

**Palama
Settlement**



1928

Palama Settlement

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Head Worker.....	JAMES A. RATH



1928



CHILDREN'S PLAYGROUND WITH SETTLEMENT BUILDINGS IN BACKGROUND

ANNUAL REPORT 1928

TO THE TRUSTEES,
Palama Settlement,
Honolulu, T. H.

GENTLEMEN:

I attach herewith annual reports from the Directors of the Medical and Recreation departments and Dental Clinic.

The drastic cuts made in the budget for the last six months of 1928 hurt the work of the Recreation and Medical Departments and not only retarded their progress but prevented them adequately coping with the problems they had to meet. With the readjustment of work brought about by the retrenchment we were forced to make it is hoped we will regain all that we lost in 1928.

I would commend to your reading and consideration the reports of the department directors, for they contain a great deal of information about the work of the departments in 1928 and their aims for 1929.

The Fresh Air Camp was conducted from June 12th to August 19th, 1928. During this period 153 children were cared for at the camp for five weeks each. For the first time in the history of the camp we had an epidemic of flu and this held back a great many of the children from gaining as they should have.

This year, upon the recommendation of the Medical Committee, we are to revert to the policy in effect before 1926 and have five groups of children, each for a two weeks' stay at the camp.

The varied activities carried on by the Recreation Department are building up the membership, but with growth comes the problem of adequately supervising the work. The present staff is taxed to the limit and if this department continues to grow it will be faced with the problem of additional help in order to properly supervise the work.

The cutting through of Vineyard Street has opened up the front yard of the Settlement. Visitors to the Settlement are on the increase and as soon as possible the grounds will be put in order. The painting of the buildings and the fencing of the playground have added much to the looks of the plant.

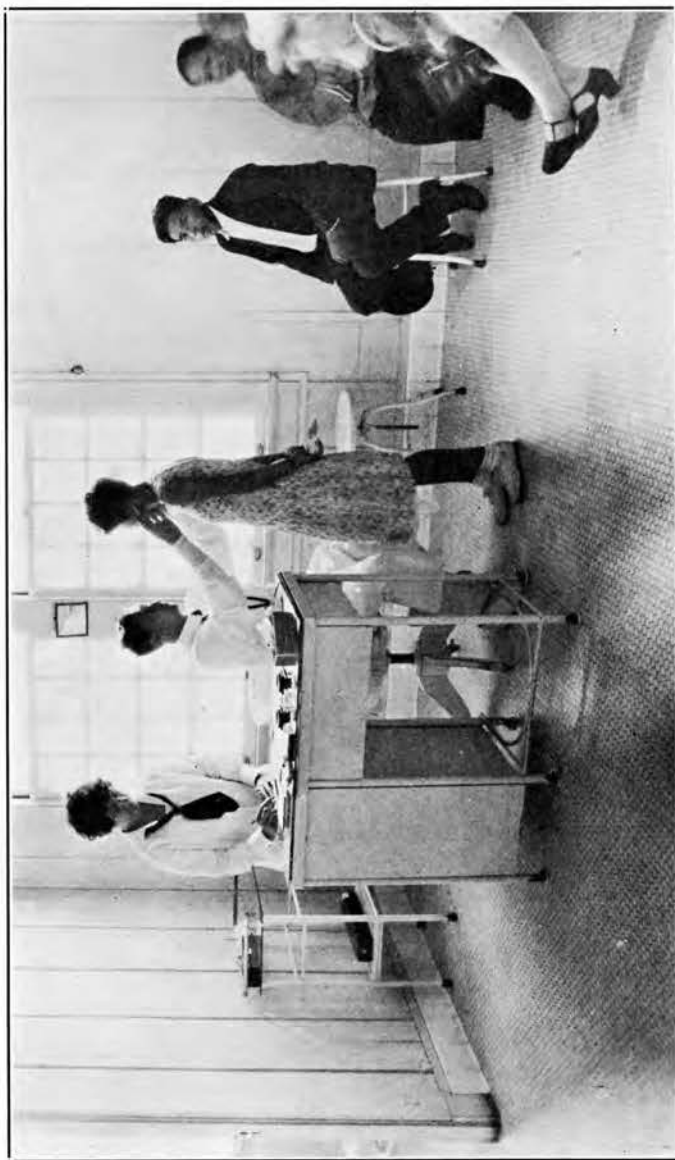
The Settlement had the largest turn over in its history in any one year in personnel. This was due not only to retrenchments that were made, but also to change in administration.

We are confronted as always with the question of trained personnel to carry on the work of the Settlement. Too many—who come from the mainland—only tarry awhile and then leave us for other pastures and until we can develop and train our own local product, we will be faced with this problem.

To all the workers, as well as the President and members of the Board, I would say "thank you."

Respectfully submitted,

JAS. A. RATH, Head Worker.

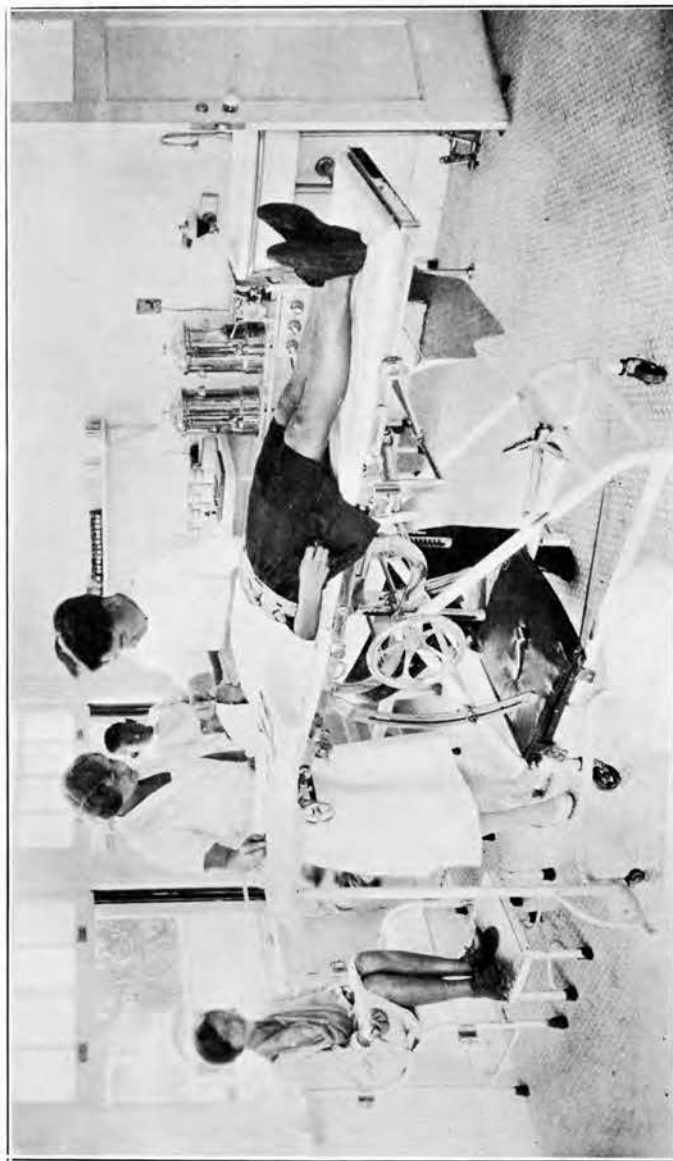


GENERAL DISPENSARY

MEDICAL DEPARTMENT

The year 1928 has been a very difficult one for the Medical Department. There has been a complete re-organization of the administration of the department and there have been many changes in the personnel of the staff. In addition to these changes, which in themselves caused many difficulties, the department was called upon to reduce its expenditure by \$4000 for the latter half of the year. The withdrawal of this sum proved a serious handicap because of necessity we were unable to fill vacancies created by resignations and the consequent additional burden of responsibility and extra work was shared by all.

