we can obtain the services of more volunteer workers who can act as leaders during the coming year. At this point I wish to express our appreciation and thanks to those who have so kindly volunteered their services during the past year and in doing so have helped so materially in the work of the department.

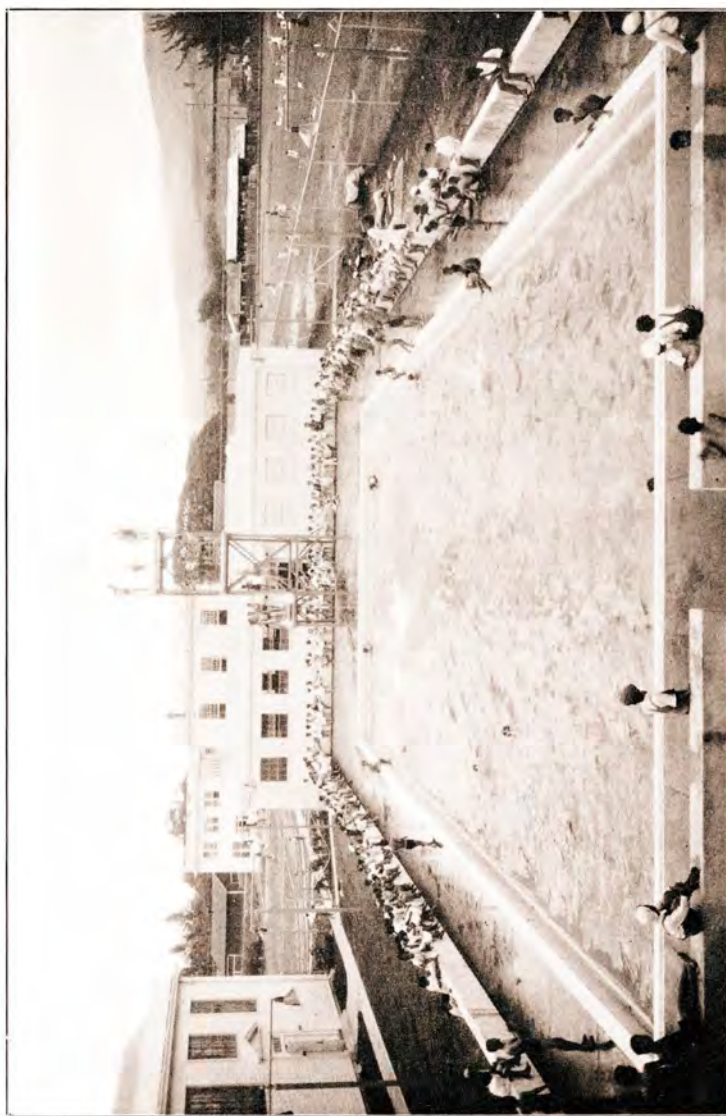
BOY SCOUTS

The Palama Troop of Boy Scouts has been very active under the able leadership of Mr. Abraham Amoy. They meet every Friday night in the Gymnasium for drill and exercises while they frequently take hikes on Saturdays and Sundays. They are a credit to the Settlement, and their help during the Welfare Drive was greatly appreciated as was that of the other Scout Troops in Honolulu. The character building effect of Scout training is easily seen in this group, and I feel certain that these boys will grow up to be a credit to the community.

CLUB ROOMS

The club rooms for both boys and girls have been in daily use since the opening of the new plant. Besides being able to play practically any type of game with the equipment furnished, there is a liberal supply of magazines in both the boys' and girls' club rooms which are constantly being read. The Public Library has been very kind in letting us have books which are kept here at the Settlement and are distributed among the children. The Library is now planning to let us have a large book case full of books which can be kept here all of the time.

The club rooms are very well equipped, having all sorts of games from checkers to billiards which may be used by the members of the Neighborhood Department. There are separate rooms for the boys and girls,



SWIMMING POOL

and in these departments there are rooms assigned to the large and small children.

ATHLETICS

The Settlement has had a very enviable year in athletics, both as regards the competition with outside teams and the games played between the clubs of the Settlement itself. A reputation of clean sportsmanship has been maintained throughout another year and our relations with other organizations entering teams in competitive athletics are better than ever before.

More time has been devoted to the younger teams and has resulted in their making a creditable showing in all the fields of sports in which they competed. The junior basketball team won the championship of the city, as did the 135-pound football team. The 145-pound football team was slightly less successful, being runner-up in the West division. The younger boys have made a fine showing in swimming, winning the city-wide swimming meet held in the new Palama tank, and later easily defeating the Central Y. M. C. A. in a dual meet. In the A. A. U. swimming meet held at Punahou tank two of our boys placed first and second in the 25-yard dash for boys under 12 years of age.

The custom of having an opening day for the fall season was revived this year, and the Honolulu Sporting Goods Co. donated a cup to be presented to the best all around athlete in the Settlement. Mr. Guy Rothwell presented a similar cup for the girls. These cups must be won three times by an individual in three of these fall meets before they can be kept. The fall opening was a great success; a field meet was held in the morning, a band concert and swimming meet in the afternoon, while the day was finished by a dance that night in the new gymnasium.

The senior basketball team tied for first place with Fort Shafter but won the cup on a toss-up. The volley-

ball team was runner-up in the league championship. The Palama boys came out third in the A. A. U. track meet, and the football team tied for third place with the navy.

