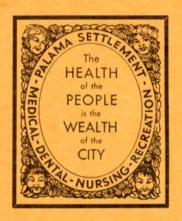
FORTIETH YEAR of Community Service





FOR THE YEAR

STATISTICAL REPORT . PALAMA SETTLEMENT



STATISTICAL REPORT

OF THE ACTIVITIES OF

PALAMA SETTLEMENT

FOR THE YEAR 1935

by

Philip S. Platt, Ph.D., Director.

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Mimeographed at Palama Settlement. Cover by Mercantile Printing Co. Honolulu.

February, 1936.

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SUMMARY OF PALAMA SERVICES

1935

	Visits or Interviews	Individuals Served
Medical Department	51,573	2,174 (families)
Medical Social Service Department	13,594	3,407 new individuals
Nursing Department:		
Home care by Palama nurses	32,596	7,207
Prenatal, infant & preschool conferences	15,599	3,665
Visits of school and kinder- garten children to health room for individual attention	25,819	Undetermined
Children's Dental Clinic	54,622	9,318
Recreation Department	x	4,315
Actual paid membership: Boys - 2693 Girls - 1622 4315		
	173,983	30,086

^{*} Our estimate of the use of the recreation department's plant by individuals would amount to more than 200,000 participations yearly.

WHAT IS PALAMA SETTLEMENT

Palama Settlement is a unique public health and social welfare center.

It combines four welfare organizations under one roof and one direction, viz.,

- the extensive out-patient clinic of the city,
- a highly organized dental service for school children,
- a public health nursing organization, and
- a broad community welfare center for boys and girls, men and women for athletic activity of all kinds, training in many arts and crafts, and in social and civic behavior.
- It conducts a Vacation Camp at Waialua, available to all.
- It also houses the offices of the Tuberculosis Association of Hawaii, the Hawaii Society for the Control of Cancer, and the Social Hygiene Association of Hawaii (the latter organization having been initiated and conducted as the Social Hygiene Committee of Palama Settlement during the first seven months of the past year.)

DID AOR KNOM

Years of service	40		
Individuals served yearly	30,000		
Area of grounds	10	acres	
Number of buildings	12		
Area of buildings	58,158	square	feet
Full-time staff	88		
Part-time staff	36		
Expenditures 1935	\$203,557		

* includes 22 clinic doctors.

40 MILESTONES IN 40 YEARS

- 1896 Dedication of Palama Chapel June 1.

 "to the worship of God and the service of humanity".

 Activity: Worship, sewing circle, choral society, boys' clubs, monthly entertainment and kindergarten (by Kindergarten Assn).

 Playground, gymnasium, night school, public reading room.
- 1906 Name changed to Palama Settlement.

 A study of infant mortality.

 A study of city's tenements.

 A large child welfare exhibition.

 A study of Standards of Living among working men's families.
 - * A tuberculosis day comp.
 - * Pure milk depots.
 First district nurses.
 First district dispensaries.
 - * Assisted in organizing, conducting and raising money for Anti-Tuberculosis Society.
 - * Employment bureau.
 - Model cottage development.
 School inspection by nurses.
 Frenatal and postnatal nursing service.
 Boy scouting.
 Free dental clinic.
 Pormanent Fresh Air Camp at Waialua.
- 1916 "Baby Week" Baby welfare stations.
 United Welfare Fund begins Palama support.
 - * Boarding house for girls.
 - * Obstetrical nursing service.
 New plant occupied 1925-8 acres-9 buildings-\$447,331 investm't.
 Honolulu Dental Infirmary taken over.
 Medical social work developed.
- 1929 Venereal Disease Clinic taken over from Board of Health and enlarged.

 Public Health Nursing affiliated with Board of Health Nursing Bureau and generalized nursing adopted.

 Public health administrator become director in 1929.
 - O Tuberculosis Committee formed.
 Workers' residences leased to Leahi Home for Preventorium.
 Public Health Nursing Course directed at University of Hawaii.
 Birth control and sterilization clinics.
 Maid-training, house-boy training, adult sewing and home-making classes conducted at Palama by Department of Public Instruction.
 - Beatrice Castle Memorial Pavilion built.
 - O Social Hygiene Committee formed.
 Workers' residences moved and used as boys' clubhouse, workshop,
 home economics building and venereal disease clinic.
 Palama houses Tuberculosis, Cancer & Social Hygiene Assns.
 Staff members serve on local committee or boards in 37 instan-
- 1936 Staff of 88 full-time, 36 part-time employees & 73 volunteers. Expenditures 1935 \$203,557.
 - x, Discontinued; 0, Turned over to other organizations.

MEDICAL DEPARTMENT

The Medical Department consists of a full-time medical director and a staff of 17 full-time and 29 part-time people. The full-time staff includes 4 nurses, 3 social workers, 1 pharmacist, 2 clinic secretaries, 3 stenographers, 2 admitting desk clerks, 1 orderly, 1 attendant; the part-time staff includes 5 physicians, serving from 6 to 18 hours a week, 20 physicians serving one hour a week at prenatal, child health and eye, ear, nose & throat clinics, 1 admitting desk clerk, 1 laboratory technician and 2 janitors.

