



PALAMA OPEN DOOR

Published Bi-Monthly by Palama Settlement • Your Friendly Neighborhood House

Vol. 1, No. 2

HONOLULU, HAWAII

May • 1949

NEW DIRECTOR GIVES PALAMA AIMS

Return to Active Athletic Program Planned Need for Volunteers Is Stressed

Mrs. Eileen M. Watkins, Director of Palama Settlement, brings a wealth of settlement experience with her. Hers is not merely an academic viewpoint on what a settlement program should be, but a practical working knowledge of what most people, and particularly children, need in order to live the full life they deserve.

Her experience was gained by actually living in the settlement house she directed in Oakland and also by bringing up her daughter there. You can't live in and run a settlement for twenty years without being very close to the people you are helping, as well as those with whom you are working, or without developing a philosophy of your own that applies to all people everywhere.

As we know her background, experience and previous successes, after giving her two months to acquaint herself with her problems, we asked her to outline her thoughts on what Palama Settlement seems to need the most at the present time.

"People differ," she said, "and because they do a recreation program should be broad enough in scope to meet a variety of interests. Many persons find their greatest satisfaction in group activities—the purpose of which may be purely social, or it may be for social action, such as the promotion of public welfare measures. A good example of the latter type is the Palama Business Men's Club which, in addition to other projects, has worked vigorously with community groups to gain favorable action on the Kalihi Tunnel."

"Some prefer more individualistic activities such as badminton, tennis, checkers or a game of cards, while creative activity through ceramics, sculpture and graphic arts appeals to others. Music is the keenest pleasure of many, or the kinetic rhythm of dancing and swimming. All of these and many other sub-

jects of interest will be included in our broad planning of Palama's future activities."

"Competitive and intra-mural sports, however, seem to appeal to the greatest percentage of those living in the Palama area. Since there is such a demand for sports activities and since the Settlement's facilities for a year-round athletic program are so excellent, all athletics will receive full encouragement.

"But the facilities and the desire to participate in a full sports program are not enough. We need leaders who will organize, supervise and also coach our teams and help to run our programs. In the past, Palama produced the best athletes in the city and we want them to come back to join an athletic association for the promotion of sports and the continuance of Palama's traditional place in the sun in this branch of recreation. A few good community leaders with a genuine interest in particular sports can do much to enliven our sports program and develop the many potential athletes here."

"We want former members to write their suggestions to the *Open Door* regarding the future of sports at Palama, and are anxious to have them form tennis, swimming and other clubs for both men and women here to take advantage of our fine facilities. In other words, this is still your Settlement and we want you back to help us as well as yourselves."

"Volunteers are also needed in the

Continued on page 2



Mrs. Eileen M. Watkins

WEEK-END FUN

Have you sometimes wondered where to hold that picnic, spend a vacation? Why not take advantage of the beach, fishing and facilities offered by Palama-By-The-Sea at Waialua. Call and make your reservations for a pleasant outing for the entire family:

Day Rates

Members:

Adults—25c each

Children—15c each

Non-Members:

Adults—35c each

Children—20c each

Overnight Rates

Members:

Adults—60c each

High School Age—40c each

Children—25c each

Non-Members:

Adults—\$1.00 each

Children—50c each

Large groups will be given special rates which include use of kitchen, dining room and equipment.

700 ATTEND SECOND ANNUAL OPEN HOUSE

Palama opened its doors to about seven hundred visitors at its second annual open house and exhibit on March 18. These visitors were welcomed at the entrance to the Main Building by young adult members who were colorfully attired in Hawaiian muumuus, Japanese kimonos and Chinese dresses who acted as guides to the various exhibits.

Their itinerary in the Main Building included exhibits of beautiful Japanese floral arrangements, lauhala woven articles, dresses and other garments by sewing class members. The Arts and Crafts Room was almost a bottleneck in the general flow of traffic as many lingered long to watch Mrs. Ruth Lee of the ceramics class at the pottery wheel and the children of the Gift Craft class making stuffed dolls with old stockings. Paintings, clay animals, ceramic vases, bowls, and other articles, woodshop products were also displayed in this room. The Canteen, setting for many club parties and informal recreation, was active with members of the Green Ring Club at ping-pong and cards. The Palama Branch Library was also open to visitors that evening.

