



**PALAMA SETTLEMENT
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*resigned

PAKOLEA

PROJECT COALS

This past year, I have been very touched to see how many good friends Palama Settlement has--city-wide too--not just in our own kuleana.

The Learning Center has been rebuilt and refurbished with our architect's time a gift to us (now that is real kokua!).

Skillful, careful master planning has been completed, and a scheme for Palama's future is in your trustees' hands for consideration.

Our dedicated staff continues to help us stay full of hope for the future; and the time, and love, that all our volunteers have put in during this year gives us hope, too--hope that you will all think of the Settlement, in 1979 and in the future, with affection. Help us to keep on being good neighbors by being a part of the Palama family as the changes come. We need you!

Aloha,

Karen

Karen Perkins
President - Board of Trustees
Palama Settlement

PAKOLEAPROJECT GOALS :

To provide a structured means of increasing individual and group growth and decreasing delinquent and harmful acts for 150 children in the Palama-Kalihi area, ages 9-15.

PROJECT DESCRIPTION:

For the year 1978, two projects, basketball and football, were run. There were several components to each project. First, athletically, teams competed in the Pop Warner Leagues of football and basketball. Second, academically, youngsters were required to study a minimum of two hours per week in order to participate in the weekly games, and also to raise their reading test scores a minimum of 1.0 grade levels for the 10-week period. Third, behaviorally, each youngster received a weekly prescribed social behavior upon which he was measured for success or failure. Fourth, for training table, each youngster was fed Monday through Thursday, a dinner of balanced nutrition. A statistical report of their height and weight was also taken throughout the period. Fifth, group sessions were arranged for some youngsters who either needed additional attention or presented special problems.

1978 PROJECT ACCOMPLISHMENTS:

The basketball project accomplished these following results:

1. Athletically - (1) championship, (2) third-place finishers. All other teams failed to place over .500.
2. Academically - there was an average overall increase of 1.25 grade levels in Math.
3. Behaviorally - all seven teams showed an average of 93.0% accomplishment of their behavior.
4. Rewards - all three "A" teams earned the right to travel under the existing format. They all traveled to Gardena, California, to compete against the "F.O.R." team.

The football project accomplished these following results:

1. Athletically - (1) Oahu championship, (2) Oahu runner-up, and (1) runner-up in their division.
2. Academically - there was an average overall increase of 1.3 grade levels in Reading.
3. Behaviorally - the total average for all three teams were 97.2%.
4. Rewards - all teams qualified for a reward trip. The midgets and pee wees traveled to Kauai to participate in a bowl game. The jr. bantams had a split with 7 members optioning for a purely pleasure trip to Hilo, Hawaii, while the rest chose a Letterman jacket. This choice was given because of the inability to play a jr. bantam game.

NUMBER SERVED IN 1978

For the year 1978, there were a total of 288 youngsters that entered either the basketball or football programs. Ninety-three of these youngsters were returnees from previous Palama projects. This left 185 new youngsters for the year. Ten of the 288 total youngsters were terminated at some time during the year.

STAFF

*Henry Alalamua
Mary Dias
Keith Inouye
Bobby Nakagawa

Ed Nakamura
Dennis Tai
Kaleve Tufono
John Sharp

*resigned

DRUG ABUSE PROGRAM

GOAL

To reduce and/or eliminate drug abuse and to facilitate socially acceptable behavioral development of the target population.

BRIEF DESCRIPTION:

1. Learning Center - 2½ hours a day of individualized programming for each youngster at his own grade level skills. Behavior modification techniques are used to set up a point system to make his academic progress a positive and successful experience.
2. Kinetics - 1-hour a day is spent in an experiential learning process of learning through your muscles. This covers areas from volleyball to kite making, to basketball and sewing, to weight lifting and painting, to swimming, and first-aid, etc.
3. Group - 1-hour a day is spent in one of three group processes. T.A., a technique taught to youngsters, to be used on each other. The Transactional Analysis handbook for kids is utilized in this group. Ohana, is another group process used, where the group becomes your family to give you advice, discipline, and a place to share yourself. Contracting on Personal Efforts is a technique used where you make written contracts on yourself and witnessed by the group members to become accountable for your own actions. Honesty is a must in this group setting, and decision making skills are learned to keep the group healthy.

Breakdown of youngsters in program. Year 1978 (ages 13 to 17):

1. Total clients - 64
 - a. Male - 49
 - b. Female - 15

2. Total breakdown at end of year:

- a. Youngsters in-house - 21
- b. Youngsters in school - 12
- c. Youngsters graduated - 10
- d. Youngsters dropped before completed - 20

PROJECT ACCOMPLISHMENTS

- 1. Money spent on drugs:
 - a. Average at entry - \$2.89 per day
 - b. Average at discharge - \$1.09 per day
 - c. Average decrease - \$1.80 per day
 - Total - 62% decrease
- 2. Average academic increase for each 3-month period.
 - a. Reading - 1.1 grade level increase
 - b. Mathematics - 1.5 grade level increase
 - c. Language - 1.7 grade level increase
- 3. Decrease of anti-social behavior:
 - a. 89.6% decrease in status offenses and law violations from entry to the time of discharge from the program.

