

KA-PALAMA

Volume Three No. 20

Palama Settlement, Honolulu, Hawaii

April 6, 1937

PALAMA SWAMP'S SANTA BARBARA IN RADIO MEET

Palama Settlement's youthful squad of all-round athletes buried the cream of Santa Barbara youngsters under an avalanche of points and scintillating performances, Saturday afternoon April 3, to win the first annual "radio" athletic meet between the two institutions by a record score. The final count read Palama Settlement 254 $\frac{3}{4}$; Santa Barbara Boys' Club 50 $\frac{1}{4}$.

White-washing the Californians in 16 events, the Pals outscored Santa Barbara in 32 of the 35 events listed in the carnival; dropping only the 200 yard shuttle sprint relay and the Pull-Ups to their rivals in the 80# class, and the latter contest in the 95# division. The Settlement 110# team hung up the most impressive record for Palama by sweeping all places in the pentathlon and the two special attractions. Winged P 125 and 140 pounders also tallied heavily in every event, while the 80 and 95 pound classes more than held their own.

The most sensational individual performance of the day was registered by James Koo, Pal 125 pound ace. The Korean lad thrilled the local contingent by swishing the nets 28 times without a miss in the one-minute basket shoot for a brilliant all-time all-Palama record. Sparkling exhibitions were also staged by James Kong who hop, step, and jumped 27' 1" and cleared the high jump cross-bar at 5' 6", Francis Sing with 25 baskets and 41 Pull-Ups, Albert Abellana in the High Jump, and Issac Lum in the Broad Jump.

The Trans-Pacific competition was conducted via radio messages coded by radio amateurs of both cities. Sgt. Brown and his Schofield corps handled the local end of the meet in wonderful fashion without a hitch. Every message sent by the dough-boys were revelations in skill, smoothness, and efficiency. Thanks!, Buddies.

Close on the heels of the "radio" meet will come the annual Boys Clubs of America indoor athletic pentathlon which embraces the same events on the program, a standing broad jump, standing hop, step and jump, running high jump, one-minute basketball shoot, and a Pull-Up. The big differences in the two competitions will

come when the B.C.A. meet limits the contestants to boys 17 years of age and under, while eliminating restrictions in weight.

COMMUNITY VOLLEY LOOP OPENS APRIL 12

Palama Settlement's 1937 Community Volleyball league will open next Monday evening, April 12, at 7:00 p.m. in the Palama Gymnasium.

Seven teams, Kakaako Sons, Shell Oil, Auld Lane, Casino, Fern Park, Nanakuli Juniors, and the Moanelua Ramblers, have registered for the popular circuit. Entries will close at 5:00 p.m. Wednesday April 7, at the Palama Recreation Office, telephone 8545. Teams managers who are planning to register their clubs are urged to file their entries before the deadline. Schedules will be drawn immediately after the entries close.

With the withdrawal of Lido Cafe, there will be no defending champion in the 1937 league. A mighty free-for-all scramble for the top position looms as the feature attraction of the season. Kakaako Sons, Casino, and Auld Lane are expected to wage a tri-cornered race for the title.

Palama Settlement was national champion in 1932, 1933, and 1934, but failed to extend the winning streak in ensuing years when third place was the best she could manage. However, Settlement champions continued to carve high niches in the individual honor roll, averaging two national winners in every competition. The Pals will be woefully weak in the lighter weight divisions this year, with young and inexperienced representatives to bank upon, but several of them are expected to blaze brilliant records nationally. Marks registered by boys under 18 years of age in the "radio" pentathlon will count in the B.C.A. finals which is slated to be held within the next two weeks.

The B.C.A. Swimming pentathlon will also be staged during April. This competition is open to boys who have not yet reached their twenty-first birthdays.

Features

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MR. HARRY HETTEMA ON "TALKS"

Mr. Harry Hettema, whose philosophy of living is the ideal of more than one Palama member, returned to the Settlement auditorium last Sunday morning, April 4, and gave an inspiring talk on "Talks" to the Pal Club.

