

MEETING HUMAN NEEDS

39 Years of Palama Settlement



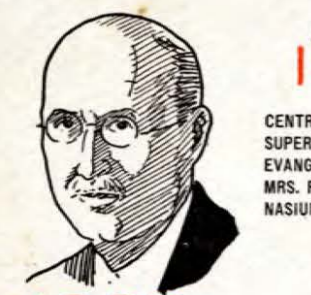
1896
PALAMA CHAPEL FOUNDED BY MR. AND MRS. P. C. JONES, REV. LEWIS, SUPERINTENDENT.



1897
DEEDED TO CENTRAL UNION CHURCH. (ACTIVITIES: WORSHIP, SEWING CIRCLES, BOYS' CLUB, KINDERGARTEN).



1899
PLAYGROUND ADDED; REV. J. P. ERODMAN, SUPERINTENDENT.



1903
REV. H. P. JUDD, SUPERINTENDENT; (SUCCEEDED BY REV. A. C. LOGAN).



1907
PURE MILK DEPOT; EMPLOYMENT BUREAU ORGANIZED; F. C. ATHERTON, TREASURER.



1901
EVENING CLASSES AND PUBLIC READING ROOM.



1905
CENTRAL UNION CHURCH TRANSFERS SUPERVISION TO BOARD OF HAWAIIAN EVANGELICAL ASSOCIATION. MR. AND MRS. RATH ASSUME DIRECTION. GYMNASIUM BUILT. STAFF 3.

1908
GIRLS' WORKER EMPLOYED; SWIMMING TANK OPENED.

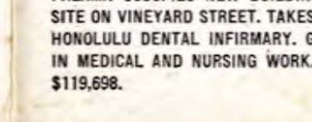
1898
FREE DISPENSARY; PRIMARY SCHOOL TAKEN OVER BY GOVERNMENT; HIRAM-BINGHAM, JR., SUPERINTENDENT.



1900
PLAGUE EPIDEMIC CLOSES SETTLEMENT. TENEMENTS APPEAR.



1906
PALAMA CHAPEL BECOMES PALAMA SETTLEMENT. FIRST DISTRICT NURSE. INFANT MORTALITY INVESTIGATION.



1909
KAKAAKO DISTRICT DISPENSARY OPENED; FOURTH NURSE ADDED. HAWAIIAN BOARD TRANSFERS SUPERVISION TO LAY COMMITTEE—J. R. GALT, CHAIRMAN, W. F. DILLINGHAM, A. L. CASTLE. NEW GYM OPENED.

1911
SCHOOL INSPECTION BY NURSES; 16 MODEL COTTAGES OPERATED. STAFF 11, EXPENDITURES \$40,353.

1913
LARGE PLAYGROUND OPENED; BOY SCOUT TROOP.

1914
FRESH AIR CAMP AT KAI-PAPAU; MEDICAL CLINIC STARTED.

1916
"BABY WEEK" AT SETTLEMENT. FIRST BABY WELFARE STATION.

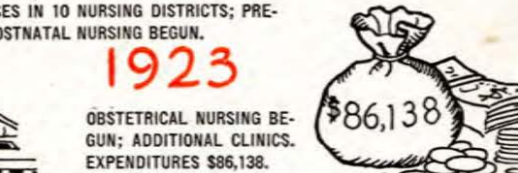
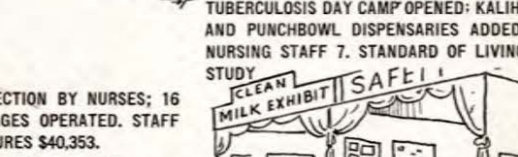
1918
WAIALUA FRESH AIR CAMP ENLARGED.

1920
BOARDING HOUSE CONDUCTED FOR WORKING GIRLS; ANOTHER PLAYGROUND ADDED.

1922
TWELVE NURSES IN 10 NURSING DISTRICTS; PRE-NATAL AND POSTNATAL NURSING BEGUN.

1925
PALAMA OCCUPIES NEW BUILDINGS ON 10 ACRE SITE ON VINEYARD STREET. TAKES OVER WORK OF HONOLULU DENTAL INFIRMARY. GREAT INCREASE IN MEDICAL AND NURSING WORK. EXPENDITURES \$119,698.