The organization has developed rapidly within recent years and now holds a very important place in the welfare of the community. Gradually we are becoming weaned from the idea of the practice of medicine as a purely curative measure and more and more clearly we see in it the fulfillment of the old proverb "Prevention is better than cure". We could not do better than to adopt this saying as our slogan—emblazon it upon our buildings and in our newspapers. Nowhere could it appear too frequently. Never could it be heard too often. The object, in short, of an organization such as the Medical Department of Palama, is primarily to teach the immeasurable value of prophylactic or preventative



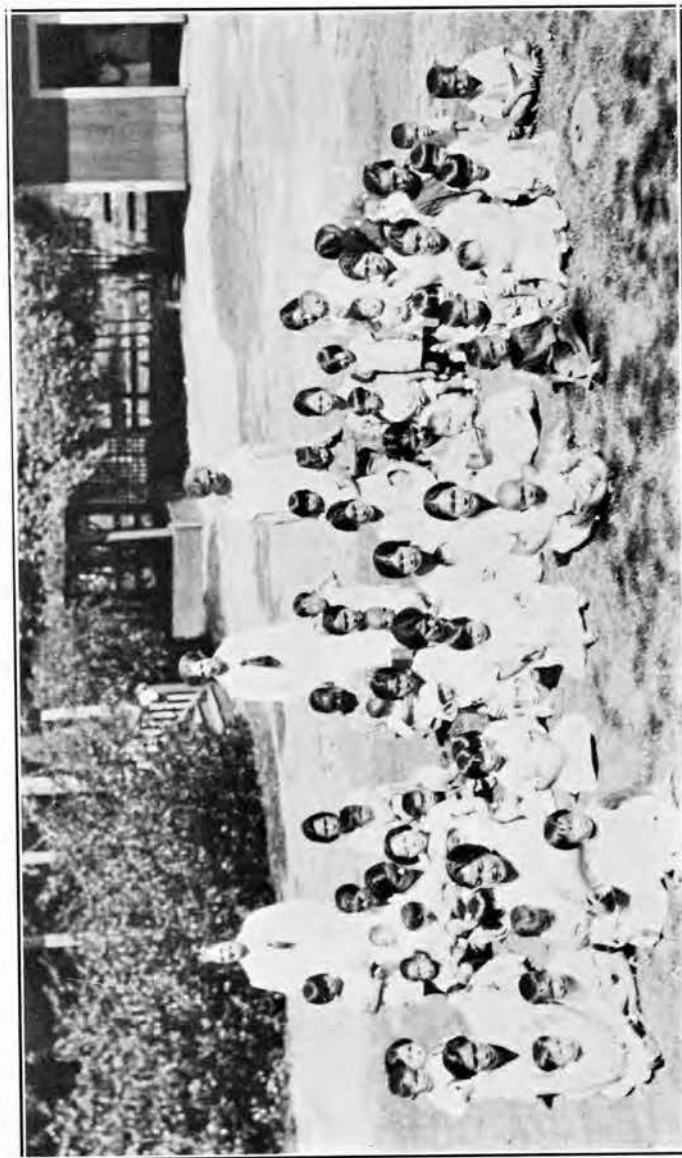
THE SURGERY

medicine and so to guard the next generation of our less informed brethren against just such health disasters as our Palama patients of today have shown. Let our object be, then, a determined endeavor to decrease the number of such patients in the future and to cause that decrease by means of parents educated to an appreciation of health and its advantages and so to the creation of healthy infants, wives and mothers.

In September with the arrival of Miss Stella Mathews, the new chief nurse, the work of the Nursing Department, while carrying on the usual activities, re-organized more nearly to approach the standards as set by the National Organization of Public Health Nursing. Few of the changes made became effective in 1928 but plans for an educational program, including lectures to be given to classes of mothers, high school girls, (9th grade) and to girl scout leaders, were well under way.

A much closer liason has been established with the nurses of the Board of Health, which obviates any overlapping in the work of the two organizations. A great advance in preventative medicine was made in the immunization against diphtheria and vaccination of the vast majority of those attending baby clinics, and this move, coupled with the toxin anti-toxin campaign of 1929, should go far towards the eradication of diphtheria in Honolulu.

In comparing the work of 1928 with that of 1927 we find that there has been an increase of over 3500 nursing visits made and a large increase in the number of treatments given at kindergartens in district dispensaries. There is a decrease in the number of kindergarten exami-



ONE OF THE BABY CLINICS

nations and a slight decrease in the number of registered babies. The former decrease is due to the fact that it has been decided to examine the kindergartens less frequently in order that the nurses may be able to devote more time to visiting the homes of the children. The latter decrease is accounted for because fewer clinics were held owing to our reduced staff, both of nurses and doctors. There is an increase in the number of pre-school children attending clinics.

14,388 patients attended the general clinic at Palama, which is the clearing house of the Medical Department. An increase of almost 3,000 cases over the preceding year were handled by this clinic. By reorganizing the work of this clinic we have been able to handle the additional cases and by dividing the medical from the surgical patients both types have received more thorough and efficient treatment.

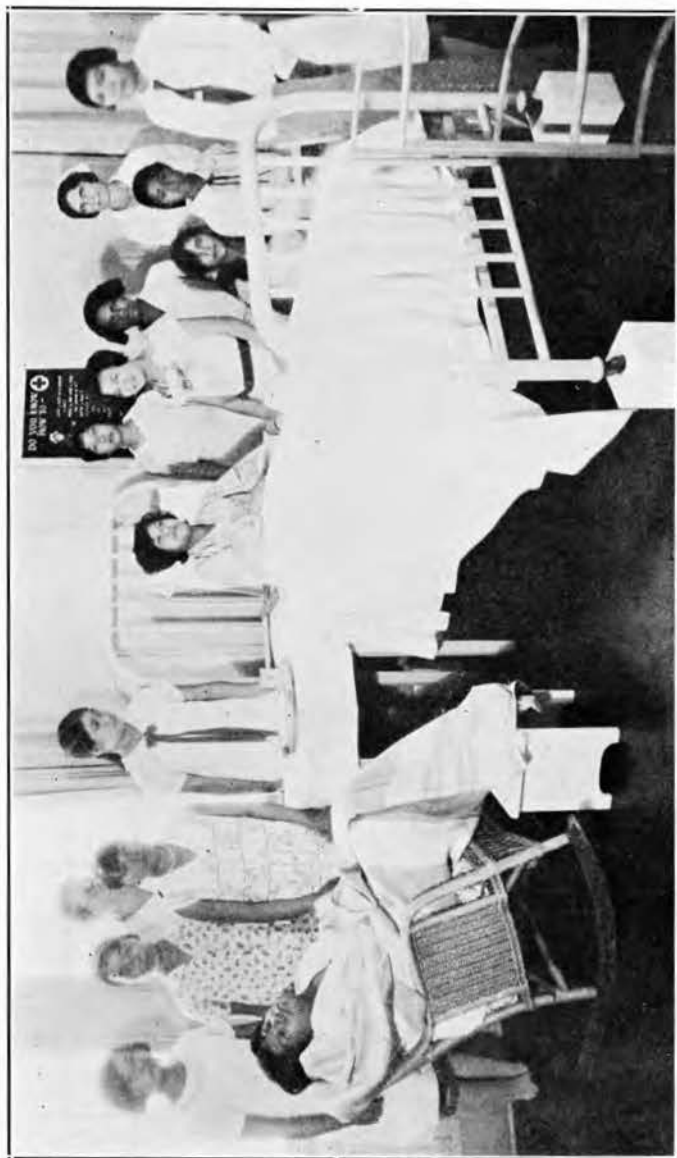
SPECIAL CLINICS

The Chest Clinic has been discontinued and all tuberculous and suspect cases are now referred directly to the Tuberculosis Bureau of the Board of Health. All the X-Ray work of this bureau is now being done at Palama.