Costs

Direct cost o	f Medical	Department for	1935	\$50,612.25
Direct cost o	f medical	work at Palama	headquarters	48,307.25
Average cost	per visit	for medical car	re at Palama	0.93

Attendance at Clinics

	Clinic	Initial Visit	Return	Total Visit
Twice weekly	Eye, Ear, Nose & Throat	466		1,619
Weekly	Mothers' Health	177	688	865
Daily	Adult Dental	1,196	3,828	5,024
Daily	Venereal Disease	321	11,967	12,288
Daily	General Medical	2,795	23,730	26,525
	Receiving Desk Interviews	5,432		5,432
		10,387	41,366	51,753

Classification of Visits

	Number	Per Cent
Infants	1,067	2.1
Preschool	6.097	11.8
School age	17,906	34.6
Adult	26,683	51.5
	51,753	100.0
Number able to pay fees	20,962	40.5
Number not able to pay fees	25,199	48.7
Number unclassified	160	.3
Number interviewed at Receiving Desk	5,432	10.5
A Company of the Comp	51,753	100.0

Therapeutic: X-ray skin treatments

Analysis of 25,199 Free Visits

Insufficient income Unemployed Social Service Bureau cases Other agencies cases Juvenile Court cases	Number 12,432 2,850 7,430 1,439 1,048 25,199	4.2
General Medical Clinic (Mor	nings)	
Visits to Dispensary Minor dressings Minor operations Number of communicable diseases reported Physiotherapy treatments given	26,052 8,785 150 804 264	
Laboratory		
Examinations: Urinalysis Smears for G. C. Other microscopic examinations Completed blood count Coagulation test 1,114 2,384 176 2,384 176 176	3,875	
Blood taken for Wassermans: (Tested by Board of Health laboratory) Prenatal clinics 385 General Medical Clinic 809 Venereal Disease Clinic 593	1,787	
	5,662	
X-Ray Division		
Diagnostic: Chest x-ray for Board of Health X-ray for Palama clinics X-ray for Prison Board Fluroscopic examinations School Survey	1,278 606 35 17 200	

Venereal Disease Clinic

During the year 1935 the Venereal Disease Clinic at Palama Settlement has treated 416 cases of syphilis and 521 cases of gonorrhea, totaling 937. 464 of these were under treatment January 1st, 1935, 362 were new cases admitted during the year and 111 were old patients who decided to renew treatment.

The direct cost of the Clinic, exclusive of overhead, rent, janitor service, light, power, water, accounting and supervision, amounted to \$7,379.19. Palama received from the Board of Supervisors the sum of \$7200 for this work. The average cost per treatment, of which there were 13,705, was \$0.54 and the average cost per patient, of which there were 900, was \$8.20. The entire amount collected from the patients receiving this care was \$468.43.

A large proportion of the cases treated were individuals under the care of public or private institutions - the Juvenile Court, City and County Jail, Military Police and the Social Service Bureau. Of the 468 patients on hand December 31, 1935, 17% were under 12 years of age, 16% 12-19 years of age, 37% 20-29 years of age, 22% 30-44 years of age, and 8% 45 years and over.

Mothers' Health Clinic

This clinic began its fifth year of service in July, 1935. Under the general direction of the Medical Director, it is conducted by Dr. Muriel Cass, who holds two clinics weekly from 1 to 4 P.M. at the Settlement. She is assisted by a full-time social worker, a full-time clerk-interpreter, a part-time nurse and a part-time attendant. The office is open daily from 8 to 4 for interviews, appointments and purchase of supplies.

During the year, 98 clinics were held; 533 new patients visited the clinic, making together with the revisits of old patients, 2,746 visits to the clinic, 6,315 follow-ups by home visits, letters or cards.

Palama Practices Preventive Medicine

Vaccinations against smallpox	297
Diphtheria immunization of Child Health Conference	
children	453
Tetanus inoculations at Dispensary	167
Medical examinations of staff members	71
Medical examinations of boy athletes in competitive	
sports	350
Medical examinations of members of girls' recreation	
department	850
Tonsil and adenoid operations arranged for	151

Admissions and Records

Visits to Medical Department registered by Admitting	-
Desk	51,753
New families registered at Palama Medical Department	1,730
New individuals registered at Palama Medical Depart-	
men t	3,407
Juvenile Court patients	1,021
Different families attending Medical Department	
during the year	2,174
Different families eligible for Medical Department	
(active records in the Medical Department	
within past 5 years)	15,576
Assuming 5 individuals per family, there would be	
28,600 families in Honolulu; the percent	
eligible for medical care at Palama would be	54%

Social Service

Interviews with doctors, nurses, social workers,	
employees and relatives	2,970
Interviews with patients	10,521
Patients referred for hospitalizations	537
Families declared ineligible	376
Patients referred to other agencies	1,111
Patients referred to private physicians	376
Patients referred by other agencies	1,730

Medical Department Visits 1935

According to Racial Stock, as determined at each visit.

Japanese	10,404
Porto Rican	9,052
Portuguese	5,407
Hawaiian	4,621
Filipino	3,567
Korean	3,492
Chinese ·	3,543
Asiatic-Hawaiian	2,122
Caucasian-Hawaiian	2,104
Caucasian-American	1,311
Spanish	483
Other Caucasian	436
Others	5,211
1.00	51,753

Medical Cooperation

Palama could not serve the community without the cooperation and service of many physicians and the support of the Medical Society. The following 29 physicians served during the year 1935:-

Medical Clinic - Drs. J. W. Lam, W. S. Chung, Y. Wakatake, S. Matsuyama, W. N. Bergin.

Eye, Ear, Nose & Throat Clinic - Drs. T. W. Cowan, F. J. Pinkerton, T. P. Chow.