The girls were in a triple tie for first place in the Women's Basketball League with McKinley and the Normal School while they won the volleyball championship in the fall. The girls also made a creditable showing in the various swimming meets held during the year.

ENTERTAINMENTS

There have been many forms of entertainment held during the year, both for the members of the various clubs and for the members of the Settlement as a whole, as well as several entertainments to which the general public was invited. The opening day was perhaps the largest and by far the most important event of the year, for it not only marked the opening of a new plant but the promise of a better and larger work by Palama in the future.

There have been hikes, swimming parties, picnics, beach suppers, suppers held for the various teams, parties by the girls' clubs, combined entertainments for the boys and girls at such times as Hallowe'en and Christmas, dances for the older boys and girls, a dance for the 135-pound football team, a luau held by the Old Timers' Club, free moving pictures at the Hawaii Theater, a trip to Pearl Harbor by both boys and girls, and band concerts for the public.

Regular moving picture shows are to be held in the Auditorium every month during 1926, and one other special entertainment to which the public will be invited will be held every month.

WHAT WE NEED

Although there have been classes in sewing, cooking and singing during the past year, and at odd times

lectures on various subjects, such as dental hygiene, I hope that the next year will see a great increase in different types of instructive courses, lectures and talks. To have these we will have to obtain more volunteer workers who are willing to devote part of their time to giving such talks to the groups of boys and girls. A course in personal and social hygiene is greatly needed by some of the older groups and will be instituted in the near future.

Another need is a large number of entertainments for the community as a whole, and will at first take the form of Sunday band concerts and entertainments given every month by the members of the various clubs.

It is also to be hoped that some time in the near future we will be able to have a summer camp where boys and girls may go for a period of two weeks and receive the benefits both mental and physical of a supervised vacation under camp conditions. This camp would not touch on the work of the present Fresh Air Camp, but would be a camp where children who were in good physical condition but who needed a change in environment might go for a brief vacation. Such camps are run by many of the organizations on the mainland and have proved highly beneficial to the children attending them.

CONCLUSION

The Neighborhood Department of Palama Settlement has passed through a year of reorganization which saw many changes in the staff of workers, and yet the membership has grown steadily throughout the year. Our old members have remained loyal to the organization and have influenced the new members to such an extent that they are made to feel, almost immediately, that loyalty which permeates the whole department; soon they, too, acquire that spirit of friendship upon which loyalty is founded and become as staunch as an Old Timer of twenty years' standing.

Gang spirit, as ordinarily understood, is a spirit of unrest and rowdyism which prevails when groups of boys congregate on street corners or in some low-grade poolroom. Now this gang spirit can be governed and regulated until it becomes the best kind of influence in the neighborhood; for it always has as its mainstay, under any conditions, a resourceful cooperation. Let us hope that the boys and girls who have come under the influence of Palama Settlement will retain the spirit of cooperation which the gang idea instills in them but will be influenced by their associations here to forget once and forever the unrest and rowdyism; for by carrying cooperation into the neighborhood it soon becomes community cooperation and makes for better citizenship.

Respectfully,

THOMAS EVANS,
Assistant Head Worker.



MEDICAL DEPARTMENT

MEDICAL DEPARTMENT

Mr. J. A. Rath,
Head Worker, Palama Settlement.

DEAR SIR:

The report of the medical director is respectfully submitted:

The past year has been a memorable one in the advance and growth of the medical work of Palama Settlement. Real progress has been made in every direction. First and foremost is the moving into the new location and new buildings with better facilities and a more natural incentive for better medical work. Second, is the reorganization of the entire department. With this increased responsibility we are undertaking a very much wider effort in directions which we feel promises to be of great community importance. Our new endeavors are systematic determination of fewer short-comings and to make this department serve more efficiently and effectively the ever increasing number of patients with the ever increasing number of clinics.

The sum of progress in health matters in our local community is, after all, the sum of our Territorial progress. When this progress springs from our community itself we have not only progress in the protection of health but the reinforcement of the foundations upon which our society must rest. It is our purpose to assist. Through Palama effort we have lessened the loss of little ones and assured them greater health and strength. In fact, we have lifted much weight from the hearts of hundreds of mothers and fathers and have given them a greater equality of opportunity and a better chance for life and happiness.

While we are conscious of our share of faults, it is, we hope, a fundamental and lasting trait on the credit side of our national character that at heart we all want our neighbors to have the same chance we have. Many of our social reform movements, our pathetically, hopeful piling up of new laws, our restless and earnest striving for better things in education, child welfare and public health are largely governed by the basic desire of giving every American an even chance at the beginning.

But in spite of great progress there is still too much inequality of opportunity in this respect. If the mother lacks adequate medical care during pregnancy, if proper attention is not given to mother and child at the time of birth, if through ignorance or poverty the infant is not fed and cared for during the early months of life, it is not getting a fair start. The care and skill that saves the mother is doubly invested in that it fits the baby for its own fight.

If doctors and nurses, good milk and good administration can make Honolulu one of the safest cities in the world for babies, then we have made a fair start in giving these babies a square deal.

It is our belief that the general public does not realize the great variety of service that is offered by Palama Settlement through its various departments in the call of the indigent sick. We would like to take each department separately and go into lengthy detail, but space will not permit and so I have prepared merely a superficial report of each of our departments.

