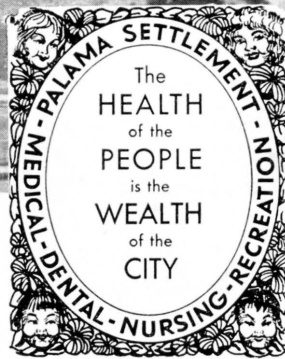




YOUR FIRST LINE OF DEFENSE



AGAINST SICKNESS AND DELINQUENCY

To the People of Honolulu:-

A minute to read! A minute to reflect! It's all we ask of the multitude of Palama Settlement's friends who receive this brief Annual Report.

In the year just finished Palama's great arms of service for health and welfare reached out to thousands of Honolulu people most needing its protection—reached out with a fullness of service not heretofore equalled.

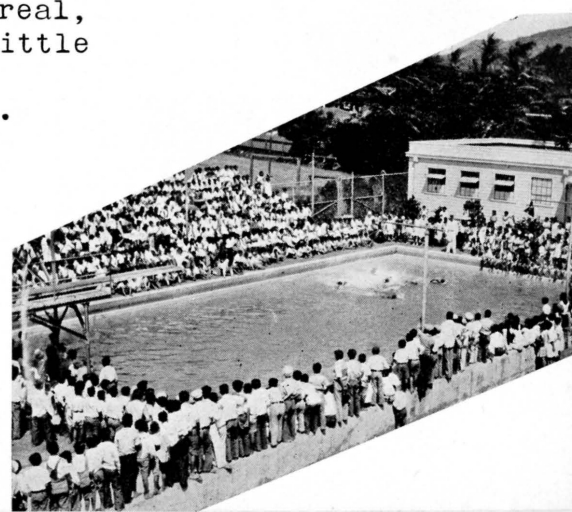
With the watchword, "Prevention as well as cure"; with the goal, "More work at less cost"; Palama public health nurses increased home visits to 45,708, almost 9,000 more visits than in 1931. Palama doctors and dentists treated 78,629 cases; an increase of more than 11,000 over 1931. Palama's Tuberculosis Committee carried the message of preventive medicine not only to literally tens of thousands of island residents on Oahu, but to Maui and Hawaii as well.

One-seventh of Palama's energies is devoted to the recreation department. That department, however, served 15,000 individuals of all ages. These services include: club activities—boy and girl scouting—home-making—physical education—swimming—direction of innumerable athletic leagues—social dancing.

All of these services, reaching a total of 200,000 through the year, will become more real, more significant to you if you can take a little time to visit Palama Settlement. This is your cordial invitation to come at any time.

Sincerely yours,

J.R. Galt PRESIDENT *W. C. Ahear* SECRETARY
Alfred Castle VICE-PRESIDENT *P.S. Peat* PH. D. DIRECTOR
H. F. Robinson VICE-PRESIDENT



What is Palama Settlement?

50,000
who are
served
want you
to know



PUBLIC HEALTH NURSING

MEDICAL CLINIC

CHILDREN'S DENTISTRY

TUBERCULOSIS PREVENTION

RECREATION LEADERSHIP

FRESH AIR CAMP

PALAMA is six community welfare organizations brought together into one. PALAMA is a refuge of health and happiness for 50,000 Honolulu residents.

A vice-president of the Rockefeller Foundation said recently:

"I wish to congratulate the City and County of Honolulu in having in the Palama Settlement one of the best conceived and run social health centers that I have seen anywhere. One is impressed with the combination of scientific spirit, team play and human interest shown in this institute. I feel that the money spent for its maintenance and development is well justified and the community may well be proud of the institute's achievements."

Their replies to our random questions will be something like this:

"What, don't you know how Palama helps me before the baby comes, so he will be good and strong?"

"Don't you know that every two weeks I go to health station where nurse and doctor tell me how to keep baby well?"

"You know, don't you, how Palama keeps me, my husband and children all happy, and doing better in hard times, by postponing an increase in our family, when we don't want it any bigger?"

"Sure, the kids have good times and learn lots of things at Palama. They get in no big *pilikia* down there."

"And doesn't the Palama nurse come and show me how to bathe and feed the baby just right?"

"I don't have to tell you how glad I am the Tuberculosis Committee told me what to do to find my disease before it was too late."