Birth Control Clinic - Dr. Muriel D. Cass.

Venereal Disease Clinic - Drs. R. D. Millard, P. S. Irwin.

Prenatal Clinics - Drs. D. I. Katsuki, O. L. Schattenburg, J. W. Lam, W. N. Bergin, Y. Wakatake, E. L. Wilbur, D. Steffanoff, J. F. Fleming.

Child Health Conferences - Drs. D. B. Bell, J. W. Lam, Marie Faus, V. B. Appleton, F. H. Gaudin, D. I. Katsuki, W. S. Chung, H. Uchiyama, Y. P. Kang, Edmund Ing, H. C. Gotshalk, S. Matsuyama, G. Yamashita, G. Tyau, E. Ching, W. T. Ohta, Y. Wakatake, E. Wilbur, A. V. Molyneux, H. B. Luke:

NURSING DEPARTMENT

The staff of Palama's Nursing Department consists of a director, an educational supervisor, 2 field supervisors, 17 field nurses, an office secretary and two clerks. The staff of the Bureau of Public Health Nursing of the Board of Health, so far as Honolulu is concerned, consists of 8 field nurses and a supervisor; the Bureau's Director has these and 27 other nurses under her direction, exclusive of clerical assistance. A completely generalized nursing service is provided.

Costs

The direct cost of the Nursing Department was \$44,042.39. The hours of professional service of the field staff numbered 30,591, the hours contributed by student nurses 3,782, or a total of 34,373 hours. This represents \$1.28 as the cost per hour. The total cost of nursing visits amounted to \$25,918.08 for 32,596 visits, or \$0.80 per visit. The balance, \$18,124.31, represents the cost of the other nursing services, such as, prenatal and child health conferences, kindergarten and school supervision, and educational activities connected with these services.

	Time Distribution	
Activity		Per Cent
Office		20.5
Field Visits		35.2
Conferences - Prenat	al	4.0
	Health	16.6
School and kindergar	ten	13.2
Education		9.8
Staff	4.57	
Students	5.2	
Miscellaneous		.7
		100.0

Morbidity Service

Type of Visit	Board of		
	Health	Palama	Total
Non-Communicable	925	1:876	2,801
Communicable	5,163	11,044	16,207
Tuberculosis	3,746	10,300	14,046
Venereal Disease	80	197	277
Leprosy	. 7	3	. 10
Acute Communicable	1,330	544	1,874
	6,088	12,920	19,008

KINDERGARTEN AND SCHOOL HEALTH SUPERVISION

Public health nurses visited the schools and kindergartens regularly in order to assist the school authorities in promoting the health of the children and to aid in the prevention and control of communicable disease. Standing Orders approved by the Territorial Medical Association (Oct. 1930) were followed when first aid or other treatments were necessary. Of the 13,501 treatments given at schools and kindergartens 7907 or 58% were the taking of temperature.

Schools	Board of Health	Palama	Total
Number of: Schools Classroom inspections Children in classroom inspections Children seen individually Treatments given Children referred to family physician Children referred to family dentist Children excluded or excused Conferences with parents Conferences with principals Conferences with teachers	15 159 5,683 13,454 6,428 1,913 46 3,134 1,126 951 3,135	27 501 17,822 21,931 6,218 4,101 350 2,475 1,912 1,341 4,948	42 660 23,505 35,385 12,646 6,014 396 5,609 3,038 2,292 8,083
Kindergartens			
Number of: Kindergartens Classroom inspections Children in classroom inspections Children seen individually Treatments given Children referred to family physician Children referred to family dentist Children excluded or excused Conferences with parents Conferences with principals Conferences with teachers	7 79 2,222 1,176 431 360 80 88 197 192 306	20 153 8,444 2,888 424 788 192 94 580 640 696	27 232 10,666 4,064 855 1,148 272 182 777 832 1,002

HEALTH SUPERVISION SERVICE

Child Health Conferences

Conferences were conducted for well babies and children under six years in 19 localities by Palama's doctors and nurses, the Board of Health nurses and volunteers.

	Board of		
	Health	Palama	Total
Conference sessions	267	656	923
Infants under 1 year on register	780	1,412	2,192
Infants' visits to conference	2,896	7,025	9,921
Children 1 to 6 years on register	700	1,602	2,302
Children's visits to conference	1,801	6,354	8,155

Basing the infant mortality rate upon 19 deaths of infants under 1 year and 2192 infants under one on the registers of the conferences during 1935, the rate is 8.6 per 1000 live births. It is recognized that few infants are registered at the conferences during the first month of life.

Field Visits

The public health nurses made 16,525 visits in the interest of health supervision service:

	Board of Health	Palama	Total
Infant	1,857	4,107	5,964
Preschool	1,082	3,134	4,216
Kindergarten	17	217	234
School	567	3,041	3,608
Adult	149	891	1,040
	3,672	11,390	15,062

EDUCATIONAL ACTIVITIES

During the year five students from the public health nursing course at the University of Hawaii and four senior students from The Queen's Hospital were given field experience with the Palama Nursing Department.

Staff education has been carried on continuously - individually with supervisors and collectively under the direction of a program committee made up of field nurses and supervisors.