Addressing the assembly as one man, Mr. Hettema pointed out the foolishness of thinking that wisdom can be bought. He enumerated the four things which are "free" and yet are essential requirements of a successful man -- Honesty, Integrity, Punctuality, and Initiative. Mr. Hettema cited four instances where "talks" by men left their impressions upon him, among which are Teddy Roosevelt's speech, the philosophy of a great Dutchman, and a Carolina governor's comparison ^{between} a bundle of soiled, filthy rags, and a clear-eyed healthy youngster after putting them both through respective mills. The rags will emerge clean, white, and beautiful in the form of writing paper, while the human being becomes a derelict after going through the "gin" mill.

Mr. Hettema left with the Pals a clean-cut picture of how far a man can go without the aid of an education if he follows the doctrines of Honesty, Integrity, Punctuality, and Initiative. Palama members will not soon forget his mastery of words, his eloquence, and the beauty and simplicity of his philosophy of living.

Harry Hettema's talk on "Living Memorials" in 1934, and his "Trees" in 1936 are unforgettable gems which has remained with Palama youth.

Gold awards were presented to members of the boxing team by Mr. Wood, director of the boys' and men's department. Takeji Maruya and Thomas King received medals for their fine records, while Walter Cho was honored for coaching the Pal boxers.

PAL SPIKESTERS IN DAILY WORKOUTS

Palama Settlement's senior track stars are holding daily training sessions at Alexander Field in preparation for the coming A.A.U. track and field championships in May.

The Pal spikesters are coached by Charley Ornellas, former Saint Louis College kingpin, and the peer of all middle distance runners in the territory. Ornellas has recruited a great galaxy of prep school stars in Roy Araujo, Francis Meyer, Harold DeMello, Araki, Cummins, Espinda, Kumashiro, and Lee. These youngsters, together with the old standbys, Tomita, Lum, Souza, Tamanaha, Manuel DeMello, Carrieria, Dolan, Phillips, and Vasconcellos, will bear the Maroon colors during the 1937 season.

Settlement junior cinderpath burners will have opportunities to display their talents when the Junior Republic Relay Carnival, April 17th, and the American Legion Track and Field Championships on April 24th, are staged.

The Junior trackfests are open to any person who has not scored a point in a major track meet exclusive of relays and special events.

PALS STAR IN OPEN MAT TOURNAMENT

Winged P amateur wrestlers tied with Central YMCA for second honors behind Subron 4 in the Open Wrestling Championships held last Wednesday evening, March 31st, at the Central "Y" floor.

Individual Pal stars were Mitsugu "Bear" 155 pounds, and Silva, 165 pounds, who garnered championships in their respective classes.

The Palama stable is coached by Louis Mendonca, former professional athlete who has produced several title-holders for Palama during the last few years.

A dual wrestling meet between the Pals and the champion Subron 4 team will be held this Wednesday evening, April 7th, beginning at 7:30 p.m. in the Settlement gym. No admission charge will be made.

"A man never realizes his wife's superiority until he attempts to put a crying baby to sleep."

GIRLS'

DEPT.

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"IF" FOR GIRLS - by E.M.Brainerd

If you can be a girl and glory in it,
Because it is the place for you to fill,
If you can be a lady every minute,
Yet take all sporting chances with a
will;

If you can hold your temper when you're
ruffled,
And force a smile when frowns are
havering near,
Or keep the burning tongue of scandle
muffled

By never telling anything you hear-----

If you can follow styles and wear them
sweetly,
But let not what you spend outweigh
your brain,
If you can win some goal you've sought
completely,

Yet know the broader reaches yet remain;
If you can look on modern fads and
notions

And find them good, but never play the
fool,

If you can understand all deep emotions
And yet not put your life beneath their
rule-----

If you can wait with patience when its
needful,
Yet keep no person waiting for yourself,
And of all others' troubles be most
heedful

But hide your own sad stories on the
shelf;

If you can work each day and still be
plucky,

Or live in wealth, and wear no haughty
pride,

If you can count yourself as mighty
lucky

To have a friend-at-all times by your
side-----

If you can dream, yet sit not idly
longing,

Or play with ease, yet find some work to
do,

If you can still have faith when doubts
are thronging

And be the friend you'd have one be to
you;

If you can love with all the soul that's
in you

And let the world no motive see,

If nothing less than what is best can win
you,

You'll be the girl God meant for you to be!

MUSIC CONTEST COMES TO A CLOSE

Two hundred and thirty five boys and girls took part in the music appreciation contest sponsored by the Girls and Womens Department for which the finals were held last Saturday afternoon.