1926
TENNIS COURTS BUILT; MEDICAL SOCIAL WORK BEGUN.



1910
TUBERCULOSIS DAY CAMP OPENED; KALIHI AND PUNCHBOWL DISPENSARIES ADDED. NURSING STAFF 7. STANDARD OF LIVING STUDY.

1912
SETTLEMENT HOUSE BUILT AT KING AND LILIHUA STREETS. PUBLIC WELFARE EXHIBIT HELD.

1915
FRESH AIR CAMP STARTED AT WAIALUA. FREE DENTAL CLINIC CONDUCTED.

1917
BABY WELFARE WORK IN EACH OF 6 DISTRICT DISPENSARIES.

1919
SEVENTH DISTRICT DISPENSARY STARTED.

1923
OBSTETRICAL NURSING BEGUN; ADDITIONAL CLINICS. EXPENDITURES \$86,138.

1927
NURSING SUPERVISORS APPOINTED.

1928
BUDGET \$168,000; STAFF OF 71 FULL TIME, 11 PART TIME.



1930
WORKERS' RESIDENCES LEASED WITHOUT COST TO LEAHI HOME FOR A PREVENTORIUM; NEW EMPHASIS GIVEN TO PREVENTIVE WORK.

1932
PALAMA DIRECTS PUBLIC HEALTH NURSING COURSE AT UNIVERSITY OF HAWAII. 51,263 VISITS TO MEDICAL DEPARTMENT; BUDGET \$211,000.

1933
DENTAL CLINIC INCREASED FROM 5 TO 8 DENTISTS; MAID TRAINING DEVELOPED. HOME MAKING COTTAGE.

1934
BEATRICE CASTLE NEWCOMB MEMORIAL PAVILION BUILT; SOCIAL HYGIENE PROGRAM INITIATED; RECREATION DEPT. MEMBERSHIP 3,463. NINTH ANNUAL CIRCUS. EXPENDITURES \$197,830.

1929
DEATH OF MR. RATH; SUCCEEDED BY DR. PLATT AS DIRECTOR OF SETTLEMENT. VENEREAL DISEASE CLINIC TAKEN OVER; NURSING WORK AFFILIATED WITH BOARD OF HEALTH'S SERVICE; TEACHING SUPERVISOR OF NURSES APPOINTED; SURVEY OF PALAMA BY PROFESSOR HISCOCK.



1931
FORMATION OF TUBERCULOSIS COMMITTEE; BIRTH CONTROL AND STERILIZATION CLINIC; 16 CHILD HEALTH CONFERENCES WEEKLY.

1933
PALAMA CHILD HEALTH CONFERENCE.



Where the Money Came From

Balance on Hand, Jan. 1, 1934.....	\$ 1,887.36	
Invested Funds	3,684.99	
Special Donations	2,051.89	
Institutional Receipts	14,039.53	
Chamber of Commerce	21,000.00	
City and County Government	54,200.00	
United Welfare Fund	87,000.00	
Total (Exclusive of Dental Clinic)		\$163,863.71
Dental Clinic		
Balance on Hand Jan. 1, 1934.....	\$ 2,348.91	
Fees from patients	1,848.80	
City and County Government	3,600.00	
Strong Foundation	50,200.00	
		\$ 37,997.71
Total		<u>\$201,861.48</u>

Where the Money Went

Administration	\$ 16,049.02	
Maintenance	9,852.04	
Vacation Camp (Fresh Air Camp)....	3,112.91	
Recreation	50,240.71	
Medical	53,531.14	
Nursing	46,912.67	
Special Diphtheria Immunization		
Campaign (Board of Health)	2,311.69	
Other Disbursements	1,241.12	
Total (Exclusive of Dental Clinic)		\$163,251.50
Dental Clinic		34,578.67
Total		<u>\$197,829.97</u>

*Palama's Story of its
39th Year of Service*





Palama's Hands

One hundred fifty-eight patients today, tomorrow and the day after—throughout the 303 working days of the year. Such was Palama's ministrations to the sick last year,—48,186 visits were made to its medical department.