A new special clinic, the Neurological Clinic, has been started. To this clinic all cases requiring special examination and treatment of the nervous system are referred.

Another special clinic, the Heart Clinic, is being organized and will be started at the beginning of the year.

The work of all special clinics—namely, Dermatological; Eye, Ear, Nose and Throat; Prenatal; Orthopedic and the Adult Dental Clinic,



DEMONSTRATION OF HOME HYGIENE AND CARE OF THE SICK WITH JUNIOR HIGH SCHOOL GIRLS

has increased, there being 1,318 more cases handled this year than last. This is a very large increase when it is remembered that all these patients are given a special examination.

MEDICAL SOCIAL SERVICE DEPARTMENT

The efforts of the Medical Social Service Department have been directed toward perfecting the plan of unification of departmental policies in regard to admission of cases and the developing of working relations with cooperating agencies.

All families and individuals applying for care, either medical, adult or pre-school dental, or nursing (excepting private nursing cases or private physicians), are admitted by a uniform standard of financial eligibility. Ineligible cases of private physicians are referred to them. Eligible cases are submitted or referred to their physician according to the physician's decision. The number of new families admitted to the Medical Department during the past year is approximately the same as the preceding year. 1,841 new interviews were taken on old cases to determine any changes in the family status which would affect their eligibility. A thousand home visits were made, which is an increase of five hundred over the preceding year. As a result of these interviews 60% more cases were declared ineligible over last year.

In almost 1,200 individual cases the Medical Social Service Department has worked with other agencies, hospitals, courts, charitable organizations and institutions. This is an increase of more than 500 individual cases over last year. While figures cannot possibly measure the co-

operation between organizations, the increase is indicative of a marked development in efficient working relationships.

ACKNOWLEDGMENTS

We are deeply indebted to those of the medical profession who have so generously given their services to Palama. Without their generous support and cooperation the Medical Department would have been unable to carry on its beneficent work. Our thanks are due to the City and County Physician and his staff, the Board of Health, the various hospitals, the Social Service Bureau, and all other agencies which have worked with us throughout the year.

I wish especially to thank the Medical Committee, the Head Worker and all members of the Medical Department for their unfailing and generous assistance during the difficult but successful year of 1928.

M. A. CASSIDY, M. D.

Medical Director.

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M. A. CASSIDY, M. D.

Medical Director.

STATISTICAL REPORT
1928
DISTRICT NURSING—BABY CLINICS, PRE-
SCHOOL, PRENATAL AND MATERNITY

DISTRICT NURSING

Medical Cases forwarded from December 31, 1927	42	
New Cases	300	
Readmitted Cases	808	
Private Cases	50	
Emergency Cases	2	1,160
		<hr/>
	1,202	
Cases Discharged	1,166	
		<hr/>
Cases remaining December 31, 1928.....	36	

CONDITION ON DISCHARGE

Good	262	
Recovered	249	
Improved	377	
Unimproved	258	
Unknown	10	
Died	10	
		<hr/>
TOTAL		1,166

DISCHARGED TO:

Board of Health	3
Died	10
Emergency Hospital	2
Family	806
Friend	8
Fresh Air Camp	2
Korean Home for Old Men.....	1
Leahi Home	4
Medical Social Service Dept. (Palama Settlement)	154
Mineoka Home	5
Unable to locate.....	10
Obstetrical Department (Palama Settlement)	1
Orthopedic Clinic (Palama).....	1
Palama Settlement Dispensary.....	31
Private Physician	33
School Nurse	1
Self	76

Shriner's Hospital	2
Social Service Bureau.....	3
St. Francis Hospital.....	1
St. Mary's Mission	5
Susannah Wesley Home	1
Veneral Disease Clinic.....	6

TOTAL

1,166

VISITS MADE

Nursing	7,183
Prenatal	1,767
Eligible Prenatal	497
Registered Baby	16,201
Eligible Baby	3,036
Pre-school	9,560
Eligible Pre-school	904
Fresh Air Camp	964
Eligible Fresh Air Camp.....	612
Kindergarten	1,089
Other	9,509

TOTAL NUMBER OF VISITS

51,322

TREATMENTS GIVEN

Kindergartens	10,177
Dispensaries	3,479

TOTAL NUMBER OF TREATMENTS GIVEN

13,656

EXAMINATION

Kindergarten Children	39,536	39,536
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GRAND TOTAL

104,514

BABY CLINICS—1928

Total Registration for 1928.....		1,853
Number carried forward from 1927	946	
Number of new babies admitted under 1 Year old.....	755	
Number of new babies admitted 1-2 Years old.....	107	
Readmitted babies under 1 Year old	11	
Readmitted babies 1-2 Years old....	34	
TOTAL REGISTRATION.....		1,853

DISCHARGES

Moved	316	
Uninterested	256	
Pre-school	184	
Mother unable to come.....	138	
Over age	27	
Children's Hospital	2	
Palama Dispensary	1	924
Died:		
Under 1 Year	18	
1-2 Years	5	23

TOTAL NUMBER DISCHARGED 947

Number of babies in clinics 1928.....	1,853
Number discharged	947

BALANCE REMAINING DEC. 31, 1928 906

Nationalities Dead Babies

Cause of Death

American-Samoan	1	Bronchitis, acute	1
Filipino	2	Diphtheria	1
Hawaiian	1	Enteritis	3
Hawaiian-Asiatic	3	Gastro-Enteritis	4
Hawaiian-Caucasian	3	Acute Intestinal Indiges-	
Japanese	7	tion	1
Korean	2	Congenital Syphilis and	
Porto Rican	3	Nasopharyngitis	1
Filipino-Russian	1	Malnutrition and Gastro-	
		enteritis	1
		Lobar Pneumonia and	
		Malnutrition	1
		Acute Bronchitis and	
		Dyspepsia	1
		Pneumonia, broncho	3
		Pneumonia, lobar	3
		Uremia, Acute Nephritis,	
		Lobar Pneumonia	1
		Lobar Pneumonia and	
		Empyema	1
		T. B. Meningitis	1

23

23

NATIONALITIES NEW BABIES

Under One Year

One and Two Years

Arabian	1	Arabian	1
American	8	American	3
British	1	Chinese	4
Chinese	28	Filipino	5
Filipino	55	Hawaiian	2
German	1	Hawaiian-Asiatic	6
Hawaiian	28	Hawaiian-Caucasian	9
Hawaiian-Asiatic	51	Japanese	46
Hawaiian-Caucasian	64	Korean	3
Japanese	270	Portuguese	5
Korean	33	Porto Rican	10
Portuguese	53	All Others	13
Porto Rican	54		
Russian	1		
Samoan	1		
Spanish	3		
All Others	103		

TOTAL 755

TOTAL 107

Readmitted

Readmitted

Chinese	1	Filipino	3
Hawaiian	1	Hawaiian	1
Hawaiian-Asiatic	2	Hawaiian-Asiatic	2
Hawaiian-Caucasian	1	Hawaiian-Caucasian	4
Japanese	3	Japanese	13
Porto Rican	2	Portuguese	2
All Others	1	Porto Rican	5
		All Others	4

TOTAL 11

TOTAL 34

Number of Clinics held during 1928.....	637
Total Attendance	14,194
Average Attendance	22