In the Music School students performed in fifteen-minute recitals. Games of volleyball and basketball went on in the gymnasiums, and the Tomahawks Club members swam. Staff of the Pre-School talked with parents and interested friends about program in their Unit.

At eight o'clock all assembled in the gymnasium for a program by classes in boys' tumbling, judo, hula, and weight-lifting. Children of the playacting class performed a Japanese dance. A Hawaiian welcome was extended to the new director, Mrs. Eileen Watkins, who was introduced by Mr. Walter F. Dillingham, and honored by a special dance by Lorna Lum who presented her with a lei on behalf of Settlement members.

New Director

Continued from page 1

music department, arts and crafts, children's theatre and as recreation leaders in game and story hour. Many of you can remember enjoyable experiences in your youth which were made possible only because some one volunteered his or her services. So please show your 'Aloha' for Palama by coming to the Settlement and giving us the help we need."

MUSIC SCHOOL FACULTY PRESENTS VARIED RECITAL

The Palama Settlement Music School presented its faculty in recital April 1st at 7:30 P.M. in the school auditorium.

The program included vocal selections by Dorothy Chun, Mezzo-soprano, clarinet selections by Ruth Hayashi Gallegos, piano selections by Hope Troyer, and two-piano number by Mrs. Gallegos and Miss Troyer. Miss Chun was accompanied by Helen Carbaugh, well-known teacher and accompanist. Mrs. Carbaugh recently appeared on one of the Liebrecht concert series.

Although the faculty recital is not one of the series presenting different symphonic instruments, it added the clarinet to the bassoon and French horn which were featured in earlier recitals. Mrs. Gallegos, director of the Combined Student Nurses Chorus performed on the clarinet.

The public was invited and there was no charge for the concert.

Regrets d'Amour.....	Bright
Harlequinade Polka.....	Morelli
Ruth Gallegos, B ^b Clarinet	
Die Lotosblume.....	Schumann
Widmung.....	Schumann
Fruhlingnacht.....	Schumann
Dorothy Chun, Mezzo-soprano	
Jesu, Joy of Man's Desiring.....	Bach-Hess
Naiads at the Spring.....	Juon
Nocturne in E ^b	Chopin
Prelude in G minor.....	Rachmaninoff
Hope Troyer, Pianist	
Serenade Badine.....	Marie
Third Fantasia.....	Escudie
Ruth Gallegos, E ^b Clarinet	
Concerto in C Major.....	Beethoven
Ruth Gallegos	
Hope Troyer	

EXPLORER SCOUT POST ONE YEAR OLD APRIL 2

Palama's Explorer Scout Post, Na-Koa Post 30, celebrated their first anniversary on April 2. A court of awards was held at which seven explorers received the highest rank in Explorer Scouting, that of Ranger. Ranger Rank corresponds to that of Eagle Scout. The seven boys receiving this award were Tadayoshi Iwami, Robert Yoshizumi, Donald Yoshizuma, Kenneth Shin, Harry Yamada, James Kan and Bung Yen Wong. Tadayoshi Iwami also received his Eagle Scout Rank at the same time. Judge John E. Parks of the third Circuit Court was the principal speaker of the evening.

The court of awards was followed by an evening of dancing in the pre-school pavilion.

Palama-By-The-Sea

There is a fascinating story to be told—one that tells of vision and foresight in recognizing human needs, fortitude and courage in the face of obstacles and of the growth of what was once a dream into a vital fulfilling reality through the generosity of many prominent Honolulu leaders. It is the story of PALAMA-BY-THE-SEA, or the Fresh Air Camp, as it was known to the thousands who have enjoyed its privileges over the past 30 odd years.