The general medical clinic sees each patient the first time but refers to the prenatal, pediatric, venereal, eye, ear, nose and throat, and mothers' health clinics those who need such specialized care.

Patients come from all sections of the city and from the rural areas. One-seventh are under school age, one-third of school age, and one-half of adult age. The needs of some are met by the social worker or the nurse but most are seen by the three patient, sympathetic doctors, who treat these patients as they would a private patient. An x-ray and a laboratory service aid in the diagnosis and treatment of many patients.

Special funds were obtained from the City and County to meet the cost of a diphtheria immunization campaign of preschool children, conducted at Palama's request, by the Board of Health.

COST OF MEDICAL DEPARTMENT

From City and County	\$ 34,800.00	62.5%
" United Welfare	14,261.59	25.6%
" Operating Receipts	6,644.15	11.9%
	<u>\$ 55,705.74</u>	<u>100.0%</u>



Treat Thousands

816 different patients actually treated for venereal disease last year, averaging 15 visits each, represent an incalculable service to this community. Because infrequently brought to the attention of the public the extent, preventability and curability of syphilis and gonorrhea are little realized. The innocent victims of the disease are frequently children, 28 per cent of the syphilitic patients under care in this clinic being under the age of 12.

The new patients during the year numbered 330. How many more have tried to cure themselves or relied upon drug store medication or quacks? Rarely do we see the patient with syphilis in the early stages of the disease when it is infectious and most easily cured. Yet only a small proportion of the population can afford an adequate course of treatments for syphilis by a private physician.

"(1) Syphilis is the most prevalent of the major communicable diseases. (2) Directly or indirectly it costs the taxpayer more than any other infectious disease. (3) Scientific knowledge is at hand which if used would reduce syphilis to a minor problem in a generation. (4) Yet syphilis is actually increasing in this country."

—J. E. MOORE, M. D., Syphilologist, John Hopkins Hospital.



Common Sense

A large medical service cannot do satisfactory work without trained social workers. Why?

Because who else in a busy clinic can take the time to understand and solve the unending succession of individual, family, social and financial problems that are an inseparable part of sickness among the poor.

In a typical day our three medical social workers may:

- arrange for free City and County hospital care for a confinement, a laparotomy and a tonsillectomy,
- secure minimum rates for glasses for an F. E. R. A. worker's child,
- send a nurse to see that a patient stays in bed,
- report to a social agency the medical condition of a client,
- send back to his private physician, a patient who has just gotten a good paying job,
- admit a new family for medical care after a thorough financial investigation.

So it goes day in and day out

11,188 interviews were had with patients.
2,508 interviews with doctors, nurses, social workers, employees and relatives.
544 patients hospitalized.
498 families declared ineligible.



Family Problems

Palama is proud of its service to suffering humanity. Perhaps its greatest and most appreciated service has been to families broken by illness of the parents or by utter fatigue of endless pregnancies. Not a day passes by without some pathetic, often desperate, woman pleading for the doctor's help, begging for an abortion. Under the law, this help must be denied her.

But we can urge her return after the birth of her child and advise her in our Mothers' Health Clinic how another pregnancy can be postponed until she is ready for it or, if the doctor recommends, how her husband may be made incapable of further parenthood.

This advice was sought for the first time last year by 665 women and men of all racial groups, who together with many old patients, made 3,085 visits to the clinic.

Exceptional care is taken that this advice is given only to those cases whose health is such that a pregnancy would be dangerous to the mother or society or whose financial status is such that the public would be obliged to support the offspring that the parents do not desire but are unable to prevent arriving.



Prevention is Better

Why were 2,289 well infants under one year of age and 2,160 children age 1 to 6 kept under medical and nursing care in 18 Child Health Conferences weekly last year and each visited many times in their home by nurses?—To *prevent* illness.

