

KA-PALAMA

Volume Three No. 35

Palama Settlement, Honolulu, Hawaii

July 20, 1937

OLYMPIC SWIMMERS ENTERTAIN YOUNGSTERS

More than a thousand cheering aquatic fans witnessed a spectacular swimming and diving exhibition featuring five of the best American Olympic stars coached by Stanley Brauninger during the noon hour, Monday, July 19th at the Palama Tank as the group spent a few hours in port enroute to Japan.

Jack Medica, sensational Washington university aquatic champion who carved national fame by tucking away many individual records and capturing the 400 meter freestyle at the Berlin Olympic games last year, churned the water against record time with amazing burst of speed to further convince his followers that he is one of the best swimmers of today.

Showing equal brilliancy in splashing the water, Adolph Kiefer another Olympic star and holder of all world backstroke records performed in the 150 yard backstroke in the form of a real champion to serve notice again to the Japanese in the next Olympics.

In gliding the water with newly perfected butterfly stroke, Johnny Higgins who hails from Ohio State University smoothly propelled in the 100 yard breaststroke against Akane, our local boy, who incidently finished only a few yards behind the champion. Miss Katherine Rawls, youthful mermaid from Miami, Florida, exercised her all-around paddling almost to perfection over the 300 yard medley to prove that the weaker sex also has its champions who rival the accomplishments of their masculine teammates.

In winding up the program Miss Rawls with Elbert Root who took second honors at the last Olympic executed breath-taking diving numbers thrilling spectators into bursting cheers to shatter the intermittent silence of the hundreds who jammed bleachers and all other available space about and near the pool.

During the events they demonstrated in slow motion various strokes and turns which are used in their method of swimming as compared to similar movements now rapidly becoming obsolete.

Their performances here no doubt have inspired the youngsters to take finer interest in the art of swimming. We thank the officials, especially Arthur H. Achon and the Junior Chamber of Commerce and C. Dudley Pratt, A.A.U. Swimming chairman, for their efforts in sponsoring this event in our tank.

PALAMA ASKS ADDITIONAL FUNDS FROM THE CITY AND COUNTY

The Executive Committee of the Board of Trustees of Palama appeared before the Finance Committee of the Board of Supervisors Thursday afternoon to appeal for \$10,000 to meet the increasing expenses of the medical department. Mr. George P. Rea presented a masterful appeal explaining the necessity of the fund. Others who spoke in behalf of the request were Mr. W. F. Dillingham, Mr. A. L. Castle, Dr. N. P. Larsen and Dr. Platt. The Finance Committee received the request sympathetically and promised to do what they could. Final action will be known in two or three weeks.

STAFF PICNIC

Believing in the adage of "Doctor heal thyself" the Recreation Department has decided that it is high time recreation staff members turned out for a bit of recreation. And so---plans have been made for a joint boys and girls staff picnic Sunday, July 25th.

Dr. Platt came to our assistance and obtained the use of the Kailua Home of Carter Galt for the occasion.

Mrs. Maury and Mrs. Pitman will see to it that hearty appetites are appeased and Mr. Wood will arrange for the transportation. We expect between 40 and 50 workers to join us here at Palama at 3:00 p.m., Sunday--then off to Kailua--a swim, food and fun. What more can you ask?

PALAMA VISITORS

Mr. and Mrs. J. Curtis Platt and daughter of Scranton, Pa., who are making a short visit with their brother Dr. Philip S. Platt, attended the swimming exhibition yesterday. Mr. Platt is vice-president of the Scranton-Lackawanna Trust Company, and
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Last week Mr. Ted Rhea, director of the health education division of the Department of Public Instruction, brought 100 of the students in his courses in health education at the Summer School to visit the institution. The group spent
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PALS RATE HIGH IN NATIONAL COMPETITION

Palama Settlement's high riding squad of youthful all-around athletes has again written their names in blazing letters across the national B.C.A. horizon by dead-locking the Jewish People's Institute of Chicago for third position behind the Irene Kaufman Settlement of Pittsburgh and the Boys' Club of Pittsburgh in the 1937 Boys' Clubs of America Indoor Athletic Pentathlon. This information was received recently by Pal authorities from B.C.A. headquarters in New York City. Simultaneously in the same mail, came the announcement that Winged P natators had splashed their way into fifth place in the Swimming finals, a distinction seldom achieved with such consistency as shown by the local boys' club.

