PALAMA COMMUNITY PRE-SCHOOL 766 North King Street Honolulu, Hawaii 96817

November 1965

PALAMA PRE-SCHOOL CLASSROOM

The Palama Community Pre-School conducts two half day session. The morning session is from 9:05 to 11:30 a.m. and the afternoon session is from 12:30 to 3:00 p.m. The activities consist of: spatter painting, sponge painting, finger painting, song and story time when the children all sit in a circle. The children also have outdoor activities at which time they may ride swings, tricycles, climb the jungle jym bars, etc.

On October 29th the morning and afternoon sessions went to Dole Park for a
Halloween Party. Fruits, candy and ice
cream, were donated to the children by
Mrs. Hockfelson, our teacher. Both
sessions went to the McKinley turkey
farm on November the 16th. The children all received a turkey feather and
corn stocks. The children really enjoyed both outings.

I may have more to say in the next Newsletter, so I hope you'll be watching for it.

Marie Kapoi

NOTICE

November 30, 1965, meeting for all reporters of the Pre-School Newsletter, at Building 12, Apt. A, 9:30 a.m.

BE PROMPT !!

Question: Alice, do you want to take

shorthand?

Answer: No.

Question: Why?

Answer:

Because my hand is too long.

Susie Kama

PALAMA PRE-SCHOOL (Work Gang)

During the pre-school meeting on October 25, 1965, Richard Kapoi asked for a work gang for October 30th. Parents who could not help were asked to send their older children. As supervisor for the work shop, he was very pleased to see many children there. He feels the experience was educational for them learning to help others so that others may help them. From 8:30 a.m. to 4:00 p.m. parents repaired chairs, sanded, painted, sorted blocks, and did general house-

From 8:30 a.m. to 4:00 p.m. parents repaired chairs, sanded, painted, sorted blocks, and did general house-keeping. The children helped in such areas as sanding, painting, sorting blocks and cutting paper.

To the following children mahalo for the help: Rosco Nishida, Duane Nishida, PrimaVera Grace, Richard Kapoi, Jr., Wilfred Kapoi, Alfred Sabuge, Lanya Sabuge, Gerald Sabuge, Judy Sabuge, Gladiela Meyers, Fredrene Meyers, Billie Meyers, Babar Meyers, Nathan Artita, Wayne Kawazoe, Duffy Olivar, Jay Kawazoe, Leslie Kami, George Kawamoto, Ted Kuramoto. Parents working along with the children were: Mr. John Nishida, Mrs. Nora Ferreira, Mr. Lui Fuata, Mrs. Liz Kapanui, Mrs. Billie Meyers, Mrs. Marie Kapoi. Jobs that were not completed that day such as repairing of shelves, sandbox, and swing were finished by Mr. Richard Kapoi later. There will be no other work gangs formed until further notice. When the call for help is again sounded, we know we can count on our parents and children.

HAVE TOOLS, WILL WORK!!!

PALAMA COMMUNITY ACTION COUNCIL

Instead of concentrating on our own children, we are now expanding into supervised, understanding, practical help for all our children, and if necessary, for adults too.

What really matters, what doesn't, what's worth arguing about and what isn't differ from family-to-family and from community-to-community.

Everyone has his own ideas about what he thinks the community needs. We all ask in our minds these questions:

1. What does our community need?

2. How can we help?

Let me try to answer these questions the best I can. Our community needs "INTERESTED RESIDENTS" who want to better the conditions in their community. We can all help by coming to the "CAP COUNCIL MEETINGS", held once a month, expressing your points of view. One good way to get results is in a "BUZZ SESSION":

First: you divide people into small groups and ask them to take 5-6 minutes to think about one problem; such as potential school dropouts. Each group selects a reporter to report on their discussion. After each group has given its report, one might find the problem is obvious in this particular community. Gradually, you find that each one had to deal with it and did - in different ways. It makes you feel comfortable to know that people are going through the same situation.

So you see the words "COMMUNITY ACTION," shouldn't scare you. It should be like a venture into never-neverland. There's an old saying "CURIOSITY KILLED A CAT," but this won't kill you. You and you alone can benefit in your community because the community is what you help make it'!! Take interest now!!! Be sure to attend the next CAP Council meeting.