At the outset, the Director wishes to record his sincere appreciation of the cordial and friendly cooperation of the medical and nursing staff and various agencies and particularly his gratitude to yourself, Medical Committee and Department Heads for their constant helpfulness and advice on innumerable matters pertaining

to the medical and administrative policy of the Dispensary.

GENERAL CLINIC

This clinic is practically the feeding ground to all of our various clinics operated and despite their increasing number and the increase of referred patients to various departments, this General Clinic is totaling more cases daily than any other time in the history of the medical work.

In 1924 the total number of cases attended were 3727, while in 1925 it jumped to 5865, an increase of 57 per cent.

The work in this clinic has increased so rapidly that it was necessary to add another part time physician to the staff. Eventually it will be necessary to set off various sections for detailed study of cases that require an unusual amount of time.

Outside calls are made when necessary and in many instances calls are made during the night.

BABY CLINICS

During 1925 more than 45 per cent of the babies born in Honolulu came under the care of the Palama baby clinics. The total enrollment of babies under one year of age for the twelve months were 2098, and the total number of babies born in the city during the same period was 4655. This baby clinic enrollment was 300 larger than in 1924.

The value of the baby clinic is reflected to a considerable degree in the death rate among those infants enrolled, and it is with a great deal of satisfaction that Palama reports that out of the entire number cared for only 35 babies died. This gives a baby clinic death rate of slightly more than 17 per 1000, as compared with a death rate of 82 for all babies under one year of age in the city, as reported by the Board of Health.

While 2098 babies under one year of age were enrolled in the clinics, 515 babies in their second year were also cared for, making a grand total of 2613 babies enrolled in our 13 baby clinics.

Plans are being made to add two more clinics, making 15 in all.

PRESCHOOL CLINICS

The health and significance of the preschool years can be quickly summed up, inasmuch as it is the period when death and disease pile up their biggest toll. One-third of the deaths occur below the age of six. Even physical accidents make their stamp on the preschool age. Susceptibility to infection is generally greater in the younger child, and disorders of nutrition, like rickets, are essentially a preschool disease.

Every baby clinic is now a preschool clinic with a separate and distinct one operated at the Settlement proper and another at the Castle Kindergarten. With the latter we are making a special effort to clear up all defects, referring all those cases that belong to private physicians and attempting to clear all the indigent children. We shall have very interesting data in a short while.

With the people of the community educated to the importance of periodic health examinations for children, physical defects will for the most part be detected and corrected before the school age.

PRENATAL CLINIC

This period of a patient's life falls almost wholly upon the responsibility of the physician. Two are in active operation, one at the Settlement and another at the Queen's. The number of cases are continually increasing. The logical beginning of all health work is with the prenatal clinic and with that end in view, we hope to increase the number of patients as our nursing

staff increases. The high percentage of infant deaths during the first month of life is closely and intimately allied with the supervision of expectant mothers. Its necessity cannot be over estimated. The task of educating mothers to the importance of seeking early and repeated examinations and advice previous to childbirth and conducting the mothers through their pregnancies falls wholly in the jurisdiction of those clinics.

Again we are limited in the expansion of additional clinics due to the usual cry of an insufficient number of nurses. Here is one department where its entire success of bringing the patient to the doctor falls upon the nurse. Our present staff of three nurses have done remarkably well. The number of cases tripled this year over last year.

OBSTETRICAL SERVICE

The deplorable midwife problem is occupying the mind of every physician in the city and the solution is not an easy one, when one stops to think of the considerable number of confinements attended by these untrained women. Mothers die of conditions connected with childbirth for the most part preventable, aside from the suffering and prolonged loss of health.

The experience of some of the cities of the country which have grappled with this problem indicates that the suffering and loss can be cut down one-half to two-thirds by proper medical supervision. With the establishment of the O. B. Service and the generous response of the medical profession to attend to these cases a beginning has been made in the right direction. It is certain that the satisfactory solution of this problem can never come from the agency of the midwife.

Eighteen physicians take a 24-hour rotating period on this service and the state of affairs is being gradually remedied. Three nurses serve this department continually and answer any and all calls.

This department was commenced in April, 1924, and for those nine months 131 cases were handled, whereas in 1925, 337 cases passed through our hands.

EYE, EAR, NOSE AND THROAT CLINICS

Two clinics are operated twice weekly and a glance at the statistical figures show a decrease in the number of patients treated this year over the previous year. This is accounted for by the fact that no epidemic developed the past year. The service in this department has been strengthened by the new equipment and facilities.

DERMATOLOGICAL CLINIC

The skin clinic has grown by leaps and bounds and its increased value through X-ray and radium treatments cannot be overestimated. For the year 1925 343 cases were treated, an increase of 100 per cent. The radium treatments have been a noteworthy feature. The star case of the clinic has been a youngster who had disfiguring birthmarks not amenable to other types of treatment.

ORTHOPEDIC CLINICS

Palama has had excellent cooperation from the Shriners' Hospital for Crippled Children in the care of orthopedic cases, and one day each week Dr. White has held a clinic at the Settlement for this type of patients. He has also lent valuable assistance in the handling of fracture cases. Many excellent results were secured.