PRE-SCHOOL CLINICS—1928

Total Régistration for 1928.....	987
Number carried forward from 1927	508
New Children enrolled.....	265
Transferred from Baby Clinics.....	185
Readmitted	29

TOTAL REGISTRATION..... 987

DISCHARGED:

Moved	167
Uninterested	97
Mother unable to come.....	68
Kindergarten	60
Board of Health	3
Leahi Home	1
School	7
Over age	2
St. Elizabeth's Mission	1
Children's Hospital	1

TOTAL NUMBER DISCHARGED 407

Number of children registered in Clinics 1928	987
Number of children discharged.....	407

BALANCE REMAINING DEC. 31, 1928..... 580

Number of Clinics held during 1928.....	637
Total Attendance	8,540
Average Attendance	13

NATIONALITIES NEW CHILDREN

American	5
Chinese	24
Filipino	45
Hawaiian	18
Hawaiian-Asiatic	23
Hawaiian-Caucasian	30
Japanese	159
Korean	23
Porto Rican	40
Portuguese	29
Russian	1
All Others	53

TOTAL 450

NATIONALITIES READMITTED CHILDREN

Chinese	3
Filipino	6
Hawaiian	2
Hawaiian-Asiatic	4
Hawaiian-Caucasian	2
Japanese	3
Porto Rican	2
Portuguese	5
All Others	2

TOTAL 29

PRENATAL AND MATERNITY—1928

<i>Duration of Pregnancy when admitted to Clinic</i>	<i>Nationalities of Admitted Cases</i>	
1st	American	4
2nd	Chinese	8
3rd	Filipino	23
4th	Hawaiian	28
5th	Hawaiian-Asiatic	8
6th	Hawaiian-Caucasian	12
7th	Japanese	45
8th	Korean	18
9th	Portuguese	46
Doubtful	Porto Rican	68
Undetermined	Russian	1
No exam. made (not eligible)	Spanish	10
	Italian	1
	All Others	17
TOTAL	TOTAL	289

<i>Private Physician (Palama Nurse)</i>	<i>Nationalities of Private Cases (Palama Nurse)</i>	
Dr. Benz	American	3
Dr. Bonde	Chinese	17
Dr. Chinn	Filipino	1
Dr. Chandler	Hawaiian	15
Dr. Culpepper	Hawaiian-Asiatic	3
Dr. Duryea	Hawaiian-Caucasian	4
Dr. Fronk	Japanese	1
Dr. Halford	Portuguese	32
Dr. Hodgins	Porto Rican	2
Dr. Jeffreys	Russian	1
Dr. Liu	Samoan	1
Dr. Millard	Spanish	2
Dr. McVeagh	All Others	4
Dr. Osorio		
Dr. L. Phillips		
Dr. Pang		
Dr. Putman		
Dr. Reppun		
Dr. Saunders		
Dr. Schattenberg		
Dr. Wynn		
Dr. Wynn & Fronk		
Dr. Yang		
TOTAL	TOTAL	86

DISPOSITION OF CASES

<i>Deliveries</i>		<i>Nationalities of Deliveries</i>	
Clinic Dr. & Nurse	29	American	5
Private Dr. (Palama Nurse)	86	Chinese	24
Private Dr. (Hospital) ..	2	Filipino	23
Private Dr. (Home)	2	Hawaiian	38
Hospital:		Hawaiian-Asiatic	11
Queen's	76	Hawaiian-Caucasian ..	16
Kapiolani	43	Japanese	45
St. Francis	1	Korean	17
Family	41	Portuguese	77
Nurse Alone	26	Porto Rican	63
Midwife	45	Russian	2
Self	5	Spanish	15
		Samoan	1
		All Others	19
	356		356

<i>Discharges</i>		<i>Nationalities of Discharges</i>	
Moved	21	Chinese	1
Not Pregnant	8	Filipino	5
Private Physician	10	Hawaiian	6
Miscarriage	3	Hawaiian-Asiatic	1
Abortion	2	Hawaiian-Caucasian ..	5
Not eligible	2	Japanese	6
Uninterested	2	Korean	3
		Portuguese	4
		Porto Rican	12
		Spanish	2
		All Others	3
	48		48
TOTAL	404	TOTAL	404

PHYSICIANS IN ATTENDANCE

<i>(Clinic Cases)</i>	
Dr. Benz	2
Dr. Cassidy	1
Dr. Chandler	1
Dr. Duryea	2
Dr. Honl	2
Dr. Jeffreys	2
Dr. Lam	1
Dr. Li	1
Dr. McVeagh	2
Dr. C. Phillips	7
Dr. Pang	6
Dr. Reppun	1
Dr. Saunders	1
TOTAL	29

VARIETY OF CASES

Normal Deliveries	312	
Normal Deliveries (still born).....	3	
Normal Deliveries (breech presentation)	3	
Instrumental	29	
Instrumental (breech presentation)	1	
Instrumental (stillborn)	1	
Instrumental (Hydrocephalus craineotomy)	1	
Abortion	2	
Premature	4	
Miscarriage 3 months	1	
Miscarriage 4 months	2	
Macerated fetus	1	
Not pregnant	8	
Not eligible	2	
Not interested	2	
Moved	21	
Stillborn (Bimanuel)	1	
Private Physician	10	
TOTAL	404	
Number of Clinics held during 1928.....		149
Total Attendance		1,278
Average Attendance		9
Males	187	
Females	173	

SUMMARY CLINICS 1928

NUMBER OF NEW CASES

Dispensary	2,331	
Eye, Ear, Nose & Throat.....	682	
Skin	210	
Chest	81	
Orthopedic	78	
Neurological	11	
Dental-Pre-school and Adult	1,793	
TOTAL		5,186

NUMBER OF OLD CASES

Dispensary	12,057	
Eye, Ear, Nose and Throat.....	1,276	
Skin	381	
Chest	56	
Orthopedic	99	
Neurological	2	
Dental-Pre-school and Adult	3,106	
TOTAL		16,997

Total Number of New Cases.....	5,186	
Total Number of Old Cases.....	16,977	
GRAND TOTAL		22,163

NUMBER OF TREATMENTS GIVEN

Dispensary	14,388	
Eye, Ear, Nose and Throat.....	1,958	
Skin	591	
Chest	137	
Orthopedic	177	
Neurological	13	
Dental-Pre-school and Adult.....	4,899	
TOTAL		22,163

TOTAL NUMBER TREATMENTS GIVEN

Dispensary	14,388	
Special Clinics	7,775	
Kindergartens	10,177	
Dispensaries (outside)	3,479	
Prenatal	1,278	
TOTAL		37,097

Total Examinations Kindergarten Children	39,536	
Total Receiving Desk Interviews.....	774	

GRAND TOTAL		77,407
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MEDICAL SOCIAL SERVICE DEPARTMENT

1928

CONFERENCES WITH PATIENTS

New Cases	1,832	
Re-Classifications	1,841	
Social Service Conferences.....	595	4,268

Conferences with Workers.....	251
Conferences with Physician or Nurse	230

TOTAL INTERVIEWS.. 4,749

VISITS

For Eligibility	350
For Relief	63
For Supervision	328
To Agency	323

TOTAL VISITS 1,064
Cases Ineligible 758

CASES REFERRED BY OTHER AGENCIES

Agricultural Experimental Station	1
Board of Health.....	150
California Packing Company.....	7
Christian Church	1
Children's Hospital	5
Court of Domestic Relations.....	27
Columbus Welfare	16
City & County Jail.....	4
Dental Clinic	1
Emergency Hospital	53
Hawaiian Pineapple Company.....	15
Humane Society	1
International Institute	3
Japanese Hospital	2
Kalihi Orphanage	1
Korean Christian Institute.....	3
Lunalilo Home	1
Leahi Home	2
Palama Settlement Gymnasium.....	1
Plantation Nurse	2
Queen's Hospital	29
Salvation Army	10
Seamen's Institute	1
Social Service Bureau	72
Susannah Wesley Home	1
St. Francis Hospital	3
Shriner's Hospital	2