3

MATERNITY SERVICE

Our maternity service in the home includes instruction in health habits, nutrition and other factors influencing the health of the prospective mother, preparation for the baby, actual care of mother and baby after delivery, or instruction to the family and general supervision. The prenatal conference service includes periodic examination by a physician, taking of temperature, pulse, respiration and blood pressure, urinallysis and group instruction in hygiene for mother and baby. Demonstrations show desirable foods, clothes, toilet tray and other equipment including materials for home delivery.

During 1935 prematal conferences were held weekly at Palama Settlement, Queen's Hospital, Kapiolani Maternity and Gynecological Hospital, and from January to April, at St. Francis' Hospital. Palama nurses were in charge assisted at Queen's and St. Francis by staff and student nurses and at the others by nurses from the Bureau of Public Health Nursing. Physicians at the Settlement and Kapiolani were paid by Palama. At the other hospitals, house physicians and internes maintained the medical service.

Prenatal Conferences	
Conference sessions	169
Enrollment	651
Patients' visits to conference	2,220
Post Partum examinations	308

Out of 385 Wasserman and Kahn tests made on this group 16 or 4.1% were positive.

Five large and fifty-five small packages of sterile supplies for use at home deliveries were sold or given to the patients.

Home Visits

	Board of		
	Health	Palama	Total
Ante-Partum	1,378	2,797	4,175
Post-Partum	1,411	2,715	4,126
New Born	1,150	2,427	7,577
	3,939	7,939	11,878

	Prenatal	Conferences	
Live Births			402
Maternal death	S		0
Neo-natal deat	hs		13
Still births			8

RECREATION DEPARTMENT

The Recreation Department of the Settlement is divided into two divisions, one for boys and men, the other for girls and women. Each has its own director. The two divisions are coordinated and the whole department directed by the Settlement director.

Its purposes are to absorb the leisure time of the youth in the Palama district in such a way as to develop them in body, mind and spirit.

An extensive physical plant including gymnasium, an outdoor swimming pool, locker and shower rooms, athletic field, children's playground, pavilion and equipment, a clubhouse, carpenter shop, domestic science building, tennis courts, auditorium, reading rooms, public library annex, game rooms, clubrooms and offices, afford excellent facilities, which are widely used by all manner of community groups.

Membership is on an age basis, ranging from \$0.50 to \$2.00 a year for girls and women and from \$1.00 to \$3.00 for boys and men. Those unable to pay these fees on an installment plan are given opportunity to earn their membership by working for it. Short-term memberships are permitted for those wishing affiliation with Palama for a single athletic activity.

Well organized programs are prepared to meet the varying needs of the summer months, when children are out of school, the fall season, the winter and spring, following mainland seasonal interests in spite of the slight differences in our seasons.

As a member of the Boys' Club of America our boys' division participate in the national indoor athletic competitions and swimming meets, and as members of the Hawaiian Association of the A.A.U. competitive teams are entered in practically all sports sponsored by this organization. Affiliation with the Honolulu Council of the Boy Scouts of America is maintained through 3 scout troops and one cub pack, with the Y.M.C.A. through 2 Hi-Y clubs, the Girl Scouts through a troop and a Brownie pack. The girls' division also participates in certain A.A.U. activities.

As a community welfare institution Palama Settlement's plant is always at the service of community groups which lack facilities of their own.

BOYS' AND MEN'S DIVISION

Community Cooperation - Non-member	groups	B-mti simonta
D		Participants
Dance Groups		33 14,080
Athletic Organizations		35 3,053 L2 1,060
Cultural Units		18,193
		18,195
SOCIAL F	PROGRAM	
Dances - Gymnasium		Attendance
Sponsored by Palema Clubs		47 14.673
Sponsored by other clubs	4	40 14,080
Sponsored by other clubs		28,753
Average attendance		
Movies (Members only)		
100 shows - average attendance.		300 30,000
		20 m 2 m 2 m 2 m 2 m 2 m 2 m 2 m 2 m 2 m
Exhibition Day		
Total Palama participants		75 685
Total Receipts - \$57.00 (1 perf	ormanc	e - rain)
6 Annual Parties		
O Almidal Parcies		1,290
3 Banquets (Financed by the groups	invol	ved) 120
Pal Ramblers, Track Team, Marat		am
		60,854
CLU	JBS	
Cultural	embersh	ip Group
Pal Club	175	Senior, Intermediate, Junior
Community Clubs (Ass'n.)	335	" " " "
Kurfew Kids - 4 clubs	84	Midget
Jolly Juniors	41	Junior
Jolly Juniors	18	High School
Pal babes (H1-Y)	11	" "
Cardinals (Hi-Y)	10	" "
Comrades	13	Intermediate
Amateur Penmen	6	High School, Intermediate
Junior Trailers	35	Junior, Midget
Leaders' Club	6	Senior
Patrol Leaders' Training Club Dramatic Club	12	Junior, High School
Glee Club	11	Midget, Junior
	5 762	High School, Intermediate
Classes	tendan	20
Carpentry	33	Boat Modeling 17
Nutcraft	28	Toy Making
Leathercraft	25	Cooking
Pyrography	15	Journalism 6
Art	27	194
		201

10 Special Activities.....

At	ten	d	an	Ce
-	- 1	A	0	-

Athletic	Membership		Group	
Swimming Club	45	Midget,	Junior, Int	ermediate
Boxing		Senior,	Intermedi	ate
Marathon		11	11	
		2.5	4.	-

Scouting	Membership	Outings	Camps	Contests
Troop 21	15	4	3	3
Troop 70	36	3	4	5
Troop 30	16	1	1	2
Pack #10	43	4	2	2
The state of the s	110	12	10	12

Efficiency awards to 9 Scouts.