CHEST CLINICS

In order that patients in whom symptoms suggestive of tuberculosis were discovered could be given more thorough and careful examinations and observation, a Chest Clinic was established in July, 1925, and has proved to be one of the most valuable clinics at Palama. Of sixty-four patients enrolled during the six months

prior to January 1, twenty-five were definitely found to be White Plague sufferers, and the machinery was set in motion for their proper care and treatment. A follow up system enables us to check up doubtful cases.

NUTRITION

Out of a total number of 13,583 children in 13 of the largest schools of the city, 39 per cent, or 5248, deviate 7 per cent or more from the average standard of weight, this not including Chinese children until they have reached 10 per cent below standard. Of this number 1230 children range from 15 to 50 per cent below average.

We became interested in this last group and we are now giving thorough physical examinations to these children daily until we run through the entire group.

Some 20 per cent have been examined and it is interesting to note that 50 per cent of these ran temperatures; 30 per cent need tonsil and teeth attention and five cases are definitely positive T. B. The rest are now under observation as suspicious T. B. This in itself is an undisputed argument as to the crying need for thorough health examinations of school children.

X-RAY

A great improvement in the service has been noted with our new equipment. The Chest, Orthopedic, and Dermatology departments are continually increasing their demand on this department.

Due credit must be given our technician for her interest and effort in assisting to make this department indispensable.

LABORATORY

Continued and satisfactory development is recorded in the use of this department as an aid to diagnosis

or to confirm diagnosis. With our limited means we cannot attempt to maintain an extensive laboratory, but we are serving various departments whose effectiveness depends upon laboratory facilities.

It has become almost axiomatic that the quality of service to patients is directly proportional to the laboratory facilities which are offered and the use made of them.

ADULT DENTAL CLINIC

Through the generosity of friends this department was made possible. This has been the realization of an urgent need as is already evidenced by the way the Dental Surgeon is booked ahead.

All children not falling under the jurisdiction of the Dental Infirmary and adults are now taken care of in this department. Hitherto Palama has had no way of caring for these patients and our department has been hampered by having no means of alleviating dental causes.

A great many of the complaints of our old chronics were traceable to defective teeth and we are attempting to clean these cases up.

MEDICAL SOCIAL WORK

Our long felt need for a trained medical social worker in connection with the increased medical problems has also been fulfilled.

The first aim of this department will be to work out a definite basis for determining who is and who is not entitled to the free medical care which we furnish. A definite system of appraising family needs and resources will clear the way for handling these cases more fairly.

A new feature has been the joint publication of the Queen's Hospital bulletin with the Palama Clinic staff. This valuable publication reaches over a thousand people in these islands and acquaints them with our splendid work. After all, knowledge is without influence or power until it is given to the public and accepted by the public. It is the largest single factor in shaping public opinion and this power of publicity is merely another word for service.

The monthly meetings of our staff have been a great factor in producing better understanding and very valuable constructive criticism. All complaints are ironed out at these meetings.

Great praise must be given our nursing staff for their cooperation, spirit, assistance and inspiration.

ADDITIONAL EQUIPMENT NEEDED

We wish to call attention to certain needs in the way of equipment and which would increase the effectiveness of the work in several of the departments.

We should own a Kromayer and an Alpine Sun Lamp for the treatment by ultra violet rays of certain dermatological, orthopedic, etc., conditions peculiarly amenable to this type of treatment. The Orthopedic Department is also sadly in need of a bake oven.

ACKNOWLEDGMENT

Appreciation is due a large group of volunteer college women who have rendered most valuable assistance in the Baby Clinics. I wish also to thank all the agencies in the city who have patiently and consistently labored with us. We are also deeply indebted to the medical

profession, who have so generously and cheerfully assisted us to make these clinics an outstanding success.

And finally I wish to thank yourself and all of my co-workers on the staff who have made this work possible and pleasant.

N. M. BENYAS, M. D.,
Medical Director.

Yearly Report of Clinics—1925

DISPENSARY

Cases brought forward from 1924.....	140	
Cases New	3803	
Cases Readmitted	1922	
Total cases	5865	
Number transferred to permanent files.....	5629	
Cases remaining at end of year 1925.....	236	
Total number of treatments given.....		15,225

EYE, EAR, NOSE AND THROAT

Cases brought forward from 1924.....	46	
Cases New	397	
Cases Readmitted	198	
Total cases	641	
Number transferred to permanent files.....	625	
Cases remaining at end of year 1925.....	16	
Total number of treatments given.....		1,978

SKIN

Cases brought forward from 1924	174	
Cases New	99	
Cases Readmitted	70	
Total cases	343	
Number transferred to permanent files.....	325	
Cases remaining at end of year 1925.....	18	
Total number of treatments given.....		532

CHEST

Clinic begun July, 1925

Cases New	24	
Cases Readmitted	46	
Total cases	70	
Number transferred to permanent files.....	52	
Cases remaining at end of year 1925.....	18	
Total number of treatments given.....		146

ORTHOPEDIC

Clinic begun August, 1925

Cases New	23	
Cases Readmitted	37	
Total cases	60	
Number transferred to permanent files.....	50	
Number cases remaining at end of year 1925	10	
Number of treatments given.....		95