The Clinic	1
Territorial School for Deaf & Blind	2
Territorial Hospital	2
Venereal Disease Clinic.....	3
Y. W. C. A.....	2
Dr. Ahana	1
Dr. Benz	2
Dr. Benyas	1
Dr. Chandler	1
Dr. Chin	1
Dr. Chock	1
Dr. Craig	1
Dr. Faus	1
Dr. Fronk	2
Dr. Goodhue	1
Dr. Hayes	1
Dr. Hanchett	2
Dr. Hutchinson	1
Japanese Doctor	1
Dr. Morgan	1
Dr. Leong	1
Dr. Liu	1
Dr. Palma	1
Plantation Doctor	1
Dr. Van Poole	1
Dr. Yang	5

TOTAL 452

CASES REFERRED TO OTHER AGENCIES

Board of Health.....	1
Court of Domestic Relations.....	1
Children's Hospital	292
Dr. Eckerdt	2
Industrial Accident Board.....	1
Humane Society	2
Kapiolani Hospital	36
Lunalilo Home	1
Dr. Porteus	7
Police Department	1
Queen's Hospital	300
Shriner's Hospital	4
St. Francis Hospital	2
Social Service Bureau	84
Territorial Hospital	3
Y. W. C. A.....	3
Y. M. C. A.....	4

TOTAL 744

X-RAY TECHNICIAN—1928

PICTURES

<i>Chest</i>	
Active for Tuberculosis.....	108
Negative for Tuberculosis.....	88

Suspicious of Tuberculosis.....	77	
Lobar Pneumonia	1	
Chronic Bronchial Asthma.....	1	275
<hr/>		
<i>Bone Injury</i>		
Positive	131	
Negative	98	
Suspicious	1	230
<hr/>		
<i>Kidney</i>		
Non-Pathological	1	1
<hr/>		
<i>Gall Bladder</i>		
Negative	1	1
<hr/>		
<i>Heart</i>		
Pathological	7	7
<hr/>		
<i>Foreign Body</i>		
Positive	4	
Negative	3	7
<hr/>		
<i>Sinuses</i>		
Pathological	8	
Non-Pathological	10	18
<hr/>		
<i>Thymus</i>		
Non-Pathological	1	
Pathological	1	2
<hr/>		
<i>Dental</i>		
.....	4	4
<hr/>		
<i>Foetus</i>		
Negative	3	3
<hr/>		
<i>Mastoid</i>		
Pathological	5	
Non-Pathological	1	6
<hr/>		
<i>Jaw</i>		
Positive	1	1
<hr/>		
<i>G. I. Series</i>		
.....	2	2
<hr/>		
<i>Skull</i>		
Negative	1	1
<hr/>		
	TOTAL	558
<hr/>		
TREATMENTS		
Skin	156	156
<hr/>		
Lipiodal Treatment	2	2
<hr/>		
PHYSIOTHERAPY		
Baking	275	
Massage	126	401
<hr/>		
GRAND TOTAL		1,117

RECREATION DEPARTMENT

MR. JAMES A. RATH,
Head Worker, Palama Settlement.

DEAR SIR:

"Recreation for the largest possible number of people" has been the practical goal of the Recreation Department this year. Special privileges have been largely eliminated, thus attracting many groups that were standing outside looking in, and the "tabu" placed on free play, enabling us to care for larger numbers and more groups than heretofore. The immense Palama Gang, consisting in spirit at least of practically all the youth of the district, has been sliced up into several sections and community club organizations started around these, making it possible to attempt intra-mural sport and club competitions and to establish several much needed leagues for the athletes we develop through our "youngster" club work, but who drift to other organizations because we have not been providing sufficient competition for them after they have outgrown the "junior" stage. I should like to quote from a Pacific Herald article of September 16th, 1928:

"Palama Settlement is rapidly developing into a Community Center. Situated as it is in the heart of the congested Palama District and having no barrier of race or religion it can cater to the poor or rich, old or young, with an adequate program aiming toward the physical, mental and moral development of all. Here the working girl can improve her earning capacity



BOYS' AND GIRLS' ACTIVITIES

- (1) Japanese Dancers—Annual Palama Circus. (2) Girls' Cooking Class.
 (3) Boys' Project School showing construction of circus animals.

through various home-making courses and the school girl secure proper physical exercise and rhythmic training. Here the 'diving boy' can keep out of mischief through organized athletics, and the high school boy take part in all-around club programs with boys of his own choosing.

"The Medical and Dental Work of Palama Settlement is best known in Honolulu. District and 'O.B.' Nurses have relieved suffering in practically every part of the city, and school children from many of the public schools had their aching teeth removed or filled at Palama. The Recreation Department, with its splendid equipment, has aided in the improvement of health by cleaning up the dirtiest youngsters of the neighborhood, by providing a safe play-space, by physical examinations and other check-ups, and by other means of health-education which can be put to practical use in the Palama District better than in any other section of the city, in all probability.

"But Palama does not cater to only the play instinct of the individual. Unless the group is willing to take part in a well-rounded program it cannot be tolerated. Only last Winter a group of high school boys insisting on a twelve-month basketball program had to be broken up in the interests of the whole club program. Senior clubs, on the other hand, are able most always to provide an adequate program of their own that needs little assistance other than occasional advice. Community Sundays—the first one of each month—free athletic contests in season, and the like, all help to draw in the community as each individual finds some appeal to his needy nature.

“Who gets the greatest good from Palama Settlement? He who takes an active part in its affairs; who keeps in close touch; who tries to help others by teaching them something in which he happens to be especially proficient. The Junior who coaches a group of Midgets to play basketball properly, gets a big thrill. The boys gain in agility and he in ability and in the satisfaction of having helped others. Palama offers the community a place to really re-create itself. An exceptionally fine opportunity to help one's self by unselfish service to others. Palama Settlement welcomes members who have 'service to others' in their hearts”.

GIRLS' AND WOMEN'S DIVISION

Previous to September the Girls' work was directed by Miss L. S. Reed, who outlined an organized scheme of club and class work for the department, and organized the social dancing groups. Miss Pauline Brown, her assistant, returned to her home in Ohio in August, after three years of fine service at Palama. Miss Meredith, a part-time worker and one skilled in vocational arts, through the cooperation of Mrs. Edwards of the Territorial Department of Education, handled several home economic classes until September, when she entered local school work.

Miss Mary Peabody became the director of Girls' and Women's work in September, and with the splendid assistance and excellent cooperation of Mrs. Iwalani Adelmeyer, full-time assistant, Miss Beatrice Bright, part-time assistant, Miss Hattie Chock, in charge of children's playground, and Mrs. Fukuda, who assists with the Mothers'

English classes, built up the membership of this department one hundred eleven percent in the first three months of her directorship. December was used to “catch up” with the work and see that the many new members were getting into sufficient activities. The actual membership figures in the Girls' and Women's Department are:

August 31, 1928.....	136
November 30, 1928.....	287
December 31, 1928.....	292

Carefully planned school and home visitation work two mornings a week have proved invaluable to the work of the Recreation Department. Several new phases of the work put into operation late in 1928 or scheduled to start early in 1929 were found necessary or advisable through this cooperation medium. The plan to take over considerable of the physical education work for children of the fourth, fifth and sixth grades of the local schools, was suggested by Mrs. Adelmeyer when it was found that practically no physical education or club work was being attempted for these youngsters, outside of a few games at recess periods. 2,203 children of these grades will soon be cared for by the well-trained Palama Recreation staff and its fine equipment, according to the schedule being worked out by us for Mr. Webbling of the Department of Education, providing all of these schools care to respond to the very worthwhile invitation offered them. J. A. Rath, Jr., and Miss Peabody will see that an adequate physical education program is provided for the boys and girls sent to us, and team-play and discipline taught them. While a membership fee will not be required, an adequate “follow up” will be made in each of the

schools with the cooperation of the principals and teachers, and members secured so that these can be available for our clubs and summer activities.