Why were 539 pregnant women surrounded by every medical and nursing precaution at four prenatal conferences, why did they receive 7,768 home visits from Palama nurses?—To *prevent* injury to mother or child. And no mother died!

Why were 25 public schools and 17 kindergartens under constant supervision of Palama's nurses (and the remainder by Board of Health nurses) with tens of thousand of inspections, thousands of emergency treatments, exclusions from school, conferences with parents, teachers and principals, and referrals to private physicians?—To *prevent* little troubles becoming big troubles.

But the sick were not forgotten. The ministrations of a skillful nurse were called for 2,079 times in cases of non-communicable disease, and 12,157 times in cases dealing with tuberculosis, syphilis, leprosy and acute communicable diseases.

The support of Palama's 21 public health nurses:

United Welfare Fund	\$ 25,159.72	53.7%
Chamber of Commerce	21,000.00	44.7%
Fees for services	752.95	1.6%
	<u>\$ 46,912.67</u>	<u>100.0%</u>

A Fairy Tale?

You once were a 6 year old child and marched off to public school. Did you have a dental hygiene teacher who talked to you about the care of your teeth? Did 45 per cent of your schoolmates in the first five grades go to their own family dentist for the filling of all defective teeth? Did you have a model dental clinic where dentists were employed to give all their time to correcting the tooth defects of children unable to afford private dental care? Can you believe that only 15 per cent of these public school children in the first five grades were not under the care of a dentist last year?

These are the amazing facts.

9,149 children attended private dentists, (45%)
8,292 " " Palama Clinic, (40%)
3,161 " " No dentist, (15%)

Think of 32,612 visits by 8,445 children, involving 68,731 operations, and 2,670 had complete service twice during the year. This was what the Strong Foundation made possible thru Palama's clinic.

HOW MET?

Strong Foundation	\$ 29,150.17	84.3%
City and County	3,600.00	10.4%
Fees received	1,848.50	5.3%
Total cost	<u>\$ 34,578.67</u>	<u>100.0%</u>



As the Twig is Bent

For those boys of the Palama district to whom the future seems to offer no great opportunity and for hundreds of others whose ambitions are restrained by lack of opportunity the Recreation Department of Palama Settlement offers a variety of interests, a source of companionship and a solution of many leisure time problems.

Leadership, guidance, awakening of ambitions hitherto unknown by the underprivileged boys of our district are available to all members.

Acceptance of these privileges was indicated by 10,296 responses to roll call from 627 club members during the year; by 3,778 entries in fourteen different major sports from the total membership of 2,150; by attendance of 55,000 at 49 dances and other social events conducted by Settlement units. Non-member groups attracted 28,000 to Palama during the year. Thus we find an aggregate attendance close to 100,000 using Palama Boys' and Men's Division equipment during the year, while 60,000 spectators enjoyed the athletic competitions.

Activities were directed in various forms of Art, Novels, Crafts, Cultural activities, Sportsmanship and Social Events, resulting in—a healthier boy, leisure time better occupied, a hobby, a trade or employment, a helping of the boy to find himself, a greater sense of security and self confidence, a better citizen.



So the Tree Inclines

A place to call one's own—a clubroom away from the harried existence of a crowded home. A chance to think, unmolested, of what the Future holds, or ponder what the Present unfolds. An opportunity to spend a leisure hour in happy comradeship of others. A book to read—a friend to greet. A counsellor to go to for help and understanding.
Such is the meaning of Palama.

A place to learn to cook; to sew and become more able homemakers. A chance to improve one's living conditions. An opportunity to secure vocational training for a better livelihood.
Such is the meaning of Palama.