TOTALS

Total No. cases carried forward from 1924..	360	
Total No. new cases in all clinics.....	4346	
Total No. readmitted cases, all clinics.....	2273	
Total cases	6979	
Total No. transferred to permanent files....	6681	
Total No. remaining at end of year 1925....	298	
Total No. treatments given in all clinics during year		17,976

1925 Yearly Report

DISTRICT, BABY CLINICS AND PRESCHOOL

Patients brought forward from 1924.....	1,393
Number new patients	3,182
Total number of patients	4,575

Total Number Discharged:

Cured and improved	926
Unimproved	236
Died	68
Moved and unable to locate.....	405
Uninterested	533
Preschool age	180
School age	1
Have own doctor	9
Mother cannot come	98
Old medical cases discharged.....	491
Total number cases discharged.....	2,947

Discharged to:

Queen's School	10
Queen's district	83
Children's school	33
Children's district	19
Died	64
Other care	109
Self or family	2138
Old medical cases discharged.....	491
Total remaining at end of year 1925.....	1,628

Visits Made:

Nursing visits	6144
Prenatal visits	2168
Eligible prenatal visits	751
Registered baby visits	22089
Eligible baby visits	2364
Preschool visits	1167
Eligible preschool visits	88
Medical investigations	173
Others	6368
Total visits made	41,312

Treatments Given:

Schools	49985
Kindergartens	7273
Dispensaries (outside)	5571
Total treatments given	62,829

Referred to:

Palama Dispensary	92
Physicians	105
Social Service Bureau	8
T. B. Bureau	6
Humane Society	13
Queen's Hospital	3
Emergency Hospital	1
Total cases referred	228

Medical cases remaining	41
Preschool cases remaining.....	349
Babies in clinics remaining.....	1238
Total cases remaining.....	1628

Baby Clinic Report—1925

BABY CLINIC REPORT—1925

Total Registration for the year.....	2,613
Number under 1 year of age.....	2098
Number 1 to 2 years of age.....	515
Number carried forward from 1924.....	1133
Number new babies, 1925.....	1397
Number readmitted babies.....	83

Total number discharged..... 1,364

Moved and cannot find.....	442
Not interested.....	540
Preschool age.....	200
Mother cannot come.....	116
Have own doctor.....	14
Died—Under 1 year.....	35
1 to 2 years.....	17
	52

Nationalities

Diseases

Chinese.....	2	Pneumonia.....	15
Filipino.....	9	Broncho Pneumonia.....	9
Caucasian-Hawaiian.....	7	Lobar Pneumonia.....	1
Asiatic-Hawaiian.....	4	Bronchitis.....	2
Hawaiian.....	11	Heart Trouble.....	1
Korean.....	1	Compound skull fracture.....	1
Japanese.....	10	Idiopathic Epilepsy.....	1
Porto Rican.....	2	Cerebral Meningitis.....	1
Portuguese.....	5	Hereditary Syphilis.....	1
Others.....	1	Congenital Syphilis.....	1
		Spinal Trouble.....	1
		Malnutrition.....	1
		Beriberi.....	1
		Dysentery.....	14
		Endocarditis.....	1
		Acute Nephritis.....	1
	52		52

Total number remaining.....	1,249
Total number of Clinics during 1925.....	625
Total attendance.....	21,978
Average attendance.....	35

Prenatal and Maternity—1925

Duration of Pregnancy When Admitted to Clinics

1 Month.....	5
2 Months.....	14
3 Months.....	34
4 Months.....	36
5 Months.....	44
6 Months.....	47
7 Months.....	45
8 Months.....	58
9 Months.....	44
Not sure.....	2

Nationalities of Admitted Cases

A., B., G., R.....	5
Chinese.....	15
Filipino.....	70
Hawaiian.....	21
Caucasian Hawaiian.....	17
Asiatic Hawaiian.....	21
Japanese.....	32
Korean.....	22
Porto Rican.....	50
Portuguese.....	55
Spanish.....	15
Samoan and others.....	6

Total.....329
(See Note)

Record of Deliveries

Doctor and Nurse.....	77	Normal Babies (1 pair Twins).....	284
Nurse only.....	7	Premature.....	4
Private Doctor.....	18	Stillborn.....	9
Graduate Nurse.....	1	Miscarriage.....	9
Hospital.....	116	Ovarian Cyst.....	1
Midwife.....	38	Moved or Uninterested..	18
Family.....	48	Not Pregnant.....	11
Moved or uninterested..	20	Not Eligible.....	2
Not Pregnant.....	12		

Total.....337

Total.....338

No. of Clinics.....	103
Total Attendance.....	1113
Average Attendance.....	10

Male Births.....	144
Female Births.....	140

Nationalities of Delivered Cases

A., B., G., R.....	6
Chinese.....	15
Filipino.....	68
Hawaiian.....	24
Caucasian Hawaiian.....	21
Asiatic Hawaiian.....	18
Korean.....	26
Japanese.....	30
Porto Rican.....	53
Portuguese.....	55
Spanish.....	18
Others.....	3

Total.....337

Doctors in Attendance

Dr. Benyas.....	6
Dr. Benz.....	8
Dr. Brown.....	2
Dr. Black.....	3
Dr. Culpepper.....	3
Dr. Chang.....	2
Dr. Chock.....	5
Dr. Chinn.....	3
Dr. Crawford.....	3
Dr. M. Faus.....	1
Dr. R. Faus.....	1
Dr. Fronk.....	3
Dr. Jeffries.....	6
Dr. Liu.....	4
Dr. Lam.....	1
Dr. McVeagh.....	1
Dr. Phillips.....	18
Dr. Saunders.....	6
Dr. Withington.....	1