The contest was started in January and as the records were introduced, the name, the composer and something of special interest was told about each.

Selections presented by Miss Kim during the contest were:

1. Midsummer Night's Dream--"Nocturne"
2. Contes d'Hoffman -----"Barcarole"
3. Carmen-----"Habanera"
4. Lakme -----"Bell Song"
5. Desert Song ----- "The Desert Song"
----- "One Alone"
6. Dvorak -----"Humoresque"
7. Mendelssohn-----"Spring Song"
8. Dreislor-----"Leibesfreund"
9. Tschaikawski----- "Melodie"

The winners of the finals will be announced Saturday April 10 during the regular movie hour. It is said that especially interesting prizes are in store for the lucky boys and girls.

ARE YOU A MEMBER!

Are you a member? If not, you'd better watch out, because quietly a membership check up is going on in the Girls Department. Each club and class leader has been instructed to check each and every girl. Some of the girls have expired and have neglected to rejoin but have been coming to clubs and classes just the same. That's fine and Palama is happy to have you, but it isn't fair to those who are members for you to attend without being a member. There isn't any excuse for not being a member either. The girls fees are really very small and besides if a girl really can't afford to pay for a membership, it is possible to work for a membership. There are even a few free membership given to those who can't pay and are unable to work but who really want to be members. So, you see, there really isn't any excuse for not being a member. So if you're not a member you better watch out!

Girls' Clubs News

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KAWANANAKOA GIRLS TO LEARN TO SWIM

Arrangement was made by Kawananakoa School for thirty six girls and boys to take swimming lessons at Palama as a part of their school activity program. The class will come once a week from 1:00 to 2:00 o'clock commencing March 31 and continue until the end of May.

With the class last Wednesday was Mrs. Root who used to work at Palama and is now on the Kawananakoa teaching staff.

KOREAN GIRLS ENJOY PICNIC AT WAIKIKI

Miss Pyun took twenty four Korean Club girls for a picnic at Waikiki last Sunday. This was the first picnic excursion for the group this year and the girls enjoyed it very much. Swimming was the most popular activity on the program.

MISS HAHN IS ILL

Miss Hahn, a University NYA student worker was ill last week and unable to make her schedule at Palama. The cooking class which meets Friday afternoon did not hold a session for that reason. However, instruction will be resumed this week.

GYM. HOUR RECORD SHOWS GOOD ATTENDANCE

For the first time, a record was made of the individual using the gymnasium during the free play Gym. Hours and it was discovered that many more girls took part in this activity than was formerly believed. Mrs. Kukea who kept the record reported that 65 different girls actually participated in the gym. Hour program during March.

SENIOR SOCIAL CLUB TO ELECT OFFICERS

The Senior Social Club will meet this Thursday evening at 7:30 in the girls clubrooms.

Election of officers will be held at this time and plans for the coming year will be discussed.

All members are asked to attend.

GIRLS BASKETBALL LEAGUE IN FULL SWING

The Junior High and Senior High School Girls Basketball Leagues are steadily progressing. The games are played three days a week and the leagues should be over by May 10. Mrs. Kukea, Palama girls' athletic director, is managing the leagues. All the Phys Ed teachers are assisting. Miss Lohr of McKinley has been especially helpful.

The scores for last week's games were as follows:

Senior Girls

McKinley A - 73 Farrington A - 3

Junior Girls

Central B - 22 Roosevelt B - 13
Roosevelt A - 23 Kalakaua A - 14

CANDY SALE

T wilight Juniors, an up and coming girls club at Palama, is announcing a candy sale. They plan on securing candy bars at wholesale prices and making a little profit on them. They hope to have some homemade candies too. Dr. Platt approved the "Sale" because the girls had an excellent objective. So if they approach you--treat your sweet tooth to a candy bar!

3 GIRLS CLUBS VISIT KGMB

Forty Palama girls, all members of girls clubs at Palama are planning to attend the Amateur Hour sponsored by KGMB Tuesday evening. No fee is charged to the public and the girls have discovered it's excellent entertainment. Besides, it gives the girls an idea of what really can be accomplished with a little application. It is also the first time for most of the girls to visit a radio station.

Of the people we see at close quarters every day of our lives we think one thing one day and another tomorrow. One ought never to say what one thinks about people until one has made a survey of all one has thought of them, say, in the course of a year. --Sigrid Undset.