The work since September has been to coordinate all the activities. Art classes, using Normal School methods, provide decorations for parties and seasonal reminders. Cooking classes assist with the parties, and make and sell cakes and cookies to buy supplies for the work. Rummage sales help the community and at the same time provide revenue for fixing up the kitchens, rest rooms, etc. The electric Panatrobe which arrived shortly before Christmas will make possible the resumption of folk dancing and the establishment of new social dancing classes. Miss Peabody and her assistants have put their youthful vigor into practical and worthwhile accomplishments. An outline of the activities for 1928, as submitted by Miss Peabody includes:

CLASSES

<p><i>Physical</i></p> <p>Athletics Formal Gymnastics Baseball Basketball Volleyball Games Dancing Folk Social Swimming Playground</p> <p><i>School</i></p> <p>Kindergarten (To June 1928) Play School Summer School</p> <p>Girl Scouts Girl Reserves Brownies</p> <p><i>Library</i></p>	<p><i>Home Economics</i></p> <p>Cooking Art Painting Tie-dyeing Drawing and cutting Sewing Fancy work Dressmaking Costume appreciation</p> <p><i>Educational</i></p> <p>English Speaking Arithmetic English Piano Stories</p> <p>CLUBS</p> <p>P. A. C. Basketball Mahaloni Gym Malola Swimming <i>Employment</i></p>
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The Social Dancing Class, formed by Miss Reed in March, has been the only class to which the boys and girls can both belong. Started as two separate classes—beginners and advanced—it was made into one large class for the summer. During the Fall it was reorganized to keep only those of high school age. A mixed English class will be organized in January.

The Palama Athletic Club Basketball team played many of the teams on this island and a home and home series with Maui, winning all their games.

The Brownie Pack, while of an outside organization, has been taken over by Mrs. Adelmeyer with great success. It is only the second registered Pack in the Islands. Those who could not pay for their costumes and pins have earned the money for them here.

The Summer School held for ten weeks was a success as far as bringing in new members and having good attendance. There was a definite program carried on every afternoon for those attending the school, but our other children, not belonging to the summer school, felt as though they didn't belong, so many did not come at all. The Play School, on the other hand, kept many of the kindergarten children and brought in a few others besides.

Once a week Mrs. Burt Adams Tower came to tell stories to the children in the club rooms. After September this was taken over by Mrs. Rath, who chose the children's playground as a more favorable spot and was always awaited by an eager and attentive group.

Outside organizations using the Settlement were:

Miss Barber—Piano, Auditorium.
Girl Scouts—Meetings, Games, Swimming,
Life-Saving.
Playgrounds—Volleyball and Baseball Games.
Kamehameha—Gym and Swimming twice a
week—January to June.
Normal School—Gym, twice a week—January
to June.
Susannah Wesley Home—Dancing, once a
week—December.
Hawaiian Electric Club—Gym, two Sundays.
Dr. D'Eliscu—Swimming Classes.
Social Workers' Association—Dinner.
Doctors—Luncheon.
Competitive games were played with:
Kamehameha—Basketball.
Priory—Basketball and Volleyball.
Normal—Basketball.
McKinley—Basketball.
Liliuokalani—Volleyball.
Playgrounds—Baseball.
Lahaina—Basketball.

BOYS' AND MEN'S DEPARTMENT

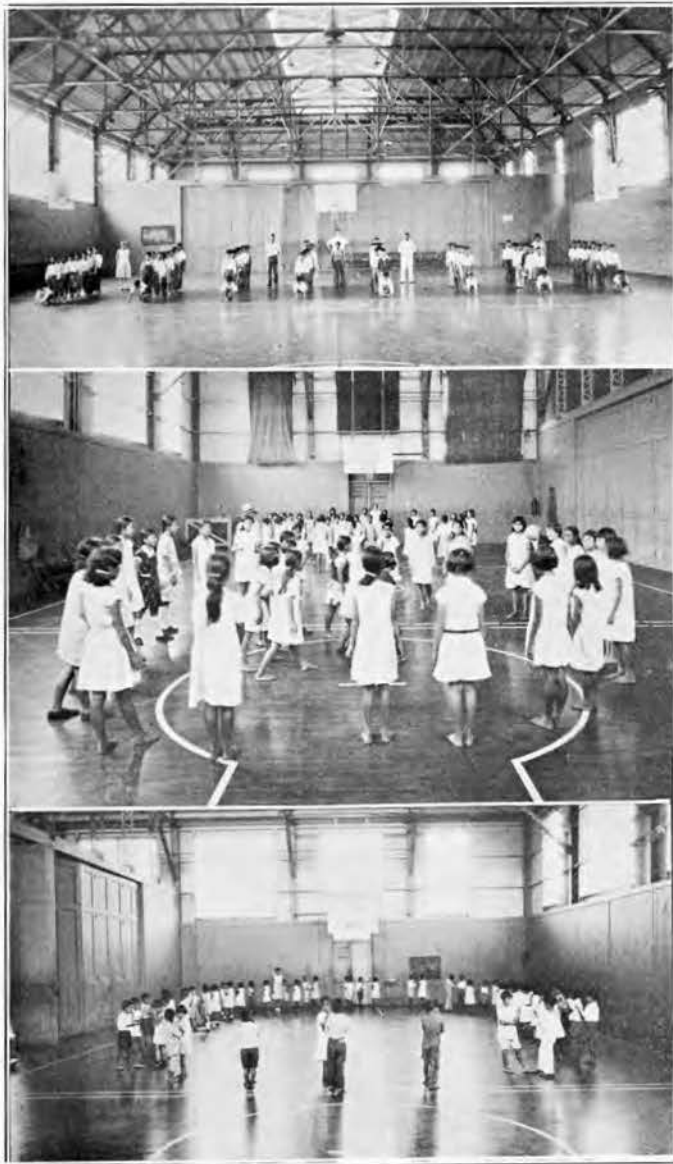
With the resignation of Mr. H. W. Waltz as Recreation Director in August, came a reorganization of the Boys' and Men's Department. J. A. Rath, Jr. was appointed Assistant Recreation Director and when W. A. McKillip resigned to enter business, Wilder Parker was made assistant in charge of the Senior Athletic Teams and most of the physical activities. Solomon Naauao succeeded Charles Miner as Locker Room Manager with Anthony Asam signed as his assistant. All physical and club activities since August have cleared through the Recreation office.

SENIOR TEAMS

Wilder Parker managed the A. A. U. Basketball, Rainbow Relay, Track and Volleyball teams all of which took championships for Palama. He also managed and Dr. Paul Withington coached the first Palama Senior Football team in several years—one which had a disastrous season, financially and athletically, due quite largely to the lack of a well organized Senior League. The Swimming Team under Charles Miner was entered in the Diving Boys, Japanese, Chinese, Triangular and National Championship Meets. The Senior Soccer team fared rather poorly and this year J. A. Rath, Jr. is building a new team from green material. He is also coaching the Swimming Team. Wilder Parker is again handling basketball with Hong Ying assisting him.