Note:	
Primipara Cases.....	72
Multipara Cases.....	257

Total.....329

Summary—1925

CLINICS

Number New Cases:

Dispensary	3,803	
Ear, Eye, Nose and Throat	397	
Skin	99	
Chest	24	
Orthopedic	23	
Baby	1,397	
Preschool	408	
District Nursing	1,377	
Maternity	329	
Total		7,857

Number Treatments Given:

Dispensary Clinic	15,225	
Eye, Ear, Nose and Throat	1,978	
Skin	532	
Chest	146	
Orthopedic	95	
Maternity	1,113	
Schools	49,985	
Kindergartens	7,273	
Dispensaries (outside)	5,571	
Total		81,918

Referred to Hospitals:

Queen's	294	
Children's	132	
Emergency	1	
Shriners'	10	
Kalihi Quarantine	2	
Leahi Home	1	
Total		440

The Trustees,
Palama Settlement,
Honolulu, Hawaii.

Gentlemen:

We have completed the audit of the accounts of Palama Settlement for the year ended December 31st, 1925, and have to report as follows:

The cash on hand was counted during the course of our examination and was found to be in agreement with the balance reflected by the cash book. The amounts shown by the accounts to be on deposit on current account with The Bank of Hawaii, Limited, and the Hawaiian Trust Company, Limited, as at December 31st, 1925, were reconciled with statements rendered by the respective institutions.

The income from various sources was verified from the evidence produced. We would point out that the accounts include an amount of \$8,700.00 representing contributions by the City and County of Honolulu for the six months ending December, 1925, which have not been collected.

The expenditures for the period were compared with the vouchers on file and found to be fully supported.

We have examined the Building Fund transactions to December 31st, 1925, and show hereunder a statement thereof as at that date:

	Debit	Credit
Asylum Road Property Account.....	\$385,872.94	
Asylum Road Investments	210.00	
Asylum Road Fund Account.....		\$318,006.06
Notes Payable—Hawaiian Trust Co., Ltd.		62,379.05
Accounts Payable—Hawaiian Trust Co., Ltd.		204.83
Accounts Payable—Kobayashi Con- tract (bal.)		5,493.00
	\$386,082.94	\$386,082.94

We have made a segregation of the above asset—\$385,872.94—and incorporated the details under appropriate classifications in the Balance Sheet.

The value of the Day Camp Buildings, viz., \$500.00, has now been written off, owing to the expiration of the lease of the land on which this building was erected.

The additions and postings necessary to verify the accounts of the General Ledger at December 31st, 1925, were checked and found to be correct.

We append the following statements relating to the accounts:

Exhibit A Balance Sheet as at December 31st, 1925,

Exhibit B Statement of Income and Expenditure Account for the year ended December 31st, 1925.

Respectfully reported,

AUDIT COMPANY OF HAWAII, LTD.,

(Signed) H. D. YOUNG, C.P.A.,
Manager.

Honolulu, Hawaii,
February 26, 1926.

Exhibit A

PALAMA SETTLEMENT
BALANCE SHEET
As at December 31st, 1925

Assets	
CURRENT	\$ 11,381.40
Cash	\$ 2,595.01
On hand	84.53
The Bank of Hawaii, Limited	94.96
Hawaiian Trust Company, Limited	2,415.52
Accounts Receivable	86.39
Bills Receivable	8,700.00
City and County	\$ 8,700.00
INVENTORY	\$ 244.43
Bathing Suits	244.43
INVESTMENTS—Endowment	7,496.00
Palama Settlement	\$ 3,500.00
Fresh Air Camp	3,500.00
Milk Bottle	286.00
Property Fund	210.00

PALAMA SETTLEMENT
EXHIBIT A—Continued
BALANCE SHEET
As at December 31st, 1925

Assets—Continued

AUTOMOBILES		4,743.50
Headworker's automobile	\$ 1,125.00	
District Nurses' automobiles	2,875.00	
Dental Clinic automobile	743.50	
FIXED		456,054.72
Real Estate	\$128,483.83	
Buildings	273,789.86	
Artesian Well	4,022.32	
Equipment	49,529.91	
Oil tank	228.80	
		\$479,920.05

Liabilities

CURRENT		\$ 94,910.54
Kamehameha Schools—Christmas Fund	\$ 174.03	
Accounts Payable	13,799.30	
Operating	\$ 8,306.30	
Building Fund	5,493.00	

Liabilities—Continued

Hawaiian Trust Co., Ltd., Building Fund—Note	\$ 62,379.05	
Building Fund—Current Account	204.83	
		62,583.88
Operating Account—Notes		18,353.33
ENDOWMENT FUNDS		8,370.91
Palama Settlement	\$ 3,500.00	
Fresh Air Camp	\$ 3,500.00	
Milk Bottle	297.23	
Dental Equipment	1,073.68	
PROPERTY FUND		318,006.06
		\$421,287.51
GENERAL FUNDS		
Balance, January 1st, 1925	\$ 70,668.54	
Add—Strong Foundation Grant	10,306.35	\$ 80,974.89
Deduct Excess expenditures over income, per Exhibit B		22,342.35
		58,632.54
		\$479,920.05