You will find that working together with parents and professionals will be developing a new field of parent education. You will experience new techniques for group participation. So until you hear from me, or until the next council meeting.

"MAY THE GOOD LORD BLESS ALL OF YOU"

NEXT COUNCIL MEETING

Place: Palama Settlement Auditorium

Time: 7:30 P. M.

Date: December 1, 1965

(Meeting is open to public)

Mo Yaw

HARRIS PRE-SCHOOL WORK GANG

Workers who have donated their time and effort in painting the children's cubby-holes: Mr. Charles Kaluna, Sr., Mr. David Kaneao, Master Edward Kaluna, Master Robert Toy, Master Louis Self, Master Joseph Self. And these wonderful mothers: Mrs. Agnes Kaluna, Mrs. Josephine Chai, Mrs. Henrietta Kaleinamoku, Mrs. Ruby Kaneao.

A gift of a stepping-stool for the children to reach the drinking fountain was given by Mr. Charles Kaluna, Sr.

A box of cut-up material was given by Mrs. Muriel Onishi, teacher's aide, which was put to good use by the following mothers whose children are attending our Pre-School: Mrs. Henrietta Kaleinamoku, Mrs. Judith Grace, Mrs. Betty Ganeko, Mrs. Emily Kamaka, Mrs. Ellen Cannon, Mrs. Josephine Chai, Mrs. Agnes Kaluna, Mrs. Darnell Aragon.

And these are the things these mothers made by sewing every stitch by hand before a sewing machine was loaned: cushions, cushion covers, doll-crib mattresses, comforters, doll dresses.

These mothers are still continuing their project. They are now in the process of making things for the "CHINESE AUCTION" which will be next month.

Parent volunteers in the classroom at Harris: Mrs. Betty Ganeko, Henrietta Kaleinamoku, Ellen Cannon, Agnes Kaluna, Alvina Kahala, Judith Grace, Beatrice Wong, Blossom Amaral, Emily Kamaka, Placidad Abarca, Ida Quiocho, Mae Lynn Inso, Darnell Aragon.

There were also many other parents who were not scheduled regularly but came to the aid of the teachers during the two-week orientation period.

Agnes Kaluna

SAMOAN COOKING CLASS

On Saturday, November 20, there were seven Samoan Mothers who attended the cooking class demonstrated by Miss Bernice Kagehiro. Those who did not understand her, were explained or interpreted in Samoan by, Mrs. Lizzie Fuata

They learned how to make pumpkin pie and the pie crust. After the recipe was explained and baked, they had a sample in tasting it and commented on it as being very delicious. Many of them also tried other recipes that were given to them by Miss Kagehiro.

This is a very good experience for any Samoan mother or father who has the inability to follow a recipe by reading from a book, to come on over and join us. Our classes are opened every Saturday morning from 9:00 to 10:00 at Bldg. 12, Apt. A. The lessons are FREE.

Lizzie Fuata

FIRE SAFETY DEMONSTRATION

The Palama Friendship Association and Mr. K. Tarumoto, Mayor Wright Housing Manager sponsored a Home Fire Safety Demonstration on Friday night, November 19, 1965 at Kaumakapili Church Hall.

Mr. Bill Costa of the Honolulu Fire Dept, put on a spectacular demonstration, assisted by Mr. Robert Baker. Mr. Costa pointed out first the presence of these three elements, oxygen, fuel and heat cause a fire. Some of the important hints we learned from this demonstration were:

- Do not tamper with your light fuse.
 Test your fuse by flipping the switch
 back and forth at least four times a
 year.
- Do not store fuel in bottles and cans, unless cans have a "Safety Seal."
- 3. Do not overload your wall sockets. It can cause a short circuit, and fire in the home.
- 4. Do not smoke in the hospital ward when a patient is in the oxygen tent. Do not offer the patient a cigarette. This can be fatal.
- 5. Do not use hair spray or nail polish remover while smoking.
- 6. Do not smoke in bed.
- Do not give your children any empty aerosol cans to play with. There are accumulated vapors in the can that cause an explosion.
- Stand your Christmas trees where the wind cannot knock it down, or block your escape way in case of a fire. Use fire proof ornaments.
- 9. If your pot catches fire, get a cover or a chopping board and place it over the pot. Do not try to carry the pot anywhere. If the oven catches on fire, turn it off and close the oven door, and keep it closed.