It is a tale that dates back to 1914, when Dr. Arthur Jackson of Palama Settlement felt the urgent need of a camping site to help the sick and weary mothers in the Palama vicinity get away from dreary daily tasks during the summer by getting into the country with their children. Think back to the Palama area of 1914 and the living conditions of many, many families at that time, and it isn't difficult to recognize how such a camp could make life much more worthwhile living to many mothers and children. That first camp at Kaipapau was anything but elaborate—tents with board floors served for sleeping quarters, cooking was accomplished on outside fires and a large central tent comprised the dining room and recreation hall. There were numerous inconveniences too—the camp site was an open field adjoining the home of Dr. W. D. Baldwin with sugar cane fields on two sides and the ocean in front, so water had to be carried from a faucet 200 yards away. Kerosene lanterns provided the light and all sleeping was done under mosquito nets provided by Palama—no DDT in those days! The daily train from Honolulu brought meat and bread, a daily trip by horse and buggy to Kahuku Plantation provided the necessary milk, while vegetables and fruit were purchased from the neighboring homesteaders. As in so many other instances, there were many willing to lend a helping hand to so worthy an enterprise and Dr. Baldwin graciously turned his home over to the Camp Director and his family. In addition to the Director, this first 8 weeks camp was supervised by a resident physician, Dr. W. Dunn, and a matron, Louise Larrabee of McKinley High School.

You would think that an opportunity to live in the country next to a fine beach at no cost whatever to the family would have had the Palama needy lining up in droves, but amazingly enough it was difficult to get the first group of families

to go. Remember, this was 1914, and so few of the women had been out of their immediate neighborhood, they were afraid—afraid of the train, afraid that Kaipapau was at the end of the world from which there was no return and afraid to break the monotony of their daily routine because of any number of superstitions. It was only through utter confidence in their Palama district nurse that enough of them were persuaded to make the trip. Needless to say, after the first group came back from their two weeks' stay with glowing reports of camp life, an exciting train ride and excellent food and care, it was extremely easy to keep the camp filled all summer.

The tremendous success of this first crude camp pointed the need to a permanent location with the best possible facilities. In selecting a permanent site, four main requisites had to be constantly kept in mind: (1) relatively easy transportation to the site (2) a fresh water supply (3) availability of daily food supplies, (4) a good swimming beach. That winter the coastline of Oahu was thoroughly studied and a decision reached to lease for 15 years some land owned by Bishop Estate at the Waialua beach area. This camp site proved an excellent choice over the succeeding years.

The next step, as usual, was to raise funds for the project, but Mr. James A. Rath, Director of Palama Settlement, was urged by the Trustees to carry out the venture and while it took time, he did finally raise the required amount. Once more, neighbors lent a helping hand as Mr. Goodale of Waialua Agricultural Company and Mr. Dillingham of Oahu Railway & Land Co. arranged the loan of their carpenters and workmen so that ten small cottages for living quarters, a house for the resident nurse and recreation leaders, a large dining room, kitchen, dispensary, cook's cottage and a residence for the Settlement Director could be built. Not a tree was on the site, but through the generosity of Miss Lucy Ward a coconut-roofed pavilion was built for use as a covered recreation area. The place was kept up by a Japanese neighbor, who had a little farm of his own to attend also.

So there it was—a full-fledged camp with what in those days were excellent facilities, all ready to serve its Palama people whose need for such a camp was so great.



Fun with clay is one of the many activities in the Pre-School Department, which will open its summer session June 20th.

Summer Camping Program Planned

Are some of you wondering what to do with your children during the summer months to keep them occupied and happy? Palama's summer program presents special opportunities for all children, members and non-members, and if you have no children to put into the program let your neighbor know about it anyway so he may take advantage of it.