PALAMA SETTLEMENT
STATEMENT OF INCOME AND EXPENDITURE
For the Year Ended December 31st, 1925

INCOME			
36	Contributions United Welfare Campaign ... City and County of Honolulu ... Sundry Donations Chamber of Commerce	\$ 54,000.00 15,900.00 4,475.82 24,429.62	\$ 98,805.44
	Income from Endowments Alexander Estate Endowment ... C. M. Cooke Endowment	\$ 3,491.19 177.59	3,668.78
	Men and Boys' Department Women and Girls' Department ..		1,416.45 248.15
			\$104,138.82

EXPENDITURES							
	Adminis- tration	Dental Infirmary	Medical	Fresh Air Camp	Settlement Building	Social	Total
37	Salaries	\$ 13,362.45	\$ 17,317.38	\$ 51,994.36	\$ 2,588.94	\$ 6,328.35	\$117,660.08
	Light and Heat	21.80	20.49	59.33	261.96	2,131.61	2,495.19
	Insurance	1,310.96	77.25	2,902.90	250.45	446.60	7,468.72
	Office Supplies	1,010.97	236.47	734.48	5,474.83
	Telephone	1,146.22	18.45	608.45	39.00	1,812.12
	Departmental Supplies	514.63	3,729.38	6,351.26	527.63	141.95	8,658.69
	Transportation	803.30	1,009.29	2,249.51	132.40	4,194.50
	Incidentals	596.23	556.95	832.67	204.92	688.51	2,900.04
	Relief and Entertainment.....	241.53	241.53
	Repairs and Upkeep	30.36	57.21	579.02	666.59
	Food	242.20	1,880.96	2,123.16
	Rents and Taxes	491.65	4,788.50	5,280.15
		\$ 18,766.56	\$ 22,965.65	\$ 66,005.52	\$ 6,435.12	\$ 15,104.54	\$114,667.08
	Less—Receipts		29,884.50	3,600.24	484.50	\$ 15,389.69	24,969.24
	Expenditures in Excess of Receipts						\$ 15,559.02
	Add:						
	Depreciation on automobiles..					\$ 282.48	
	Depreciation—old equipment ..					4,280.97	
	Garage expense					1,719.88	
	Day Camp Bldg.—written off.					500.00	6,783.33
	Transferred to Exhibit A						\$ 22,342.35

Palama Settlement



DENTAL CLINIC

Report 1925

February 3, 1926.

Mr. James A. Rath,
Head Worker,
Palama Settlement.

DEAR SIR:

The following is a report of the Palama Dental Clinic from February 1st to December 31, 1925.

The Infirmary was moved from its old home on Hotel Street to its new quarters at Palama Settlement on April 18, 1925. Here it occupies a wing of the Medical Building where it has the full cooperation of the medical staff.

The first report we will consider is the Infirmary report since this shows the sum of the actual operative work the Infirmary force of dentists has done.

Beginning on August 1st, a new clinic policy was adopted. It was thought advisable to have this report in two sections so that some comparison could be made in order to show any advantages or otherwise of the new system of treatment. This consisted of being very conservative in the extraction of teeth and the use of amalgam for practically all of our restorative work.

Digressing a moment on these changes, it meant a great amount of treatment work was done in attempting to save both the deciduous and permanent teeth, except those where extraction or surgical measures were absolutely indicated. It was decided to use amalgam for all classes of cavities excepting large restorations where cast acolite metal had to be resorted to. It seemed wiser to sacrifice a little of the esthetics gained by using porcelain for the more permanency of the metal fillings. Bearing in mind that permanency is the most important feature of the work for these little patients, because it may be a

matter of some years before they visit a dentist again, after once leaving the sheltering wing of Palama Dental Clinic.

This showed a considerable change in the figures on the reports. It increased the number of fillings both deciduous and permanent and cut down the number of extraction cases. Of course the additional time taken up by the operator in placing treatments correspondingly decreased our output of completed cases. The following figures show these points most clearly.

REPORT OF OPERATIVE WORK

FEBRUARY 1 TO JULY 31, 1925

Cone Backs	Orthodon- tia Cases	New	Permanent Fillings	Deciduous Fillings	Treat- ments	EXTRA- CTIONS	X-RAYS	Completed Cases
744	48	1013	4147	973	2028	4439	126	1235

AUGUST 1 TO DECEMBER 31, 1925

774	..	411	5291	2238	1663	2894	96	867
1518	..	1424	9438	3211	3691	7433	222	2102

(Total number of patients 6754)

Another point which bears explanation is the slight increase in our fees of from 5 cents a visit to 10 cents. This was deemed advisable from many angles. It seems to be human nature to attach little importance or value to something bought too cheaply and the same rule applies here. Appointments were being broken and too much disregard shown towards our work. The little raise which was made (not an iron clad rule but only verbal) proved very efficacious in arousing the interest in the parents' or child's mind that this service was valued a little higher than 5 cents. The increase of interest either from this or fear that this wonderful work could be raised in price aroused a surprising amount of sudden

interest and cooperation on the part of the parents in getting their children to the clinic.

In line with this thought I believe the report from our receiving desk would be quite in order so that we might check up on the figures shown there.