The signal honor in track marks the ninth consecutive year that Palama Settlement has rated within the first five in the final tabulation against boys' clubs strung along the wintry shores of Massachusetts and across the continent into the sunny climes of California. This year's Maroon team is a throw-back to the great Palama standard bearers of former years, those national champions of 1932, '33, and '34, which were wrecked by the eighteen-year age limit. Out of the seemingly hopeless debris, Settlement coaches have developed a fine outfit which in three short years has again reached the threshold of national supremacy in pentathlon competition.

Individual Palama champions gained national recognition in the 80#, 95#, 110#, and 125# weight classes as Thomas Lee, Isaac Lum, Stephen Vasquez, and James Koo flashed into the limelight with their sterling performances. James Koo proved himself the most brilliant of the local quartet by annexing the runner-up wreath in the 125# division. In scaling the heights, Koo chalked up great marks in every event of the pentathlon. The Westside kingpin broad-jumped 8' 8 1/8", hop step, and jumped 24' 5 1/8", high-jumped 5' 4", pulled his chin over a cross-piece 34 times, and tossed 28 baskets in one minute for a sensational all-time Palama record. Lum crowned himself with glory by garnering third place in national ratings for the 95# class, while Lee and Vasquez crashed into prominence when they earned fifth places in the 80 and 110 pound brackets respectively.

Mitsuto Tarutani and George Akamine were the only Pals to break into the list reserved for swimming top-notchers. Tarutani copped third place in the 16-17 year group by churning the 40 yard freestyle in 19.1, 20 yard backstroke in 10.2, 20 yard breaststroke in 10.7, 60 yard freestyle in 30.4, and the 20 yard obstacle race in 9.8 seconds, while Akamine was awarded fifth position in the 12-13 year class for his 23.1 in the 40 yard freestyle, 13.3 in the 20 yard back, 12.0 in the 20 yard breast, 37.7 in the 60 yard free, and 14.5 in the 20 yard obstacle race.

BOXING AND WRESTLING SCHEDULE

Time: 5:00 p.m.
 Days: Monday, Wednesday and Friday
 Place: Palama gymnasium

All candidates for Palama's 1937-38 boxing and wrestling teams met with coaches Walter Cho, Louis Mendonca, Sun., July 18th at the Palama gym to lay plans for the oncoming season.

Some of the wrestlers have been training for several weeks with the hope of being chosen to compete in the proposed dual meet with the Englewood Club of Los Angeles on their return from the Orient late in August.

As for the boxers, the dual meet season will open in September and coach Cho hopes to have his proteges in shape for the opening gong. Many new candidates will be out this year and while heavy training will not begin for several weeks all old

and new candidates were present at the preliminary organization.

TRACK TEAM DANCE THIS SATURDAY

Bill Montero's Blue Harmony orchestra will play for the Palama track team on Saturday night, July 24th in the Pal gym.

This dance is being staged as a belated honor to Palama's A.A.U track and field champions. With the Outrigger club pavilion closed for repairs and a service dance at the Armory the dancing public is expected to fill the Palama gym to capacity. Only a few dances have been held at the westside welfare center this year and all have been unusually successful. The Blue Harmony melody makers played to a packed house in their last appearance at Palama in June and is certain to pull a large following to this spot again on Saturday night.

Boys' Activities

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AMELIA EARHART

Men and women in all walks of life, young or old, poor or rich when realizing that their beloved heroine of aviation, Amelia Earhart, has been forced down somewhere in the vicinity of the Howland Island undoubtedly crossed their hands in a silent prayer and hoped for an immediate rescue. Disappointment has been the result of our futile search thus far and it seems that another drama of the seas draws to a tragic close. Yet there are thousands all over the world who could not render service directly have united with others in their spiritual support.

It is natural perhaps-- for the topic today in and around the Settlement is the ringing discussion concerning the flight of the illfated Lockheed-Electra which vanished more than two weeks ago. It is true that aviators are blazing aerial trails across the vast ocean span with the aid of the latest instruments yet accidents do happen no matter who and how skillful one may be.

Earhart has won the hearts of many island residents on her recent visit to the islands. This unfortunate incident is another epic of the air ending on a somber note of sorrow to those who followed her closely. Even if fate has stepped in to cut her brilliant career we cannot deny that she has contributed much to the progress of aviation.

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for a number of years has been chairman of the budget committee of the Scranton Community Club. He has also been chairman of the State Tree Commission and a director of the State School for the Deaf and Dumb. The Kapalama extends you an enjoyable time before leaving our shores.