CITYWIDE TEAMS

The 1928 Citywide Soccer team was runner-up to the Saint Louis College team, while the basketball team romped off with its fifth league championship in a row. This year we are entering four teams in the basketball circuit and three of them seem certain of taking district titles. The four teams—Anthony Asam's Maui Gang; John Puaaloa's Shell Oil; William Flazer's Aristos, and Eddie Hosaka's Comrades engaged in a "Trampski" over practice league in December with the first three squads in a triple tie at the close. The Citywide Football team managed by J. A. Rath, Jr., and coached by Anthony Asam, beat Kalihi to win sectional honors, but lost the title to Moiliili by a single touchdown. Charlie Miner's Junior Baseball team made a



PHYSICAL EDUCATION ACTIVITIES FOR THE PUBLIC SCHOOLS
 (1) Relays—Robello Boys; (2) Dodge ball—Robello Girls; (3) Folk
 Dancing—Lanakila Pupils.

good showing and this year three Junior and two Senior teams will be entered in the City-wide loops. J. A. Rath, Jr., is coaching and managing the Citywide Soccer team. A team may be entered in the Paradise Baseball League.

PALAMA LEAGUES

Palama conducts a few "club feeder" leagues to attract members to our program and to give our boys a chance to take part in organized competition under strict officiating. The Aristos, a local group, won the fifteen team 120 Pound Basketball League, while the Nishikiyas, also members at Palama, captured the football championship and made a trip to Hilo. Two Palama Playground baseball leagues with a total of sixteen teams provided a Sunday summer program when most of the larger boys were busy in the pineapple canneries. A "Lane and Alley" circuit will be started in February and other leagues will follow as the need arises.

CLUB LEAGUES

The High School Club Division of six active groups was the strongest 1928 organization and seasonable leagues were conducted in indoor baseball, volleyball, football, and basketball with track and swimming meets thrown in for good measure. Attractive club get-togethers were held, featuring debates, initiations, etc. The McNerny Club with Nolle R. Smith as advisor, won the koa wood shield presented for the best all-around club. At the close of the citywide basketball season the Palama teams will be combined with those of the "All-Professional" or "weight unlimited" circuit to form an Allegro

"A" Club Division, with the "Lane and Alley" loop to become an Allegro "B" affair.

MIDGET AND JUNIOR CLUBS

Maha Tomita's Black Cats captured the first koa wood Midget Shield after an active year of all-around competition, after which practically all the boys graduated into the Junior-Intermediate Division. While the Midget organization was the strongest one a year ago, the other is the largest and more active circuit this year, and J. A. Rath, Jr. provides a good athletic program for them each Wednesday night and during school vacation periods. He is also conducting a tumbling class for some of our boys at Kalakaua Junior High. The Junior-Intermediate Division consists of four clubs each with a group of boys under and over 100 pounds, making eight teams in all. The Midget Division of three clubs, holds forth each Saturday morning. Drawing classes under Mr. Weissman of Fort Shafter interest quite a few of them.

SENIOR CLUBS

One Senior club, the Comrades, has been organized a year and has had a very worth-while program. They are always ready to help out with the younger boys' parties, and hold picnics, and chop suey and Japanese feeds of their own. In November they ran a Japanese movie in the gymnasium that attracted three hundred adults on a rainy evening. While a weak group athletically, they play basketball or volleyball after their Saturday night club meetings and may enter the Citywide basketball league. Most of the members of this group are high school seniors or graduates and come from all over town. J. A. Rath, Jr. has started preliminary

organization work with the Japanese Tennis group and has drawn up a constitution for them, but tennis is the only function to date.

BOYS' GAME ROOM

Stowell Wright of the University managed the Game Room until May when he left for the Orient with the Pan-Pacific Debating team. Akira Misawa and Solomon Naauao split the shift between them until Naauao joined the Locker Room staff after which Misawa handled the room with the assistance of Eddie Hosaka. The game room cares for boys who otherwise would have congested the lobby of the Gymnasium at the basketball games; keeps youngsters off the street; teaches them social contacts, and acts as a feeder for the various clubs.

SUMMER PROJECT SCHOOL

The Summer Project School was an unqualified success as an experiment and will be repeated in 1929. Coping saw work, mechanical toy construction, etc., are easily taught and are very popular with the boys who would otherwise be "chasing the streets". One morning a week the boys are taken for a swim in the ocean and one afternoon a party visits a local museum. In July the boys' attentions were directed toward the big event of the year—the annual circus—and the old animals trotted out and repaired, while new ones were invented for the occasion. Eighteen hundred people, mostly youngsters, are estimated to have witnessed the big 1928 show with about two hundred turned away, even though it was held in the large gymnasium. Next summer two performances will have to be given.

TEAMS AND LEAGUES USING THE GYMNASIUM

A. A. U. Volleyball	A. A. U. Basketball
Bankers' Volleyball	Bankers' Basketball
Interscholastic Basketball	Commercial Basketball
Citywide Basketball Finals	Palama 120 Lb. Basketball
Occidental College	Olympic Club

SCHOOLS

Kamehameha	Normal
Saint Louis	Washington Junior High
McKinley High	Kalakaua Junior High
University	Kalihiwaena
Lanakila	Likelike

BANKERS' BASKETBALL AND VOLLEY BALL

TEAMS

First National	Bank of Hawaii
Territorial Treasurers	Union Trust
	Bank of Bishop

COMMERCIAL BASKETBALL TEAMS

Hawaiian Pines	Hawaiian Electric
Dole Pines	Mutual Telephones
Honolulu Iron Works	Pearl Harbor Civilians
Surveyors	Liberty House

SERVICE BASKETBALL TEAMS

11th Field Artillery	Submarine Base
13th Field Artillery	Fort Shafter
	Marines

A. A. U. BASKETBALL TEAMS

All-Around-Chinese	Kalihi Athletic Club
Athletes	Palama Senior Team
Honolulu Athletic Club	Central Y. M. C. A.

LEAGUES USING OUR ATHLETIC FIELD

Palama-Playground	120 Pound Football
Outdoor Ball	Citywide Football
Japanese Baseball	Citywide Baseball

ORGANIZATIONS USING ATHLETIC FIELD

Likelike School	Boy Scouts
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SOCCER

S. S. City of Honolulu	S. S. City of Los Angeles
Honolulu All-Stars	H. M. S. Durban
	Palama United

RECREATION IN GENERAL

A few items which cannot be definitely accredited to either the boys' or girls' department should be mentioned. The English night school for Japanese men and women under S. Tabata fills a need of the Japanese community. The annual luau of June 1st recognized the accomplishments of the Settlement's very successful athletic teams and celebrated the founding of Palama. The Annual Circus which J. A. Rath, Jr. took over at the last minute when several others were incapacitated, and carried through to its most successful season, thanks to the splendid cooperation of the other members of the staff and the particularly fine "Dance of Nations" staged by the Girls' Department, will long be remembered by the hundreds of youngsters who witnessed it.

Community Sunday programs under the various staff members have developed local talent and have gradually worked up interest until a number of adults can now be seen among the several hundred youngsters who always pack the auditorium. The auditorium has been rented on several occasions for church entertainments and various community functions, and it is quite evident that the people of the community much prefer providing entertainment for the enjoyment of themselves and their group to that which we try to provide for them without knowing their likings. The 1929 membership drive should be much more successful than the one of last May if properly organized and carried through. A membership fund should be created whereby money can be set aside for small boys and girls who need Palama but who cannot

afford even the small fee. A recent gift of fourteen dollars enabled us to take care of a whole club of eighteen boys for a whole year, and will pay the donor unlimited dividends.