1 Eagle Badge Award to Hung Chung Seung of Troop 70.

Troop 70 - 7th place, Wade Warren Thayer Cup Contest.

Annual Honolulu Council Boy Scout Camp - 15 Palama Scouts.

"Pal Scribe" (official Scout paper) published by Palama Scouts.

Total participation in outings, camps, and civic duties - 455.

MEMBERSHIP ATHLETIC PROGRAM

SPORT	eagues	Teams	Games	Players
Basketball				
Palama Community	8	40	64	539
Summer Fun	1	4	6	67
Boy Scout	1	18	46	175
* Junior Scholastic	1	7	21	85
Vocational School	1	7	21	54
Junior A.A.U.		2		30
Senior A.A.U.		2		30
* Senior Scholastic	1	3	3	33
Pal Babes (Hi-Y)		1		11
Pal Ramblers (Hi-Y)		1		12
Cardinals (Hi-Y)		7		10
Comrades (Sr. Japanese League)	13	7 2 3 1 1 1 <u>1</u> 87	161	13 1058
Softball				
Community League	2	18	75	276
Summer Fun	2	4	3	67
Football				
* Citywide-Palama League				
(120 and 135 Pound)	2	15	22	450
105 Pound (Midget)	2			75
xx 150 Pound (Senior)		4	3	34
Kicking Contest				36

^{*} Weigh-in and Medical Exams - 289 players
Pal Juniors - 135 Pound Inter-Island Champions

** League Champions

Boys' & Men's Division.

boyb whom b bivibion.	Leagues	Teams	Games	Players	
Baseball - Community League	1	9	36	149	
Volleyball					
Community League	1	13	37	137	
Senior A.A.U.		1	6	13	
Soccer - Senior Team	$\frac{3}{24}$	$1\frac{1}{53}$	3 60	<u> 18</u> 2313	
Continued to the contin	1 7	a 3 + -			
Swimming to Comparison		Conducte		ponsored of Pub.	
Learn to Swim Campaign	280	Palama			IIIS V.
Public School Swimming	231	17	Palam	EL .	
x School classes (9 div.)	332	"	"		
Midget Swimmers	115				
Junior Swimmers	95	"	"		
Swim Club	45	**	"		
A.A.U. Meet	18	U of H			
B.C.A. Meet	36	Pa lama	B.C.A		
Water Pageant	30	17	Palam	a	
Summer Fun	67	**	"		
	1249				
* School time. Membership	required.				
Boxing	Number	Fights	Won	Lost	
Registered A.A.U.Fighters	62	92	52	40	
Smokers - A.A.U. 11; Palama 3	14				
Team finished 2nd. 1 Champion	and 2 run	mers-up	•		
Wrestling		Meets	Place		
A.A.U. Team	37	4	3-1st		
Gymnastics - Exhibition Day	75				
Pentathlon - B.C.A.	76	1	3rd		
Marathon					
Around Oahu Marathon	41	1	lst		
A.A.U. 10 Mile	6	1	1st,2nd		
Diamond Head	13	1	1st Ind	iv.,lst	Team
Finished 1,2,3,4,5,6,8,10,12		43.(51	competit	ors)	
Track					
American Legion Jr. Republic	35	1	3rd		
Lions' Club Relay	35	1	3rd		
Senior Team	42	2	lst,2	2-2nd	
A.A.U. and Rainbow	TL	۵	100,2	-wiid	
Steeple Chase		1	let Ind	iv.,lst	Team
Finished 1,3,4,5.		-	TO THO	,	1 Com
Best Boy Athlete Contest	31_				
	1702				

SUMMARY OF MEMBERSHIP ATHLETIC PROGRAM

		Participants	Leagues, Meets	Games	Teams
1.	Basketball	1058	13	161	87
2.	Softball	343	3	78	22
3.	Football	595	3	33	20
4.	Baseball	149	1	36	9
5.	Volleyball	150	1	43	14
6.	Soccer	18	3	9	1
7.	Swimming	1249	10		
8.	Pentathlon	76	1		
9.	Gymnastics	75	1		
10.	Wrestling	37	4		
11.	Boxing	62	3		
12.	Track	112	5		
13.	Marathon	60	2		3
14.	Best Boy Athlete	31			
	and the second second second	4015	50	360	156

SENIOR ATHLETIC PROGRAM

		Players	Teams in Leagues	Meets, Game	s Place	Won	Lost
1.	Marathon	20	3	3	3-1st	1101	TOP 0
2.	Basketball	15	8	3		2	1
3.	Boxing		12	14	2nd		
4.	Wrestling	37			3-1st		
5.	Volleyball	13				2	4
6.	Track	42		3	1st,2-2nd		
7.	Football	34	4	8	1st	5	2
		- Labour	2000	1200		-	Tied 1
		161	27	31		9	7

APPRAISAL

August 27,1935:- 1. Program approved by Dr. Ira V. Hiscock(national authority on Health and Recreation). Only suggestion for improvement being medical examinations for all competitors. 2. Program conforms to National standards. (Recommended by National Recreation Association.)