RECEIVING DESK REPORT

	No. Patients	No. Paid	O. K.	Back Pay	Money Total
February ..	1237	1035	202	23	\$ 53.90
March	1392	1209	183	18	61.00
April	1083	940	143	8	47.05
May	1264	1137	127	30	58.90
June	1041	883	158	23	45.20
July	885	659	226	6	33.25
August	1236	1086	150	20	58.30
September..	1042	955	87	19	69.90
October ...	1707	1570	137	64	161.95
November ..	1253	1176	77	39	125.80
December ..	1152	1043	109	55	124.60

During the months of June, July, August and September children from the Girls' Industrial School, the Salvation Army Home for Boys and the Susannah Wesley Home were treated.

The fee was raised from five to ten cents starting with the month of October. Every patient now pays ten cents with the exception of those from very poor families. The families of all patients are visited by our Social Service Worker and she determines whether or not they are to pay. Comparatively few destitute families are found besides those supported by the Social Service Bureau and they are not charged.

Of course before the patients ever arrive at the receiving desk comes a large amount of work from our Social Service Worker, finding out the eligibility of the children financially, getting lists of the schools and running to earth any truant or delinquent cases, so that we will now have our Social Service Worker's report and a few of the different angles of that work.

In preparing for the Social Service work, lists of the children's names and addresses from the 1st to the 5th grades inclusive, are obtained from the principals of the various schools. These names are typed in alphabetical order and are checked with the old lists and with the cards on file.

Starting with the first grade, the Social Service Worker looks up all the new children. Their homes must be visited and their parents interviewed before it can be decided whether or not they are eligible. The following schedule is used in determining the financial eligibility of a family.

FINANCIAL STATUS FOR ELIGIBILITY

ORIENTALS

5 children	\$125.00 a month.	\$31.25 week
4 children	100.00 a month.	25.00 week
1 child	75.00 a month.	18.75 week

OTHER NATIONALITIES

5 children	\$175.00 a month.	\$43.75 week
4 children	150.00 a month.	37.50 week
3 children	125.00 a month.	31.25 week
1 child	100.00 a month.	25.00 week

When the children have been found eligible for treatment, appointment cards are sent to the principals of each school; she distributes these to her teachers who send the children to the clinic at the appointed time. The little ones are conducted by an older boy or girl who is scheduled to attend at that hour.

When a child fails to keep his appointment the Social Service Worker visits both his teacher and his parent and often has many objections to overcome and explanations to make. The reason for these objections is the parents' lack of knowledge of the vital part a dentist plays in a child's life.

Many parents do not want their children to attend the clinic because they believe it to be a government institution and that they are forced to go. They soon change their views, however, when told that it is through the goodness of one kind woman that this clinic is made possible.

When this fact is established in the minds of the parents, they give the Social Service Worker their complete cooperation in seeing that their children keep their appointments and bring their fee of ten cents.

The principals and teachers of the schools have done more than their part in cooperation. This is due to the strenuous effort made by our Director in meeting all the principals of the large schools. His aim was to bring about a clear understanding of the methods and motives of the Palama Settlement Dental Clinic and the result has more than repaid him.

SOCIAL SERVICE REPORT

FEBRUARY 1, 1925-DECEMBER 31, 1925

	Visits	Eligible	Non-Eligible	Own Dentist	Homes Revisited	Schools Visited
February ..	281	123	77	68	23	58
March	307	145	86	68	24	52
April	297	155	33	35	38	71
May	468	231	40	27	47	150
June	172	82	5	5	34	51
July	151	44	3	..	101	3
August	138	22	2	1	104	10
September .	100	30	70
October ...	130	8	7	8	39	76
November..	96	10	6	5	36	44
December..	195	103	31	21	18	43
Total	2335	923	290	238	494	628

Not included in total of 2335. Worked in office from June to November, inclusive.

One very interesting feature which the clinic was able to do during November was a survey of the fifth grades in the public schools of Honolulu.

The first survey was made in 1920, so that the figures in the present one, five years later, gives sufficient proof that the Dental Infirmary has been truly accomplishing its purpose. It brings many things to our mind and points out many new problems of our work which we are facing.

FIFTH GRADE SURVEY

	1920	1925
Total number examined	1274	1825
Cavities—		
Permanent teeth	7156	5663
Temporary teeth	807	705
Cavities (Average per pupil)—		
Permanent teeth	5.6	3.1
Temporary teeth60	.38
Non-Vital Teeth (Average per pupil)—		
Permanent teeth57	.35
Temporary teeth17	.04

The moving of the dental clinic to Palama and increasing our staff of operators, together with the full cooperation we have with the medical clinic, greatly facilitates our work, in a small way meeting the heavy increase of the pupils in the public schools. The decrease in the number of cavities per child pointed out that a great deal of operative dental attention has been given these children and also that we have had good cooperation and very efficient work done by the Dental Hygienists in the public schools. For if we are to accomplish our complete aim of placing the child in as healthy a condition as possible when he passes through the fifth grade it is a wonderful advantage to work in connection with a completely equipped medical clinic and a well formed dental hygiene staff. In these two instances I am very pleased to say that we have had their utmost cooperation in every way possible for the past year.

Sincerely yours,

C. J. FARLINGER, D.D.S.,
Dental Director.