PROJECTIONS FOR 1979:

- 1. Continue to increase academic skills in all areas at least one grade level or more for a three-month period.
- 2. Continue to show a decrease on money spent for drugs.
- 3. Continue to show at least 85% to 90% decrease of status offenses and law violations.
- 4. Increase the number of youngsters serviced by at least 5%.
- 5. Improve our back-to-school programs to provide an easier move for the youngster going back into the regular school system.
- 6. Improve our kinetic program by incorporating the services of our newly organized recreational specialists.
- 7. Improve our vocational program by building a vocational skill building program and job opportunities to those youngsters who won't be returning to the regular school system.

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STAFF

Duval Dutro
Gaylord Glushenko
David Kam
Dorothy Kim

Karel Ling
Terry Ono
Jim Miyasato

YOUTH IN TROUBLE

GOAL:

To reduce and/or eliminate law violating behavior.

BRIEF DESCRIPTION OF PROGRAM

- a. Learning Center - Consists of 2½ hours of academic work a day. Each youngster is programmed individually at their own grade level to meet his or her academic needs. A behavior modification system of points being awarded for work is utilized.
- b. Kinetics - Consists of 1 hour a day in which the youngsters learn to develop new skills physically by participating in such activities as volleyball, basketball, sewing, kite making and decoupage.
- c. Group - Consists of 1 hour a day spent in one of three groups. G.G.I. (Guided Group Interaction) is a group which is an alternative to incarceration. It is mandatory that all clients be on staid mit. G.G.I. is focused on the group as the target of change and the means of bringing about change. Status is a group whose members cause major problems for parents and society because of unacceptable behavior for their parents and/or guardians. The treatment used is Reality Therapy which identifies real needs and finds alternatives to fulfill those needs. The need to love and be loved and the need to feel we are worthwhile to ourselves and others. L.V. (law violators) is a group whose members are beginning law violators, who caused Family Court intervention. They have law violating anti-social behaviors. Reality Therapy is the treatment also utilized.

TOTAL SERVED

- 37 - total number of clients treated
- 4 - graduates
- 9 - in-house
- 7 - transferred to drug program
- 7 - dropped
- 3 - returned to school
- 3 - on the run
- 2 - Detention Home awaiting hearings
- 2 - Hawaii Youth Correctional Facility

ACADEMIC ACCOMPLISHMENTS :

Pre to post-test scores compared

Reading - 1.04 grade levels increase

Mathematics - 1.49 grade levels increase

Language - 1.12 grade levels increase

PROJECTIONS FOR THE YEAR 1979

- a. To increase academic grade levels by one in each 3-month period.
- b. To decrease law violations to within a 85% to 95% range.
- c. To increase the number of youngsters in-house to 65.
- d. To have a structured classroom type session to prepare those youngsters who are returning to regular school.
- e. To set up vocational training sessions for those youngsters who choose to work.
- f. To set up a structured kinetic program where instructions and supervision is organized.

STAFF

*Curtis Cortez
James Kealoha
Larry Keeno

Joe Piko
Alfred Valeros

*resigned

NEIGHBORHOOD DEVELOPMENT

OBJECTIVES

1. To help increase neighborhood responsibility (i.e., awareness, concerns, serving on policy and advisory boards and committees), for social welfare resources available to, and programs and services operating in the Palama area.
2. Concerns as they relate to the Palama neighborhood:
 - a. Legislation
 - b. Physical and social planning
 - c. Neighborhood groups
 - d. Neighborhood organizations and associations
 - e. Basic style of neighborhood development

PROJECT DESCRIPTION

For the year 1978, neighborhood development staff was actively involved with fourteen groups ranging from community associations to groups dealing with major health concerns in the West Honolulu area. Staff served as consultants to the major community associations with formal written contracts established. In other areas, staff served as committee persons or gave direct technical assistance.

PROJECT ACCOMPLISHMENTS

Assisted in completing the negotiating of grievance procedures between HHA and the Oahu Tenants Advisory Council.

Trained officers of OTAC - assisted in completed IRS tax exempt status.

Provided staff back-up to Mayor Wright Community Association and the Kam-Kaahumanu Community Association - assisting in providing information on what's happening to rent increases, Capital Improvement Needs, etc.

Neighborhood Board #15 - input into planning of the Kalihi-Palama area - input into Community Development Block Grant.

West Honolulu Health Planning - input into reviewing Mental Health Adult and Children's grant, family planning grants.

JOB TRAINING

This section also was responsible for the ALU LIKE and CETA projects dealing with assisting young people in the neighborhood in the area of job training.