Elizabeth Pascua

LEADERSHIP TRAINING

Coffee and teacakes started off a most stimulating evening with Mrs. Sue Mar Dawson, Executive Director, Honolulu Chapter, National Foundation, March of Dimes, as resource person and instructor. Those present were the Palama Community Action Council officers, Palama Community Pre-School Parents

Guild officers, and the Palama Friendship Association officers and committee chairman.

A very interesting and helpful film on "How to Conduct a Meeting" was shown (courtesy, Mr. Richard Kapoi and Hale Mohalu Lions Club).

Following it we had a question and answer period, where I thought everyone really tried to get their questions answered. Some of the questions asked were: Is there any formal way of conducting a meeting? Who should write the letters for publicity, the secretary or the publicity chairman? How can I get parents to attend and participate in meetings?

And so it went with Mrs. Dawson trying to help us with answers. Mrs. Dawson explained that there was no formal or specific way of handling a meeting except with courtesy and graciousness. Don't be too demanding of parents when you ask them to attend meetings and try buzz sessions with brain storming to get everyone involved in discussions. Publicity should be the publicity chairman's responsibility with help of another person if needed. Other suggestions were to speak in front of people instead of back, to use a black-board or a chart to jot down motions or even ones ideas. A short impromptu make believe meeting was held as an example. The meeting adjourned at 10:15 p.m. with members present anxious to have another session soon. It was suggested that this be considered after we've all had our own group meetings.

Hannah Gasper

REPORT ON HARRIS PRE-SCHOOL

Harris Pre-School is a full day program, which helps children of four years of age to prepare themselves for school experiences. Mr. Rudy Olando is our dependable and friendly bus driver.

Staff members at Harris Pre-School are as follows: Mrs. Fumi Inouye, head teacher, Miss Nancy Stanley, teacher, Mrs. Muriel Onishi, teacher's aide, Mrs. Edith Young, teacher's aide, Miss Donna R. Ives, secretary, who picks the lunches from Likelike Elementary School, Mrs. Kazu Vossbrink, counselor and Mr. Phil Sevilla, bookkeeper consultant.

During free period, children are involved in activities such as, puzzles, drawing, coloring paste word, singing, painting, story-telling, counting of numbers and many other enjoyable thing that they want to do. Outdoor activities include tricycle riding, pulling the wagon, climbing the jungle jym, ball throwing and running around chasing each other.

Children were transferred over to Harris Pre-School, due to the overflow of Palama Community Pre-School. These students were Paul Aano, Floria Jean Feliciano, PrimaVera Grace, Darlani Kaneao, Kasselee Maio, Doris Marquez, Fautau Togia and Jose Torres.

Until my next report on Harris Pre-School, "MAY GOD BLESS YOU ALL AND GUIDE YOU ALL IN HIS RIGHTEOUSNESS PATH."

Judith Grace

CHINESE AUCTION:

Purpose: To raise funds for Palama

and Harris Pre-Schools

Sponsor: Palama Parents' Guild

Where: Kaumakapili Church Parish Hall

When: Saturday, December 11, 1965

Time: 6:00 p.m. to 9:30 p.m.

BARGAINS GALORE FOR ONLY 10¢ to 25¢ A BID. FOOD AND EXCITING GIFT ITEMS.

PUBLIC INVITED! COME ONE! COME ALL!!!

"For Information Call"

Marie Kapoi. . . . 812-604 Susie Kama 858-197

CLERGY COUNSELING SERVICE

"I wish someone had been around to counsel with us before we got married, so we could have avoided some of the problems we're having now."

"I find it so much easier to talk to you than to my husband about my feelings, why is it?"

These are some of the comments made by tenants who have sought the help from the Clergy Counseling Service, here at Mayor Wright Housing. The Counseling center is in Building 12, Apartment 565A. There is a qualified team of 20 counselors available (just a phone call away) to help you think through your problems together with you and try to come to some conclusion. The phone number for the free counseling service is 853-812. Counseling can be done either at the center or in your apartment.

Problems in marriage, children in trouble, difficulties in family relationships, alcoholism and other personal problems are handled skillfully by the team of Protestant and Catholic clergymen who have much experience in the counseling field.

Chaplin Lewis