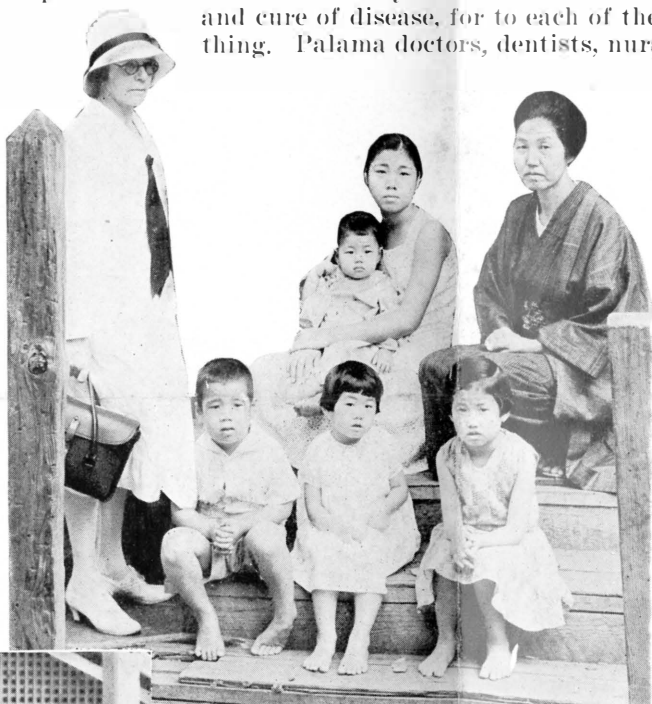
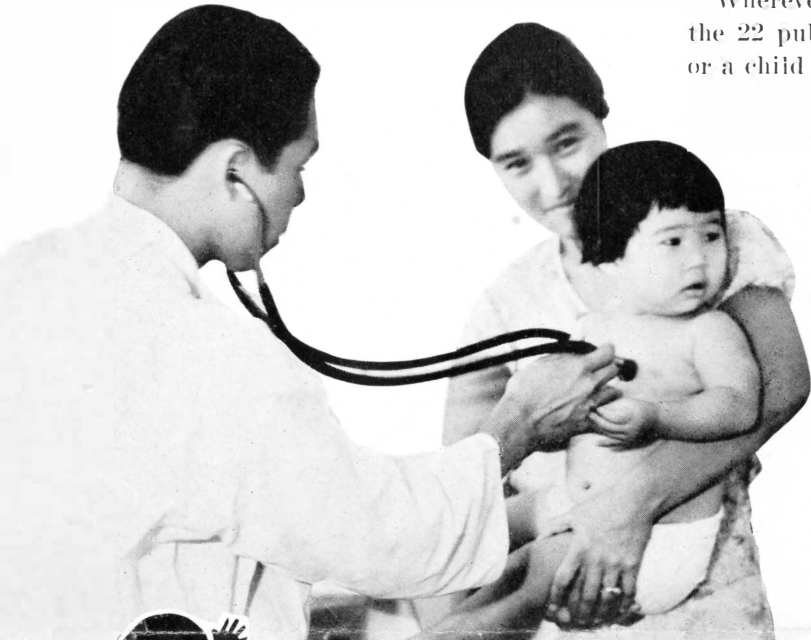
And so it goes. All of them know how Palama helps them. They know where to turn for what they need. Palama does not have to advertise to get people to help. Those who have received the innumerable benefits help spread the word among their friends of the good that Palama can do. For that they thank us, and we, in turn, thank you, who make our work possible.

PALAMA'S 37 years of service are embodied in its many buildings and loyal staff of 85 full-time and 50 part-time workers.

Wherever you find one of the 22 public health nurses, or a child health conference; whenever you look into one of the well-equipped dental or medical clinics at the Settlement; whenever you watch groups of happy children in play, you will be glimpsing something of the spirit of Palama — you will understand a little of the vital importance of Palama's service to its wards in Honolulu.

The foregoing statement indicates the service of Palama from the public welfare standpoint, from your viewpoint as a civic-minded individual. It does not tell you what the feeling of the thousands of individuals who receive Palama's services may be. Each of them has turned with increasing faith to Palama, each with an individual problem, each with the hope that his own personal existence may find betterment somehow through Palama's aid.

Shall we ask some of these individuals what Palama means to them? Their replies will not deal with theories of public health service to the masses. They will have little to say about community benefits through recreational programs for poor children. Nor will they talk much of the civic value of prevention and cure of disease, for to each of them Palama is a personal thing. Palama doctors, dentists, nurses, recreation directors, are real persons to these people—men and women to whom each in his need may come for treatment of disease—advice in their personal problems—and help in time of trouble.



Babies who attend Palama's Child Health Conferences have four times better chance of surviving their first year than other babies. 818 conferences were held during the year at which 4,357 children under six years of age made a total of 16,342 visits.