The year 1929 should see a large expansion of the work of the Recreation Department, and sooner or later Palama leagues and activities will automatically crowd the outside teams and leagues from the gymnasium and athletic field. The physical education work we have planned for the local school children will fill a big need in the community and at the same time provide a worthwhile activity for our plant in the morning. By proper membership and club follow-ups we can add to our membership and class activities. To do adequate work we should have by September a trained boys' club worker to specialize in Junior Achievement or other handicraft methods, and another member of the girls department staff trained in physical education. Miss Peabody, although physically trained, is too busy with the affairs of the department to be able to devote sufficient time to building up the physical classes and athletic groups.

To Mr. John Galt, whose gift of the beautiful trophy case is so much admired by all the members; to Mr. Samuel Robley whose donation has made eighteen boys happy for a whole year; to Henry Rath who has taken out Palama teams and instructed Midget project groups; to Mr. Eugene Weissman of Fort Shafter for instructing the boys' drawing classes and to Mr. George P. Denison, Mr. Nolle R. Smith, Attorney Clinton T. Ross and many others who have assisted with the various club get-togethers, the department is greatly indebted. To Mrs. Rath and the

other women who have helped us in times of need our thanks are also due.

To you who have allowed me to go ahead and learn from experience while trying to do my best, I am very grateful.

Respectfully yours,

F. S. FIELD,
Recreation Director.

TO THE TRUSTEES,
OF PALAMA SETTLEMENT,
HONOLULU.

We report completion of our usual examination of the accounts of Palama Settlement for the year ended December 31st, 1928, and have prepared from the records of the Settlement the undernoted annexed Exhibits:

Exhibit A. Balance Sheet as at December 31st, 1928.

Statements of:

Exhibit B. Ordinary Income and Outgo 1928.

Exhibit C. Special Income and Outgo 1928.

Exhibit D. Free Surplus Account for the year 1928.

which, in our opinion, reflect its financial position at December 31, 1928, and the accounting for its funds during the year 1928, as shown by these records.

YOUNG, LAMBERTON & PEARSON,
Auditors.

Honolulu, Oahu, April 16, 1929.

FGP

PALAMA SETTLEMENT
BALANCE SHEET
As At December 31, 1928.

ASSETS

CAPITAL ASSETS:

Fixed:			
Real Estate	\$ 88,630.61		
Buildings	286,883.96		
Artesian Well	4,022.32		
Tennis Courts	2,575.00	\$382,111.89	
Movable:			
Equipment	56,093.20		
Automobiles	7,687.30	63,780.50	
		445,892.39	
Dental Equipment purchased from Endowment		1,439.13	
			\$447,331.52
		447,331.52	
SPECIAL FUNDS:			
Bonds—at Cost		80.00	80.00
Due from General Funds—Carried Down		486.85	
		566.85	

GENERAL FUNDS:

Cash:			
On Hand	419.95		
With Bank	249.87		
With Treasurer on—			
A. General Account	\$ 205.59		
B. Contemplated Expenditures Account	7,419.50		
C. Reserve Account	1,118.03	8,743.12	9,412.94
Investments—Building Fund			210.00
Stocks—Book Value			105.19
Receivables			125.00
Deferred Expense—Painting			9,853.13
		9,853.13	
			\$457,264.65

CAPITAL LIABILITIES AND FREE SURPLUS

CAPITAL:

Balance as at January 1st, 1928.....			\$446,828.79	
ADD—Value of Automobiles Purchased....			1,603.00	
			448,431.79	
LESS—Automobiles retired	\$1,762.20			
Real Estate—Net Deduction:				
Realized from Sale of Land.....\$ 952.00				
Paid on Account of Purchase of				
Two Lots	174.80	777.20	2,539.40	
			445,892.39	

ENDOWMENT CAPITAL:

S. N. Castle Fund—Dental Equipment.....			1,500.00	
Expended to Date, per Contra.....			1,439.13	
			60.87	\$447,331.52
			447,331.52	

SPECIAL FUNDS:

Invested—See Contra—Milk Bottle Fund...			80.00	
Uninvested:				
Dental Equipment Fund.....	60.87			
The Kamehameha Schools Christmas				
Fund	101.86			
Milk Bottle Fund		107.00		
Milk Bottle Fund.....	297.12			
LESS—Invested	80.00	217.12	486.85	566.85
			566.85	

LIABILITIES:

Due to Special Funds, as shown above.....			486.85	
FREE SURPLUS:				
As shown in Exhibit D.....			9,366.28	9,366.28
			9,853.13	
				\$457,264.65

RECONCILIATION OF NET WORTH:

Net Worth per records of Settlement.....			\$455,258.67	
As shown above:				
Capital Surplus	\$445,892.39			
Free	9,366.28	\$455,258.67		

PALAMA SETTLEMENT
STATEMENT OF ORDINARY INCOME AND OUTGO
For the Year ended December 31st, 1928

EXPENDITURES:

Medical Department	\$ 93,439.12	
Dental Clinic	33,222.23	
Recreation Department	33,011.73	
Fresh Air Camp	8,383.02	\$168,056.10

INCOME:

Institutional Incoming:		
Medical	2,260.03	
Dental Clinic	1,957.85	
Men's and Boys' Dept.	1,265.34	
Women's and Girls Dept.	288.25	
Kindergarten	1,000.25	
Fresh Air Camp	304.60	
Sundry Rents	1,956.71	
Care of Workers' Cars	1,829.81	
School Fees	603.59	
Entertainments	383.83	
Membership Drive	416.80	
Sundry	66.69	\$ 12,333.75

AUXILIARY:

Football	1,742.87		
LESS—Receipts	745.52		997.35
District Nursing Milk		\$ 821.16	
LESS—Receipts	601.83		
TRANSFERRED			
To Milk Fund	219.33	821.16	
Balance—Deficit—Carried Down			156,719.70
			\$169,053.45
			\$169,053.45
Balance—Deficit—Brought Down			\$156,719.70

INCOME FROM OUTSIDE SOURCES:

Income from Endowments		4,528.79
Donations		3,030.00
Contributions from Local Authorities and Public Bodies:		
Medical, City & County of Honolulu	24,000.00	
Chamber of Commerce	21,288.73	45,228.73
Honolulu Dental Infirmary:		
Strong Foundation	24,000.00	
City & County	3,000.00	27,000.00
		79,787.52
United Welfare Campaign		85,000.00
Balance—Surplus—To Surplus Account, Exh. D.	8,067.82	
	\$164,787.52	\$164,787.52

50

51

PALAMA SETTLEMENT
SPECIAL INCOME AND OUTGO ACCOUNT
For the Year ended December 31st, 1928

Exhibit C

PAYMENTS:			
	Capital Expenditures:		
13	Automobiles—Cost	\$ 1,603.00	
	LESS—Value of those Turned In.....	510.00	\$ 1,093.00
RECEIPTS:			
	Realized from Sale of Land.....	952.00	
	LESS—Paid on Account of Purchase of Two Lots.....	174.80	777.20
	Balance—Deficit—To Surplus Account Exhibit D		<u>\$ 315.80</u>

PALAMA SETTLEMENT
FREE SURPLUS ACCOUNT
December 31st, 1928

Exhibit D

1928		Dr.	Cr.
13	Jan. 1 By Balance	\$	\$ 8,814.26
	To Receivable considered uncollectible City and County of Honolulu.....	7,200.00	
	Dec. 31 By Ordinary Income and Outgo Account Balance at Date—Surplus..		8,067.82
	Dec. 31 To Special Income and Outgo Account Balance at Date—Deficit.....	315.80	
	Dec. 31 To Balance—Surplus—as shown in Balance Sheet, Exhibit A.....	9,366.28	
		<u>\$ 16,882.08</u>	<u>\$ 16,882.08</u>