STAFF

The staff consists of 6 full-time, 4 part-time, 3 NYA employees and 53 part-time volunteer workers, as follows:-

l Director (F.T.)	2 Assistant Physical Directors (FT.)	
l Physical Director (F.T.)	1 Boy Scout Leader (F.T.)	
	1 Secretary (P.T.)	
	1 Art and Craft Instructor (P.T.)	
1 Gymnastic Instructor (P.T.)	1 Club Leader (NYA)	
2 Club Leaders & Clerical Assi		
8 Marathon (V.) 2 Volleyball		
l Soccer (V.) 2 Wrestling	(V.) 13 Boxing (V.)	
2 Baseball (V.) 1 Swimming	(V.) 14 Football (V.)	
Samuel Anna Market Co. Samuel Co.	2 Club (V.)	

MEMBERSHIP

	1933	1934	1935	Numerical Increase	Percentage Increase
Annual	636	817	1283	466	57.18
Term	295	1233	1410	177	13.8
Total	931	2050	2693	643	31.36

FINANCIAL

Receipts

Gym Dance Rentals	1117.72 271.76 47.00 1015.95 237.20 2689.63
Senior Athletics Baseball \$90.56 Football 151.56	242.12
Disbursements for Supplies Athletic supplies\$419.84 Club supplies 428.25 Senior Athletics 364.48	1212.57

GIRLS' AND WOMEN'S DIVISION

PHYSICAL EDUCATION

6.	ATHLETICS	1110101111		
	1. Leagues Volleyball Basketball Baseball 2. Athletic Association	Teams 36 29 5	No. of Individuals 265 224 40 58	Annual Attendance 401 377 65 340
	Women's Gym Children's Games Tumbling 4. Tennis 5. Track and Field 6. Hiking		21 35 31 178 68 70	71 135 78 712 90 140
	7. Play Days Girls Women 8. Camping	70	212 27 30 1259	212 27 30 2678
В.	SWIMMING			
	1. Swim Clubs (18) 2. Learn-to-Swim Campaign 3. Swimming Meets (3)	ı (3 weeks	625 308	3558 3001
	2 Grade School Girls 1 Junior High School 4. Life Saving 5. Diving 6. Instruction (Beginners 7. Water Pageant	Girls	120 25 15 50 98 73	120 25 45 174 227 73
X	8. Swimmers' Training Clu 9. Swim Hour	lb	92 800 2206	21,529 28,752
	* Palama girls placed Two - 1st places Four- 2nd places	Tw		Swim Meet
C.	DANCING			S.
	 Tap Natural "Ballet School" (summed and summed an	ed by girl		746 1,292 1,342 5,940 9,320
	Total Athletic Activi	ty Attend	ance	.40,750

CLUBS AND CLUB ACTIVITY

		No. of	Annual
Clubs	Enrollment	Meetings	Attendance
Starlights	52	32	1,267
Junior Starlights	15	3	45
Little Pals	25	32	625
Twilight Juniors	20	28	452
Japanese	9	5	73
Hui Na Opua	29	28	557
Chinese	11	7	70
Business Girls	7	10	60
International Girls	25	21	370
Mothers	11	5	62
Mickey Mouse	75	25	1,457
Korean Girls' Club	<u>28</u> 307	32	1,120
	307	228	6,158
Program: (a) Table Games Types of games: Pollyanna, Pin shoe and vario Games are offero (b) Classes - (Fall of Ukulele, glee cl	cards, checked pong, Deck to bus other mode ed from 2:00 to enrollment) Lub, piano, are nog, crocheting dusually from tournament is stor developed during 1935. When the sewing, known to ed:—sewing, knowelty, how to end to	rs,dominoes, ennis, Horse rn table game o 4:00 p.m. t, dramatics, etc. 3:00 to 5:00 sponsored to proficiency enrollme itting, crock anderaft, auhala weaviliano, rhythm	mmer time 575 es. daily 98 , 0 daily 68 add nt 275 het-
	ביותים ביים ביים ביים ביים ביים ביים ביים ב	rrp	
	ENTERTAINMEN	Ė	
<u>Parties</u> - 18			1,673
Excursions - 13			393
Special Activities Community Program (aduluted in the control of the contro	lt) g Days"(Specia	60	
			2,321

Exhibition Day

Handcraft Exhibit (no check made on attendance.)

The craft exhibit staged in connection with the Settlement Exhibition Day proved to be one of the most interesting phases of the prohram.

"Rhythmic Review"

175 girls presented a dance program as a finale of their summer Dance School's training. Tourists who witnessed the performance stated that "it was one of the most outstanding exhibitions of its kind they had seen anywhere". Two performances were given. Total attendance - 1,400; receipts - \$146.85; profit \$57.19.

Community Showing - "Rhythmic Review"

A free performance was given of the Ryhtymic Review for the immediate community. Attendance - 1,000.

Water Pageant - Attendance 500; 61 girls took part.

IDA BEATRICE CASTLE PLAYGROUND AND PAVILION FOR YOUNGER CHILDREN

Staff - 1 Director; 2 Assistants; 3 Volunteer Workers.

School Year - Playground under supervision daily, 2:00 to 5:00 p.m. Saturdays, Sundays, Holidays - 9:00 a.m. to 5:00 p.m.

Summer - Playground under supervision daily, 8:00 a.m. to 4:00 p.m.

Classes - Dramatization, work shop, art, dancing, sewing, nature study, handcraft, gardening, etc............ 236

Top Spinning Contest, Checker Tournament, Washington Program, Easter Egg Roll, Mothers' Day Program, Picnic to Kailua, Christmas Play Day, Knocking Milk Bottle Contest, Bollo Contest, Football League, Track events, Hallowe'en Fun Day.