Palama Saves All the Family





PALAMA'S 1932

A GREAT YEAR

Medical Service	Nursing Service	Dental Service	Recreational Service	Tuberculosis Service
51,263 visits	45,798 visits	57,396 operations	15,000 individuals	70,000 services

WHAT OUR WORK COST—1932

EXPENDITURES

Administration	\$ 14,881.00
Maintenance	9,660.00
Fresh Air Camp	5,390.00
Recreation Department	28,463.00
Medical Department	53,153.00
Nursing Department	50,910.00
Other Disbursements	3,003.00
TOTAL	\$165,460.00
Dental Clinic	34,615.00
Tuberculosis Committee	10,924.00
TOTAL	\$210,999.00

INCOME

Balance on Hand January 1, 1931	\$ 1,328.00
Invested Funds	3,150.00
Individual Donations	3,079.00
Institutional Receipts	13,513.00
Chamber of Commerce	21,000.00
City and County Government	27,200.00
United Welfare Fund	96,300.00
TOTAL	\$165,570.00
Dental Clinic—Fees	\$ 1,598.00
City and County Government	3,600.00
Strong Foundation	30,200.00
TOTAL	\$ 35,398.00
Tuberculosis Christmas Seals	11,526.00
TOTAL	\$212,494.00

GREATER SERVICE—SMALLER COST

MEDICAL DEPARTMENT

Year	No. Visits	Cost per Visit
1927	19,896	\$1.72
1928	24,315	1.48
1929	25,531	1.43
1930	36,538	1.19
1931	45,599	0.99
1932	51,263	0.97

OFFICIALS OF PALAMA SETTLEMENT

J. R. Galt, President; Alfred L. Castle, Vice-President; Walter F. Dillingham, Vice-President; Walter F. Frear, Secretary; Hawaiian Trust Co., Ltd., Treasurer; Philip S. Platt, Ph.D., Director.

Trustees—George H. Angus, William D. Baldwin, M.D., Allen W. T. Bottomley, Forrest M. Branch, D.D.S., William R. Castle, Mon Fah Chung, M.D., C. Montague Cooke, Jr., Ph.D., George P. Denison, Carter Galt, Rev. Henry P. Judd, Nils P. Larsen, M.D., Sherwood M. Lowrey, Deane W. Malott, Wai Kai Chang, M.D. (ex-officio), Burton Newcomb, Forrest J. Pinkerton, M.D., Francis K. Silva, D.D.S., Frederick E. Trotter, M.D. (ex-officio), Hastings H. Walker, M.D., John Waterhouse, *George N. Wilcox, *John Galt.

Department Heads—Medical, J. W. Lam, M.D. Dental, M. I. Conner, D.D.S. Recreation, F. S. Field, B.H. Nursing, Stella S. Mathews, R.N. Tuberculosis, James G. Stone.

* Deceased.

Your Extra Dividend

Little known but of a deep importance are the varied services rendered the community by Palama staff workers outside the routine of their work—

Relief of Unemployment

A community garden, adequate to support twelve unemployed families, was developed; the Director is serving on the Governor's Unemployment Relief Commission.

Crime Prevention

Our Recreation Department has served as probation officers for 57 boys on behalf of the Juvenile Court. Fifty have "made good." Inmates of the City and County jail with venereal disease are treated at Palama. The Director is serving upon the Territorial Board of Prison Directors.

Nursing Education

For the second year our educational supervisor has directed a course in public health nursing at the University and has acted as President of the Territorial Nursing Association. Student nurses at Queen's Hospital receive public health nursing training at Palama. Board of Health and Palama nursing supervisors discuss their problems weekly.

Social Work Coordination

Positions of leadership were held by staff members upon the Territorial Conference of Social Work, the Council of Social Agencies and the Joint Committee on Child Health, and much valuable work accomplished.

Community-wide Recreational Work

Leadership in the development of the Junior Republic movement for young men 16 to 25, the learn-to-swim campaign and rural recreation was undertaken by staff members.

Community Use of Fresh Air Camp

In addition to our own Health Camp for 120 undernourished boys and girls, such annual encampments as the Boy Scouts, the Junior Police and the Recreation Directors' Association, were held at Palama's camp site. In all, 3,082 individuals used the camp.

Social Work Interpretation

Our Tuberculosis Secretary aided the following organizations in the preparation and publication of much interpretive publicity: Board of Health, Leahi Home, Governor's Committee on Unemployment Relief, Conference of Social Work, Nurses' Association of Hawaii, Social Service Bureau, United Welfare Fund, Child Health Day, and the National Committee for the Prevention of Blindness.