BOYS' CLUB NEWS

The Panther Club had a treat on Thursday night when they went to the gym to play. The members were given an opportunity to play Badminton for the first time. Since none of the boys had ever played the game it was decidedly a new experience and an interesting one for all the boys. While the official court has not been completed the first games were played on a volleyball court and much fun was had by all.

The Chipmunk Club went to Moanalua Gardens for an outing on Saturday after the show. Most of the time was spent gathering and eating mangoes. To date no ill effects from overeating has been reported although the boys had plenty of the delicious tropical fruit.

Cub Scouts enjoyed an all day picnic at the sandy shores of Henauma beach last Sunday. Inter-den athletic competition was held with swimming occupying their major part of the day.

EXCURSION CLUB ENJOYS TRIP TO DAIRY

A group of 44 boys of the summer excursion club jammed in the bus Thursday afternoon for a visit to the Hind Clark Dairy. They went through the plant with much interest as the guide took the youngsters around explaining the process of milking, bottling and sterilization. Quenching their thirsts with samples of ice cold quality milk the boys journeyed homeward with satisfaction.

PROTECT PALAMA

The Settlement Administration offices are just across the lobby and the club-room is located in the front of the Administration building, the recreation staff requests that members while occupying these new quarters observe the following regulations:

COURTEOUS- Your fellow members have the same privileges as you.

PRESENTABLE- Slouchy and unclean appearance should be avoided.

ALERT- The game and reading room is just what the words imply.

A GOOD SPORT- True sportsmanship-- Palama's motto should always prevail.

Girls' Activities

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WATER PAGEANT PREPARATION

Visitors wonder what is going on in Palama's pool these days and so did we but the secret is out--Palama's annual Water Pageant, of course. But this year, it will be a joint affair for both boys and girls so there is plenty of activity around the swimming pool daily. The girls have become ducks, fish, and frogs almost overnight and it is quite a sight to see 8 - 14 of them training in neat and precise formations each day between 4 and 5 o'clock. Any swimmer may join this group of water folk and spectators are welcome too.

A Tuesday and Thursday night practice period for Swim Pageant has been arranged because so many of the girls are working day shifts in the cannery.

GYM NEWS

A group of 15 girls are working hard on Pyramid building for the coming Citywide Circus and Palama Water Pageant. The girls fall time and time again but come up grinning for a better foundation for the next pyramid. Deisy and Betty Wong are leading the group with chest rolls, cartwheels and all sorts of acrobatics.

PLAYGROUND

The children's playground must be a fascinating place for Mary Park has another volunteer worker this week. Alvina McGurn is the last addition to our Volunteer Staff and it is whispered that she is always ready and waiting when the playground gates open each morning. An extra special "Aloha" Alvina, for your interest and the early hours!

VISITORS

Mrs. Callish of the Recreation Commission staff visited our Dance School Friday afternoon. She expressed surprise at the large groups and their progress and is especially anxious that Palama girls give several dance acts in the Citywide Circus program.

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an hour and a half visiting the various departments and hearing from the director, Dr. Platt.

GIRLS' CLUB NEWS

All Palama girls up to and including the 6th grade and not enrolled in another club are invited to meet Anita Kong in the girls clubroom, Friday afternoon, July 23rd at 4 p.m. to organize a new club.

Many girls have complained that they are unable to join clubs because the meetings are held at night. Anita Kong has offered to help these girls start a club which will hold its meetings Friday afternoon. Here's your chance, girls--enroll Friday and become a charter member!

CAMP PLANS

Many Palama girls are looking forward to 3 days of camp the last few days of August. Start saving your pennies, girls, so more can go this year.

RHUMBADORES GIVE DANCE

Paul Torres and his boys adopted a name and broke into the social fling Saturday night with a dance in the girls clubrooms at Palama. The boys hope to stimulate interest in their dance orchestra and if Saturday night can be used as a criteria the Rhumbadores have their feet on the first rung of the ladder of success. No definite attendance could be obtained but the clubrooms were crowded and it is our guess that at least 150 people danced practically every number. The boys served light refreshments at 10:30 and closing time came all too soon.

A COOL NOURISHMENT

Lemon - Ale

4 lemons 1 sm. bottle maraschino
1/2 to 1 c sugar cherries
2 pints gingerale
12 ice cubes

Extract juice from lemons, place in Beverage Maker with sugar. Add cherries with juice, gingerale and ice cubes. Close spout by turning cover and shake well... Serve in tall glasses with lemon slices.

Serves 6 - 8

A group of 18 women, who are on a tour of the Orient, under the auspices of W. J. Sipprell, D.D., of the United Church of Canada, visited the Settlement on Wednesday, the 14th.