Attendance: No. of individuals - 2000(est.);
Annual attendance - 48,304.

GIRLS' DEPARTMENT STAFF

l Director (F.T.)	1 Art and Dramatics Teacher (V.)
1 Physical Ed. Teacher (F.T.)	1 Music Teacher (P.T.)
1 Club Worker (P.T., Jan. to Aug.)	1 Dance Teacher (P.T., - Summer)
	1 Maids Training Teacher (F.T
2 Assistant Club Workers (V.)	Dept. of Education)
2 Relief Workers (Sundays) P.T.	1 Sewing Teacher - (P.T Dept.
1 Playground Director (P.T.)	of Eudcation)
1 Playground Assistant (P.T.)	1 Homemaking Teacher (P.T Dept.
2 Kindergarten Teachers (V.)	of Education)
2 Swimming Teachers (V.)	1 Girl Scout Leader (V.)
1 Home Economics Teacher (NYA)	1 Athletic Director (NYA)

F.T. - Full Time; P.T. - Part Time; V. - Volunteer; NYA - National Youth Administration.

MEMBERSHIP

Girls' membership increased 39% during 1935.

Annual Fully Paid Partly Paid	1934 468 268 736	$\frac{1935}{713} \\ \frac{310}{1,023}$	<u>Increase</u> 245 42 287
Memberships expiring during 1935 Memberships expiring during 1935 whi		$\frac{468}{1,491}$	
were renewed and are included in the 713 fully paid members		$\frac{161}{1,330}$	
NON-MEMBERSH	IP GROU	PS	
Adult Vocational Classes League Members		334 129 463	
Grand Total	•••••	1,793	
RECEIF	TS		
Membership Clubroom rental Suit rental Incidentals Total Receipts Profit - "Rhythmic Review"			83.30 38.05 25.27 \$724.18

ADULT VOCATIONAL COURSES

The Adult Vocational Classes at Palama are sponsored by Mrs. Edwards of the Vocational Division of the Department of Public Instruction and Palama Girls' Recreation Department jointly.

Courses sponsored during 1935

Enrollment

1. Maids' TRAINING - Mrs. W. Maury, instructor 140
Annual registration - 140; number completing 95; number placed in positions - 65; lunches
served - 7082; special lunches served - 57.
Receipts \$1,184.25
Expenses 1.151.24
Profit ... \$33.01

In April one of the Preventorium buildings was reclaimed as a Maids' Service Headquarters, affording considerable improvement in the training course.

- 3. SEWING CLASS Miss Sproat replaced by Mrs. Windmayer, Instructor. Annual registration...... 104 Various types of sewing was taught. Three exhibits showed splendid accomplishment.
- 4. HOMEMAKING COTTAGE Annual registration..... 90
 The cottage is usually moved every three months
 in order to reach the mothers of various districts. During 1935, the cottage was moved only
 twice due to special need in one of the districts.

January to May Buckle Lane
April to December 1001 N School St.

Subjects covered: Sewing of all types; -dressmaking, crocheting, cushions, curtains, couch covers, novelty articles. Home decoration: -box furniture making, picture framing, jesso work, lamp shade making, etc. Cooking; -cooking of various types of dishes. Home management: -budget making, child care, dietetics, yard care.

(Founded and largely supported by The Strong Foundation)
(A complete Report of the Clinic is published under separate cover)

Staff

Director and 8 full-time dentists, 3 attendants, clinic secretary, 2 clerks.

Statistics		
New children	2,582	2,794
Old children Total children	$\frac{5,863}{8,445}$	$\frac{6,524}{9,318}$
Total visits	32,612	34,622
Fillings: Permanent Deciduous	19,321	18,785 14,905
Extractions: Permanent	661	566
Deciduous	12,656	14,196
Treatments	5,966	7,552
X-rays	88	93
Mouth hygiene	10,357	12,661
Examination charted at first visit	2,582	2,795
Final examination of completed cases		4 808
by Clinic Director	4,892	4,797
Total Operations	68,731	76,350
Total number of separate individuals		
completed	7,081	8,390
Total number of cases treated	11,115	12,385
Individuals completed twice during the	0.000	F 00F
year	2,670	3,067
Total number of completed cases x Total number of completed cases ex-	9,751	11,457
amined by Clinic Director	6,041	5,589
* 1,149 and 792 of these, respectively,	were compl	Leted by the
Clinic Director.		

Clinic Hours and Output

Total visits	1933 28,080	$\frac{1934}{32,612}$	1935
Total working days	249	241	244
Average number of patients per day	113	135	142
Actual number of dentist work-			
ing hours	11,059	12,513	13,865 x

* 364 hours should be added to the total 13,865 to obtain total dentist hours, the additional hours representing time occupied by Clinic Director in school visits, administration reports, meetings, etc.

Children Receiving Service in 1935

Grade	Completed	Per Cent			
1	1,299	15.5			
2	1,610	19.2	No.	still attending	883
3	1,643	19.6	No.	left school or gone to	
4	1,799	21.4		private school	20
5	2,030	24.2	No.	discharged to private dentists	16
Rural	9	.1		discharged for other reasons	9
	8,390	100.0			

Operating Costs

	Without	3 4 x With Overhead	l 9 Without Overhead	
Cost per operation	\$.50	\$.58	\$.50	3.57
Cost per visit	1.06	1.22	1.10	1.26
Cost per individual	4.09	4.71	4.08	4.66
Cost per case	3.11	3.58	3.08	3.51

- * Based upon 68,731 operations, 32,612 visits, 8445 individuals, and 11,115 cases, \$34,578.67 without overhead, \$39,748.86 with overhead.
- ** Based upon 76,350 operations, 34,622 visits, 9318 individuals, 12,385 cases, \$38,134.20 without overhead, \$43,457.18 with overhead.