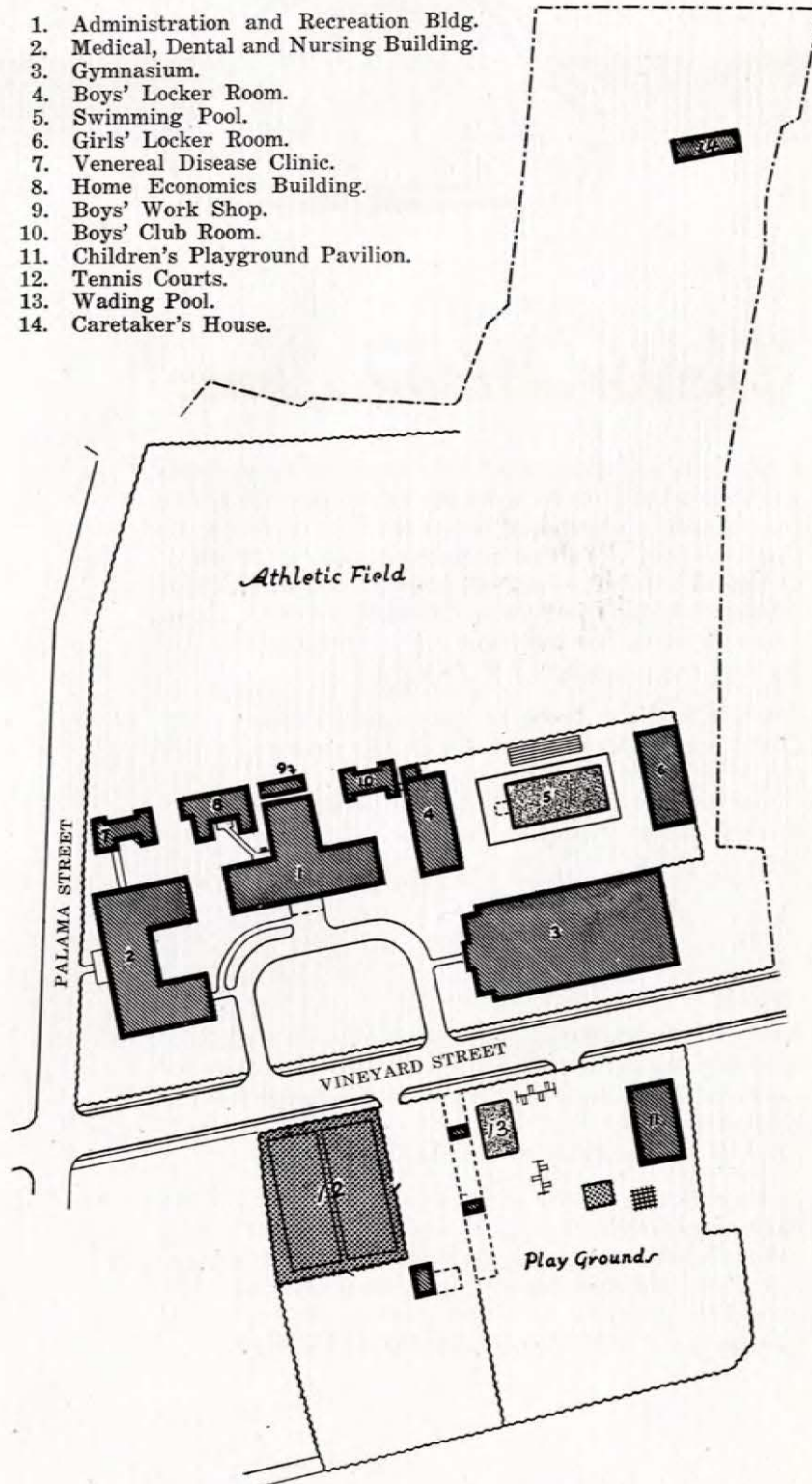
A place to play a game—to tap a rhythmic tune—to swim—to hike—to camp in an ironwood grove. A chance for wholesome fun, sportsmanship and competition. An opportunity for better health.
Such is the meaning of Palama.

A place to learn to paint; to act; to dance and sing. A chance to satisfy an innate instinct for self expression. A chance to create and achieve to the best of one's ability.
Such is the meaning of Palama.

During the year the girls' division sponsored 45 various activities for 2,125 individuals, including 960 members, 313 maids or housewives in training, 720 school children attending swim classes and 150 play day girls. In addition perhaps 2,000 young women have attended 98 dances at Palama.