The program consists of two camps—a Summer Day Camp at the Settlement from June 20th to July 13th and a camp at Waialua July 18th to August 13th. The Day Camp, for children of grade school age is an all-day program from 8:30 A.M. to 3:30 P.M. consisting of crafts, games, sports, trips, swimming, a daily hot lunch and 1½ hours rest after lunch. The Camp Palama-By-The-Sea at Waialua will be for children aged 9 to 13. Swimming, hiking, fishing, camp crafts, games, sports, dancing and camp

fires, with three good meals a day—comfortable beds—clean cabins and all under the supervision of well-qualified leaders and teachers.

FEES

Summer Day Camp June 20th to July 13th

\$8.00 for members.

\$9.00 for non-members, which will include membership.

Camp Palama-By-The-Sea July 18th to August 18th

No. of Weeks	Members	Non-Members
1 Week	\$13.00	\$14.00
2 Weeks	25.00	28.00
3 Weeks	37.00	42.00
4 Weeks	49.00	56.00

Combination of 3½ weeks day camp and 2 weeks camp at Waialua:

Members	\$30.00
Non-Members	33.00

a treat this summer by sending them to Camp. They'll remember their fascinating experiences the rest of their lives and will develop remarkably when out on their own for a few weeks.

Use It!

SPORTS...

Teen-age and adult groups are showing more and more interest in athletic competition these days and Nelson Kawakami, with the kokua of some old-timers, is working up new activities daily.

Basketball

The Senior Inter-Club Basketball League found the Vagabonds taking top honors but not without putting out a top-flight brand of basketball. The League race was so close that the runner-up spot was shared by two teams—the Hui O Palama Seniors and the Na Aliis.

At the same time a Novice Basketball League was held and this found a close battle for first place between the Hermits Club and the Pal Babes with the former finally winning first place.

Volleyball

Immediately following the basketball season Nelson and his cohorts organized boys and men's volleyball competition in three divisions—Senior, Senior Novice and Novice. Ten teams have entered the competition and two rounds of 6 games in each division started March 23rd to continue for six weeks. Games are played Monday and Wednesday nights from 7 to 9 P.M.

Swimming

With the return of warm weather the Swimming Club got into action in preparation for the AAU Indoor and Outdoor Meets scheduled for May and June. The Club is open to all comers 13 years and up. The Palama pool saw a lot of usage during the Farrington Inter-Class meets, and some promising material was uncovered for a possible Palama-Farrington team in future swim competition. This is still in the talking stage between Coaches Kawakami of Palama and Ted Kahahanui of Farrington, but it offers promising possibilities.

Old-Timers Softball

The big deal in softball is the go-for-broke battle between the married and the single old-timers with the family men victorious in the 12" series with 3 wins and leading the 14" series with one win at present writing.

George Kalama of the mates and Philip Kalau of the singles have developed some bitter pitching duels during these games. A spirited gang of 150 old-timers, including many wives and girl friends, have formed a year-round sports calendar of softball, volleyball, basketball and who knows what else. They get together for *kaukau* after the games and all of you are welcome—every Sunday at 10 A.M. at the athletic field.

Wahines Sports Club

Another new light on the sports horizon is the organization of a wahine sport club known as the Unknowns. They have just completed a basketball circuit with a city-wide league and are now planning a varied sports calendar for the entire membership of 35 gals. Their first showing in Palama affairs was at the Annual Open House in March and they hope to make Palama their home hereafter.

Teen-Agers

For the younger teen-agers, the Palama Business Men's Club is sponsoring a softball league beginning in the latter part of April. Dr. Harry Kurisaki, President of the Club, hopes in this way to encourage more interest among neighborhood business men in the affairs of young teen-age boys. Members of the club will officiate at all games, meeting on Saturday afternoons and will find sponsors among business men for each team lining up. The club will also provide trophies and any additional expenses over and above those met by entrance fees and sponsorship contributions. The league is open for 9 or more teams of boys 15 years and under. This promises to be one of the best combines of men and boys in the neighborhood in a constructive program of sports and good fun.



PALAMA SETTLEMENT
810 N. Vineyard St.
Honolulu 10
Hawaii

Sec. 562, P. L. & R.
U. S. POSTAGE

1c Paid

HONOLULU, HAWAII
PERMIT No. 90