(Capital expenditures of \$3622. for new equipment has been deducted from total cost of the clinic as shown in financial statement, for purpose of arriving at unit costs.)

Reduction in Unit Costs

	l 9 Without Overhead (In Per	With Overhead	l 9 Without Overhead (In Per	With Overhead
Per operation	15.3	12.0	¥ 3.8	2.
Per visit	11.7	11.6		3.
Per individual	9.9	9.1		1.
Per case	6.3	5.5		2.

* Increase

Eligibility for Dental Clinic Service

Grade	No. in grade	No. eligible	Per Cent Eligible
First	3,342	1,904	57%
Second	3,400	1,710	50%
Third	3,544	1,736	49%
Fourth	3,471	1,769	51%
Fifth	3,470	2,199	63%
	17,227	9,318	54%

VACATION CAMP

Palama's Vacation Camp on the ocean at Waialua was used by 3800 people during 1935. The number sleeping at the Camp one or more nights was 2395. They averaged one and a half night per person.

Here is a 17 acre grass-covered. well-wooded recreation center on the ocean beach, bordering the Waialua Golf Course.

The Camp provides ideal accommodations for large or small groups of adults and children. Certain buildings are so arranged that they also give to individual families complete privacy and independence of other parties using the grounds.

Many organizations and clubs have made use of the Vacation Camp each year, because they have found such an unusual combination of comfortable camp facilities and recreational possibilities. Business firms who desire picnic or camping accommodations for their personnel are finding the Camp ideal in every respect. As many as 1000 individuals have enjoyed the grounds at one time.

Rates

- Week-end use of Cabin (Bed and mattress), community kitchen and dining room, pavilion and grounds, 25¢ per person (all day Saturday, Saturday night, and all day Sunday). Cabins contain 2, 4 and 6 beds.
- Beach Cottage (6 beds, dining room, kitchen, living room, over-looking ocean), 50¢ per person per night.
- Main House (4 bedrooms, kitchen, dining room, lanai, 2 bathrooms, all bed and household linen, accommodations for 8 to 16) \$1.00 per person per night.

SOCIAL HYGIENE COMMITTEE OF PALAMA SETTLEMENT

(August 28, 1935 this Committee became the Social Hygiene Association of Hawaii.)

BECLUSE

- cour children get their sex education mainly from older companions in a way that is usually harmful.
- by better sex education we can reduce sexual immorality, venereal infections, abortion, illegitimacy, and sex crimes.
- the proportion of happy marriages can be increased.
- the number of children born to mental defectives can be decreased.

The Board of Trustees of Palama Settlement authorized in 1934 the appointment of a Committee and the employment of a trained educator. This action was approved by the Council of Social Agencies. Roswell H. Johnson, Ph.D., of the University of Pittsburgh, was engaged January 1, 1935 to serve as secretary of the Committee. Palama Settlement has met the cost of this service during 1935 from private funds, other than the United Welfare.

The object of the Committee and later of the Association were:-

To furnish to all who guide children sound material and methods for sex education and guidance.

To preserve and strengthen the family as the basic social unit through family counseling by furthering sex education, training for marriage and parenthood.

To take steps that tend to reduce sexual delinquency and venereal infections.

To emphasize the responsibility of the community and the individual for preserving or improving the quality of future generations by educative and social measures.

To foster such character education and training from childhood up as shall develop better attitudes, ideals, standards, and behavior in respect to sex in its broadest sense.

Work performed:

172 speeches (exclusive of University and other credit courses), attendance 14,883.

152 lectures (in 3 University courses and 4 courses credited by the Department of Public Instruction), attendance 11.232.

62 personal consultations.

The Secretary has taken an active part in many important community activities.

WHAT OUR WORK COST - 1935

Income

Balance on Hand, Jan. 1, 1935 Invested Funds Special Donations Institutional Receipts Chamber of Commerce City and County Government United Welfare Fund Other receipts (sundries)	\$ 612.47 3,191.24 4,402.50 15,397.36 21,000.00 29,950.00 87,000.00 607.81
	\$162,161.38
Dental Clinic Balance on Hand, Jan. 1, 1935 Fees from patients City and County Government Strong Foundation Other receipts (sale of old equipment)	43,294.79
Total	\$205,456.17

Expenditures

Administration Maintenance Vacation Camp Recreation Medical Nursing Social Hygiene Relocation and alterations of 4 Special Diphtheria Immunization			
paign (Board of Health) Other Disbursements (sundries)	Oct III—	347.04 424.66	
		\$161,801.57	
Dental Clinic		41,756.20	
Total		\$203,557.77	

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                            Dental
                                                   Nursing
         W. S. Wood, A.B., Ph.G.
                                       E. W. Zulawinski
                                       Recreation - Girls
             Recreation - Boys
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J. R. Galt - - - Officers

W. F. Frear - - - - - Secretary

A. L. Castle - - - - - - - Vice-President W. F. Dillingham - - - - - Vice-President

The staff consisted of 83 full time and 36 part time workers.

* Deceased.