STAFF

*Cathy Alana	***Bernice Kaluhiwa
**Kaiulani Browne	Verna Keyes
**Nanci Foley	Monta Kinney
***James Kalili	***Julie Neumann

* resigned
** UH student placement
*** Alu Like workers

WELFARE RECIPIENTS ADVISORY COUNCIL

Worked with a record number of clients to service their needs as clients or potential clients. Many cases involved aid to dependent children, housing needs, understanding the new Food Stamp regulations, etc.

STAFF

Becky Baker	Tala Mokiao
Blanche Kealakai	Myrtle Mokiao
Anna Kekumu	Rosie Stone
Zerelda Makekau	

SUPPORT STAFF

Clerical

Gennie Kaaialii
Leo Lapera
Naomi Okimoto
*Edwina Robertson
Renee Sambueno
Puanani Taylor
Rosie Yano

Business Office

*George Kishaba
Helen Ichikawa
Rosa Sandoval

*resigned

Maintenance

George Kahakai, Jr.
Howard Kawakone
George Kim
*Emil Kuhaiki
Primitivo Llacuna
Tuani Nofoa
Ernest Pakaki
Nani Toyama
Priscilla Toyama

KE ALA HOLO PONO (Pathway to Successful Action)

PROJECT GOALS - To discourage potential and current abuse of alcohol by youth, ages 12-18, in four target areas on Oahu through use of education, resource information and positive interactions among youth and the Community Network Specialist, and agency resources.

OBJECTIVES

1. Provide a model for interagency coordination among the three participating project agencies and with other community youth-serving groups.
2. To serve as agents for referral to appropriate services with the community for both youth with normal developmental needs and youth with specific problems.
3. To provide a listening adult model who can respond to their needs.
4. Gather information from youth and residents regarding gaps in service.
5. Provide information regarding alcohol, its abuse and its use to youth, adults, parents, schools.

ACTIVITIES - Served in Waianae Coast, Kalihi-Palama area, Windward Oahu and Papakolea-Palolo area - community workers related with youngsters from elementary schools to youth with definite problems with alcohol. Administration of program was handled by the three agencies: Palama Settlement, Waianae Rap Center, and the YMCA of Honolulu.

BREAKDOWN OF YOUNGSTERS INVOLVED

Referrals to different agencies	- 46
Contacts and sessions	- 544
No. of persons involved	- 5,076
No. of youth involved	- 3,578

FINDINGS

Inadequate services for youth with problems related to alcohol. Agencies dealing with young people understaffed. Not enough facilities if available, rigid rules.

FOR 1979 - Application to Department of Health, Education, and Welfare for funding for Comprehensive Alcohol Program for Youth - outreach, treatment, shelters, work with families, etc.

STAFF - Allen Davis, Francis Hall*, Gary Macarayan, Phil Phillips, John Sharp, Gary Shimabukuro *

*resigned

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PALAMA SETTLEMENT
STATEMENT OF FUND BALANCE
As of December 31, 1978

RESTRICTED

	<u>Balance 1977</u>	<u>Transactions</u>	<u>Balance 1978</u>
Ke Ala Holo Pono	-	(7,760.63)	(7,760.63)
Pop Warner	(5,160.20)	2,440.19	(2,720.01)
Drugs	(23,264.75)	5,338.72	
		adj. (4,303.70)	(22,229.73)
WRAC	(10,354.53)	3,640.75	(6,713.78)
Residence for Girls		(16,121.01)	(16,121.01)
Others	(12,204.55)	(3,967.64)	(16,172.19)
	(50,984.03)	(20,733.32)	(71,717.35)

UNRESTRICTED

	<u>Balance 1977</u>		<u>1978</u>
Undesignated Fund	65,257.88		
1978 Transactions			
less: prior year adjustments		25,565.27	
add: deficits			
Pop Warner		1,924.34	
LEAA		2,547.94	
Bldg. & Maintenance		2,760.93	
Closing		26,528.65	
Others		6,272.68	
		<u>11,921.33</u>	68,179.21
Building & Maintenance (4,793.70)		7,554.68	
to close deficit to undesignated		(2,760.93)	
Learning Center	(87,677.77)	(24,769.35)	(112,447.12)
Board & scholarship	(100.00)		(100.00)
	<u>(36,313.59)</u>	<u>(8,054.32)</u>	<u>(44,367.91)</u>

FACILITY USAGE

Facility - Camp Palama Uka

Groups - 28

Camping Nights - 49

Adults/Teens

505

Grade School

176

Under 6

13

Hiking only - Groups - 14 Hikers - 164

Facility - Rath Auditorium

No. of Groups

4

Times Used

8

No. of People

277

Senior Citizens feeding/daily - average of 60 per day

Facility - Home Economics Building

No. of Groups

11

Times Used

25

No. of People

627

Daily feeding - In Community Treatment Program
breakfast/lunch - average of 32 youngsters

Pakolea - 19 weeks - dinner - average of 175 people

4 times a week

Facility - Gymnasium - Saturday and Sunday only

No. of Groups

14

Times Used

168

No. of People

6,700