PALAMA'S PLANT

1. Administration and Recreation Bldg.
2. Medical, Dental and Nursing Building.
3. Gymnasium.
4. Boys' Locker Room.
5. Swimming Pool.
6. Girls' Locker Room.
7. Venereal Disease Clinic.
8. Home Economics Building.
9. Boys' Work Shop.
10. Boys' Club Room.
11. Children's Playground Pavilion.
12. Tennis Courts.
13. Wading Pool.
14. Caretaker's House.



Who uses Palama's Camp?

Sheltered by a grove of ironwood trees at the very edge of a sandy beach swept by refreshing sea breezes and surrounded by seventeen acres of well kept fairway, twenty-four cottages and buildings, under the management of Palama Settlement, are always at the service of any individual or group, club or organization.

For a daytime or evening picnic? It was so used by 2,409 people on thirty-nine occasions last year.

For a week-end or a vacation, for an annual conference or an annual camp? One hundred and one groups found it a retreat of complete isolation and of peaceful quiet or hilarious fun as the occasion demanded. The camp was occupied 239 nights. Eleven hundred and twenty-four people slept one

or more nights, totaling 5,859 nights of sleep.

The Annual Boy Scout Camp was held here. St. Mary's Home occupied the camp with its fifty children for two weeks and a group of fifty-three Mid-Pacific Institute girls spent a vacation period there, and numerous church groups and Palama clubs have enjoyed its unusual facilities.

This Camp is available for use by any reputable individual or group. The charges are extremely small. The only requirement is a permit which may be secured from the Director of Palama Settlement, telephone 8545.



For the Curious Only

62 talks to the public were given during the year by members of Palama staff, chiefly department directors.

Palama employs 26 full-time men employees; 52 full-time women; 25 part-time men (chiefly clinic physicians); and 10 part-time women.

Palama employees are members of 15 national professional societies and 23 local professional organizations.

After four and a third years' free use of the three Settlement residences as a Preventorium by Leahy Home, they were turned back December 31, 1934 and have been moved across the athletic field adjacent to the main buildings to become vital units in Palama's expanding service to the community.

Our multigraph operator completed 96 jobs, involving 334,790 pieces of printed matter.

A social hygiene—sex education program with a full-time secretary and a representative committee was authorized by the Board of Trustees. An experienced educator, Roswell H. Johnson, Ph.D., was invited to serve the committee beginning January 1, 1935.

31 physicians, members of the Honolulu Medical Society, served upon the staff of Palama Settlement during the past year; one in a full-time capacity, others on part-time. In addition 6 members of the Medical Society served without pay on the medical advisory committee of the Settlement.

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Dental

AMY MACOWAN, R. N., M. A.
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W. S. WOOD, A. B., PH. D.
Recreation—Boys

E. W. ZULAWINSKI
Recreation—Girls

PALAMA'S Significance

Palama combines five welfare organizations under one roof and one direction, viz., medical, dental, public health nursing, recreation and social hygiene. It also houses the Tuberculosis Association and Cancer Control Society.

Palama's 39th year has culminated in manifold services to over 40,000 individuals; in a 10 acre plant; 12 buildings with 58,158 square feet of floor space; a staff of 78 full-time and 35 part-time men and women; expenditures in 1934 of \$197,830.

"The Settlement is the most pliable tool for Social Service that has been developed . . . There never was greater need of them than now, for effectively bridging the gaps between social groups and economic levels."

—Lillian Wald in "Windows of Henry Street."

Statement of a vice-president of the Rockefeller Foundation. "I wish to congratulate the City and County of Honolulu in having in the Palama Settlement one of the best conceived and run social health centers that I have seen anywhere. One is impressed with the combination of scientific spirit, team play and human interest shown in this institute. I feel that the money spent for its maintenance and development is well justified and the community may well be proud of the institute's achievements."

PALAMA NEEDS YOUR HELP.
HAVE YOU REMEMBERED
PALAMA IN YOUR WILL?

